| From: | jfontane@cityhpil.com |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:00 PM |
| To: | acivitello@cityhpil.com |
| Subject: | Automatic reply: Highland Park Parade Shooting Community Resource Doc |

I am out of the office today, but will be back July 11th
I will get back to you as soon as I can then.

If you need immediate assistance please call my cell at (my cell) or 847-432-0808 and ask for Ruby.

| From: | Security Today E-News [Security@1105direct.com](mailto:Security@1105direct.com) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:02 PM |
| To: | wwilling@cityhpil.com |
| Subject: | Mass Notification Makes Moves to Manage Critical Events |

[EXTERNAL EMAIL]

NEWS BRIEF

DHS Awards $\$ 9.8$ Million for Small Businesses to Develop Security Technology Prototypes
The Department of Homeland Security (DHS) Small Business Innovation Research (SBIR) Program awarded a total of $\$ 9,782,624$ million to small businesses to further develop technologies intended to support homeland security mission needs. The DHS SBIR program, administered by the DHS Science and Technology Directorate (S\&T), awarded Phase II contracts under nine topic areas in the 21.1 SBIR Solicitation issued in December 2020.
read more

NEWS
Mass Notification Makes Moves to Manage Critical Events

## By Paul Shain

Communicating a message so everyone on campus receives it is a challenge in and of itself. When that message contains urgent safety information, minor annoyances can become major headaches that put people at risk. Those issues multiply when an emergency occurs and
campus leaders need to send multiple messages to different groups of people. All too often, people end up missing a message, or an important step gets missed because of overly complex processes.

## Campus Security \& Life Safety Virtual Summit

Campus Security \& Life Safety is excited to present another Virtual Summit, a digital event geared toward those responsible for the security and safety of their campuses. Attendees will learn vital information from industry experts on active shooters, including preparation, training, technology, intervention, and improvement. Register today for the Campus Security \& Life Safety Virtual Summit - July 13, 2022 - which offers 3 webinars in one day!


Feel free to forward this newsletter to a colleague or associate.

Searching for a particular company? Check out our Industry Directory Online.

The Security Today E-News provides essential industry news and product information that can help you stay informed in the fast-paced world of security. Published every Tuesday and Thursday in HTML and plain text format, the newsletter highlights breaking industry news, features from the award-winning Security Today magazine, conferences across the industry, the latest products and much more.

The goal of the Security Today E-News is to keep readers up to date with the latest and most insightful news in the industry. Readers are encouraged to tell us how we are doing and how the newsletter can better focus on integrated product and technology solutions that are interesting and timely for security professionals. Please direct questions of comments regarding the newsletter to editor Brent Dirks.

To sponsor this eNewsletter or for more information about advertising with Security Today, please visit us online.

Are you enjoying the on-line newsletters, but missing the magazine? Sign up for a free subscription to Security Today and recelve news, opinions, and feature articles about integrated product and technology solutions for security professionals.

Subscribe to Security Today E-News Unsubscribe

For customer service e-mail SEC@1105service.com

Copyright 2022, 1105 Media, Inc., 14901 Quorum Dr., Suite 425, Dallas, Texas 75254 . All rights reserved. Security Today may only be redistributed in its unedited form. Written permission from the editor must be obtained to reprint the information contained within this newsletter. To review our Privacy Policy, visit our Web site.

| From: | Adams Arms [sales@adamsarms.net](mailto:sales@adamsarms.net) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:04 PM |
| To: | police@cityhpil.com |
| Subject: | An Inexpensive, but Significant Upgrade |

[EXTERNAL EMAIL]

冈

冈

## An Inexpensive Significant Upgrade

Numerous experts agree that many of the AR15/M16s in use today by both military and law enforcement are flawed and should be replaced with more efficient and modern platforms.

I agree. The problem, for some, however, is the cost of purchasing brand new firearms.

The good news is...

Upgrading your current AR15/M16 to a superior platform can be done relatively inexpensively without having to purchase a new weapon.

Instead of trashing your DI (Direct Impingement) AR15/M16s for more modern Piston Driven System firearms, you can upgrade your existing weapons.

The main benefit of upgrading from DI to a Piston Driven System is your firearm will shoot cooler, cleaner, be more reliable and require less maintenance.

```
冈
```


## THE INEXPENSIVE SOLUTION

The Retro-Fit Piston Driven System developed by Adams Arms will transform and revolutionize your Direct Impingement AR15/M16 rifle into a modern-day firearm that will continue to be relevant for many decades to come.

Additionally, the Retro-Fit System can save law enforcement, military, and everyday people thousands of dollars with this simple upgrade option.

Our Retro-Fit System can be installed easily by the average AR15/M16 shooter in 30 minutes or less. You don't have to take your firearm to a gunsmith/ armorist or pay for shipping and labor charges to send the firearm to the manufacturer for installation.

I invite you to check out your options at our website.

Stay safe,

Jason East, President Adams Arms
727-853-0880
P.S. Don't forget to download our catalog.

## Catalog

## Our Commitment to You

Adams Arms is committed to providing the highest quality, dependable, and reliable firearms to Military, Law Enforcement, and First Responders.

## Just a few of the Adams Arms users

Federal Bureau of Investigation，HRT<br>Benton Police Department，Benton，AR<br>Sebastian Police Department，Sebastian，FL Logansport Police Dept，Logansport，IN Bay County Sheriff＇s Office，Panama City，FL Putnam County Sheriff＇s Office，Palatka，FL Hamilton County Sheriff＇s Office，Jasper，FL Peachtree City Police Department，Peachtree，GA Riviera Beach Police，Riviera Beach，Florida Desoto County Sheriff＇s Office，Hernando，MS Hernando County Sheriff＇s Office，Brooksville，FL Frederick County Sheriff＇s Office，Frederick，MD Loudoun County Sheriffs Office，Leesburg，VA Green Cove Springs Police Department，Green Cove，FL Perry County Sheriff＇s Office，Tell City，IN Plymouth Police Department，Plymouth，MA Hernando County Sheriff＇s Office，Brooksville，FL

Unsubscribe
Adams Arms 21228 Powell Road Brooksville，Florida 34604

United States

## ADAMS ARMS

Adams Arms Holdings LLC｜All Rights Reserved．

区 区 х 区


July 20, 2022 | 10:00 AM - 11:00 AM PT

## Register Now

Hello Support,
Please join us for our Webinar, "Real-World Success: How Hunt Brothers Pizza Secures Microsoft 365."

Get the benefit of an experienced peer's insights on combating account-takeover and other threats in Microsoft 365, in a webinar conversation with Jon Smallwood, IT Manager for Hunt Brothers Pizza, and Barracuda Product Marketing Director Olesia Klevchuk.

Hear Jon's first-hand story of how he tamed a surging tide of advanced threats using AI-based technology and machine learning to detect and block attacks, and automated incident response

And get the inside story of just how today's most highly evolved threats exploit multiple vectors to defeat traditional defenses.

Reserve your spot now for this enlightening event, and discover how you can harden security in your existing or future Microsoft 365 environment.

## Our Speakers



Don't wait, register today


Barracuda Blog
© 2022 Barracuda Networks, Inc, 3175 Winchester Bivd, Campbell, CA 95008, United States
Unsubscribe | Contact | Privacy Policy

From:

## Sent:

To:
Cc:
Subject:
Attachments:
gneukirch@cityhpil.com
Thursday, July 7, 2022 12:04 PM
kstone@cityhpil.com
jlynch@theartcenterhp.org
RE: Memorial
image002.png; image003.png; image004.png; image005.png; image006.png

Very interesting. Ok, we can retain some of the items. How many do you think?

## Ghida S. Neukirch, CM

City Manager

## (ii) City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gncukirch@cityhpil.com

## 006

From: Stone, Kim [kstone@cityhpil.com](mailto:kstone@cityhpil.com)
Sent: Thursday, July 7, 2022 11:31 AM
To: Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com)
Cc: James Lynch [jlynch@theartcenterhp.org](mailto:jlynch@theartcenterhp.org)
Subject: Fw: Memorial
Interesting idea about using discarded parade items in a memorial. Sharing with James at TAC, too. Kim

## Kim Stone

Councilwoman


City of Highland Park
1707 St Johns Avenue
Highland Park, Illinois 60035
T-TM 847.780 .7432
kstone@cityhpil.com
cityhpil.com
I use the pronouns she/her/hers.

Any cmail correspondence to and from this account is subject to the Illinois Freedom of
Information Act


From: Paul Cherner [pic@labor-law.com](mailto:pic@labor-law.com)
Sent: Thursday, July 7, 2022 9:09 AM
To: Stone, Kim
Subject: Memorial
[EXTERNAL EMAIL]

Kim,
Thank you for your helpful email. While we will never forget what happened and the impact on all our residents and visitors, we do need to help each other to heal and not let this 1 terrible individual ruin the spirit of our community.

I did want to make a suggestion for when the City decides to erect a memorial for the many victims. One of the haunting scenes is the empty chairs and strollers. I imagine that many people will decide not to retrieve them. If that happens, the City may want to incorporate these abandoned chairs, stroliers, etc. in any memorial it erects. They can be stored in a warehouse until that time.

Thank you.
Paul Cherner

| From: | Shammas, Brittany [Brittany.Shammas@washpost.com](mailto:Brittany.Shammas@washpost.com) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:05 PM |
| To: | Rotering, Nancy |
| Subject: | Re: Washington Post reaching out |
|  |  |
| [EXTERNAL EMAIL] |  |

About 20-30 minutes.
Get Outlook for iOS
From: Rotering, Nancy [nrotering@cityhpil.com](mailto:nrotering@cityhpil.com)
Sent: Thursday, July 7, 2022 11:57:41 AM
To: Shammas, Brittany [Brittany.Shammas@washpost.com](mailto:Brittany.Shammas@washpost.com)
Subject: Re: Washington Post reaching out

How long do you need? I am about to leave City Hall.

On Jul 7, 2022, at 11:31 AM, Shammas, Brittany [Brittany.Shammas@washpost.com](mailto:Brittany.Shammas@washpost.com) wrote:
[EXTERNAL EMAIL]

Good morning, Mayor Rotering:
My name is Brittany Shammas and I'm a reporter with the Washington Post. We are covering the shooting at the parade and would like to set up an interview with you. Do you have any availability today? I'm in town and could meet you in person.

Thanks in advance,
Brittany
Get Outlook for iOS [linkprotect.cudasvc.com]

|  |  |
| :--- | :--- |
| From: | ALAN FRIEDMAN |
| Sent: | Thursday, July 07, 2022 12:06 PM |
| To: | Barnes, Nicholas |
| Cc: | Lou Jogmen |
| Subject: | Re: City of Highland Park - Candidate Assessment Request |

## [EXTERNAL EMAIL]

Nick- thanks for this heads up information that is very pertinent. Much appreciated. I will definitely keep that in mind, Regards, Dr. Alan Friedman

On Jul 7, 2022, at 11:40 AM, Barnes, Nicholas [nbarnes@cityhpil.com](mailto:nbarnes@cityhpil.com) wrote:
Thank you doctor! Very much appreciated by the Chief and staff.
This goes without saying, but these 2 may still have some fresh emotions about what took place on Monday at the parade. Please be mindful of that as you walk them through your assessment.
was a resident of the Highland Park community and grew up here. r worked as a community policing aide for us in the past and knows many of the officers who responded to the call.

Thanks again,

## Nick Barnes

Human Resources Generalist
<image001.png>
1707 St Johns Ayenue
Highland Park, Illinois 60035
847.926.1013 direct
<image002.png>847.433.2940 fax
nbarnes(ocityhpil.com
cityhpil.com
<imageoo3.png><imageoo4.png><imageo05.png>

## From: ALAN FRIEDMAN

Sent: Thursday, July 7, 2022 11:32 AM
To: Barnes, Nicholas [nbarnes@cityhpil.com](mailto:nbarnes@cityhpil.com)
Subject: Re: City of Highland Park - Candidate Assessment Request

Hi- both are now confirmed for next Tuesday at 8 am , Dr. Friedman

On Jul 7, 2022, at 9:15 AM, Barnes, Nicholas [nbarnes@cityhpil.com](mailto:nbarnes@cityhpil.com) wrote:


## From: ALAN FRIEDMAN

Sent: Thursday, July 7, 2022 7:39 AM
To: Barnes, Nicholas [nbarnes@cityhpil.com](mailto:nbarnes@cityhpil.com)
Subject: Re: City of Highland Park - Candidate Assessment Request

## [EXTERNAL EMAIL]

Nick- If you get me these two names and phone numbers I can call them today for next Tuesday, January 12 at 8 AM. I'll save two slots but I need to know if that works for you. Thanks Dr friedman

Sent from my iPhone

On Jul 7, 2022, at 7:30 AM, Barnes, Nicholas [nbarnes@cityhpil.com](mailto:nbarnes@cityhpil.com) wrote:

Good morning,

Doctor I hope you are well in light of the terrible events on Monday. We are still in shock. The healing begins.

I spoke to the Chief last evening and we are moving forward with our hiring of two lateral police candidates. It's important to us that we attempt to fast track these hires. We will be sending the to you for the usual assessment. Can you confirm two timeslots for us, preferably next week?

I will forward the contact information upon confirmation of your availability.

Thank you

## Nick Barnes

Human Resources Generalist
<image001.png>
1707 St Johns Avenue
Highland Park, Illinois 60035
847.926.1013 direct
<image002.png>847.433.2940 fax
nbarnes@cityhpil.com
cityhpil.com
<imageoo3.png><imageoo4.png><imageoo5.png>

From:
Sent:
To:
Subject:
Attachments:

Molly Bett Kovler
Thursday, July 7, 2022 Iz:00 FIVI
Neukirch, Ghida
Re: Help?
image004.png; image003.png; image006.png; image002.png; image005.png
[EXTERNAL EMAIL]

I really cannot but I can definitely wait. When do you think you might be able to talk I only need about five minutes. I'm glad you are safe and thank you for what you are doing to keep our community safe

On Thu, Jul 7, 2022 at 11:54 AM Neukirch, Ghida < gneukirch@cityhpil.com> wrote:
Hi Molly,
I am in the midst of the investigation and community response to the emergency that we endured on July $4^{\text {th }}$. Can you email me any questions or feedback. Thanks.

Ghida S. Neukirch, CM
City Manager

## City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gneukirch(o)cityhpil.com
006

From: Molly Bett Kovler
Sent: Thursday, July 7, 2022 11:08 AM

To: Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com)
Subject: Help?

## [EXTERNAL EMAIL]

Hi! We spoke a few months ago. Can you give me a call? I have an update and wanted to tell you as we discussed regarding 2480 sheridan.


Thank you so much!!!
Molly
Molly Bett Kovler

## Elevate Your Presence, LLC

http://elevateyourpresence.com/

## Sent from my iPhone

--
Molly Bett Kovler

Sent from Gmail Mobile

From:

Sent:
To:
Subject:

Attachments:

New Building Technologies - Changing The World One House and One Building at a Time [Leland.Hardy@newbuildingtechnologies.com](mailto:Leland.Hardy@newbuildingtechnologies.com)
Thursday, July 07, 2022 12:06 PM
City of Highland Park IL - Nancy Rodkin Rotering - Mayor
GM and Northwestern Connected Supporter Providing Patented Bulletproof Fortifications in Highland Park as a Tribute to The Seven Lives Lost on the 4th of July USA BALLISTICRETE PRESENTATION LH 21719 6-22.pdf; GigaCrete California Fire Zone Housing Solutions. WC 2019.pdf; GigaCrete Global Housing Solutions LH 2022.pdf; ARCHITECTURAL STYLES SUITED TO GIGACRETE SYSTEMS WC.pdf
[EXTERNAL EMAIL]

Mayor Rotering:
First of all, please accept my condolences for the senseless murder of your Highland Park neighbors and constituents on Monday. What a tragedy.

You and I are connected in that we were both at GM at the same time and we have some shared Stanford and Northwestern connections. My first job after being the youngest Fellow ever and first ever African-American Fellow at the Wharton School's Joseph H. Lauder Institute of Management and International Studies MBA/MA dual degree program Class of ' 86 was working out of 3000 West Grand and using my native fluency in Chinese to launch GM's auto parts manufacturing operation in China. As it relates to your almas mater, Stanford and Northwestern, I founded B.I.C.E.P.S. at Wharton - The Business Institute for Continuing Education in Professional Sports - which has since become the Official Business Education Program of the NFL and NFLPA as taught at Harvard, Stanford, Northwestern's Kellogg School, and Wharton. Some of my recent Chicago area grass roots activities are chronicled here: https://racialbias.org/humanitarian-hiring-of-haitians/

I am a Registered Supplier of the Fort Worth Independent School District, Uvalde County Independent School District's neighbor to the north. As a
complement to our GigaCrete ${ }^{\mathrm{TM}}$ product that is revolutionizing the residential and commercial building industry, we have a revolutionary, patented building material, BallistiCrete ${ }^{\mathrm{TM}}$, that addresses the tremendous need for bulletproof structures that has arisen in the wake of the escalation in crime in communities throughout the country. Our bulletproof material, detailed in the NBC News feature video on our product below, is the perfect material for use in the rebuilding of Robb Elementary School and schools and other sensitive buildings throughout Texas, across the country, and around the world. I have been in touch with my fellow Wharton School schoolmate, Charles Butt, who pledged $\$ 10$ million toward the razing and rebuilding of Robb Elementary School, and with all of the other relevant parties associated with the project. After you see the information below and attached I would love to discuss using BallistiCrete ${ }^{\mathrm{TM}}$ to harden schools and public facilities in Highland Park.

To help alleviate the most acute affordable housing crisis in the entire country, at the behest of the Head of the $\$ 1$ billion Google Bay Area Affordable Housing Fund and the Google Real Estate Portfolio senior leadership, I recently took a mix of public sector and private sector executives, including the City of Sacramento Housing Policy Manager, the City of Sacramento's Workforce Development Manager, the CEO/CFO of the Silicon Valley Housing Trust, and the senior most construction leadership from Habitat for Humanity San Francisco and Habitat for Humanity Bay Area on a tour of our fireproof, waterproof, earthquakeproof, hurricaneproof, moldproof, bugproof GigaCrete ${ }^{\mathrm{TM}}$ homes that we have currently being lived in throughout Oakland and elsewhere in the Bay Area. I took developers and other interested parties on another Bay Area GigaHouse tour shortly thereafter.

As we continue to completely revolutionize the residential construction industry, our homes are the ONLY homes to have survived completely unscathed recent California wildfires while all structures around them burned to the ground.

Among other highlights, GigaCrete is and/or has:

- The only fireproof, hurricaneproof, eathquakeproof, waterproof, moldproof, and termiteproof building material ever
- Over 50 patents
- Building code approved in all 50 states and all U.S. territories.
- The highest wind resistance rating ever given in history, i.e. 245 MPH sustained winds, given by the world's single most stringent issuing authority, the Miami Dade County, FL Building Construction Authority
- Zero wood used
- Zero Portland cement used (The manufacture of Portland cement is the world's greatest contributor to ozone layer degrading greenhouse gases )
- A higher R Value for insulation, cooling, and energy efficiency than any other material
- BallistiCrete ${ }^{\mathrm{TM}}$ can be used in all new and existing home and building applications for safety against essentially every caliber of bullet as well as other
projectiles: https://bit.ly/BulletproofFireproofWaterproofHurricaneproof BallisticreteByGigaCrete

Using our materials and process, school hardening, affordable, market rate and luxury housing in residential communities and elsewhere, military applications, and green buildings around the world can be erected faster and at lower cost than by using the traditional building methods and materials currently being used. Moreover, the number of billable hours that both electricians and plumbers would spend on site using our process and materials would be a fraction of that time and associated expense using traditional "stick built" processes and materials.

Please see the attached presentations and the following videos in their entireties.

## http://bit.ly/GigaCreteRevolutionaryBuildingSystemInWordsAndPictures

By way of background as it relates to my government related doings, as is chronicled in detail at www.PPEimporter.com, at the height of the Corona virus pandemic Governor Newsom's Office and the City of San Francisco Office of Emergency Management contracted me as a key partner to manufacture in China and to deliver to our shores millions of pieces of PPE for Bay Area front line healthcare workers, hospitals, and public safety personnel. In New York, Governor Cuomo's office and the senior leadership of the NYC Health \& Hospitals Corp. had me use my native fluency in reading, writing, and speaking Chinese to join Alibaba Vice Chairman and Brooklyn Nets owner, Joe Tsai's Blue Pool Capital in vetting Chinese PPE factories for a multimillion piece PPE donation to the State of NY.

Please see the attached files for detailed information about and specs on BallistiCrete ${ }^{\mathrm{TM}}$.

I look forward to the prospect of bulletproofing every classroom door and wall of every existing school in Highland Park, preferably before the new school year starts in just two short months from now.

Thank you and I will give you a call to follow up.
Leland


Leland Hardy

Founder \& CEO
New Building Technologies, Inc.
GigaCrete - Special Advisor to the Founder and Chairman
NY (917) 912-0603 • LA (323) 816-3790

## GigaCrete

## BALLISTICRETE

## Ballistic Performance Coatings

A NEW ECO FRIENDLY CONCEPT IN BALLISTIC PROTECTION

MADE IN AMERICA WITH PRIDE

## Today's solution for our protective needs

GigaCrete offers a very simple solution that can be applied over any existing walls for less cost than current bullet resistant materials.

## It's called BallistiCrete

- it is a 9,000+ psi ( 62 Mpa ) plaster mixed and applied onsite
- it can be used over cement block walls
- it can be applied over ordinary gypsum board
- it can be made into pre-cut laminated panels
- it is non toxic - no harmful ingredients
- it is a "Green" and sustainable material
- it will not support mold or mildew when wet
- it is non combustible, no smoke, no flames, no off gassing

Conventional walls are reinforced with expensive ballistic fiberglass sheets that are heavy, highly combustible and give off toxic smoke and must be protected from UV damage and water.


## BallistiCrete and Terrorist Resistance

- Testing has proved we can armor ordinary walls and make them ballistic resistant
- Interior walls, offices, conference rooms, equipment rooms
- Exterior walls, vertical or horizontal surfaces, dome shapes, round buildings, angled or textured surfaces
- BallistiCrete is not affected by sunlight or intense UV however, we recommend painting the surface with quality exterior paint
- BallistiCrete will bond permanently to all know foam insulation

BallistiCrete is easily installed over almost any surface, flat or round.


Nobody knows the walls are now armored

Mixed and applied on site to look like ordinary coatings.

Interior and exterior coatings


Installed over flat or round surfaces, BallistiCrete can be applied over concrete, cement block, foam insulation and interior walls.


GigaCrete


A few correctly placed bullets can quickly destroy sub stations


Building cement block walls takes too long and will not stop a 7.62 bullet unless coated with BallistiCrete or completely grouted with concrete


Cannot be built quickly

Easy targets can be protected with precast shapes and still allow air movement for cooling


GigaCrete

In development, Protective panels for substations, a vital component in power grid supply


Already approved to NIJ Level III AK- 47 and NIJ Level IV . 308 Armor Piercing Bulletproof panels can be produced as precast shapes for rapid deployment to sub-stations

Coolant tanks can be sprayed with insulating polyurethane foam then coated with a permanently bonded BallistiCrete layer


Non combustible BallistiCrete bonds to foam as a fire rated finish

Precast modular wall sections cast with BallistiCrete can be shipped to their destinations in various thicknesses.

- Easier install rapidly
- Filled with sand and gravel onsite
- Re-locatable modules
- Repairable

.50 CALIBER BMG VERSION IN DEVELOPMENT

- shipped from GigaCrete Factory
- staged for immediate assembly
- planned covert installations
- rapid deployment
- multiple installations overnight

BallistiCrete poured into hollow cavities in safe room doors

- Extended time terrorist resistent coors,
- Buletproof including 50 caliber bmg
- Oxyacetylene cuting torch resistant
- Grinding resistant
- Impact resistant
- Blast resistant

$1 / 2^{\prime \prime}$ Steel face plate will not stop a .50 caliber BMG round, unless filled with BallistiCrete

THE MOST POWERFUL AND FEARED SNIPER RIFLE, BARRETT . 50 CALIBER

.50 Caliber Barrett rifle shot by US Ranger used for testing BallistiCrete


US Ranger shooter fires .50 caliber BMG ammo at safe door filled with BallistiCrete. Distance to target, 50 yards.


The result is a . 50 Caliber BMG round bounced off the door face leaving an indent of only $1 / 8^{\prime \prime}$. Door core is filled with $6 "$ BallistiCrete which reflects energy back through face plate.

## AMERICAN MADE CONSTRUCTION MATERIAL CALLED ICF (INSULATED CONCRETE FORMS)

- BLAST RESISTANT, MILITARY TESTED
- FASTER TO BUILD THAN CONVENTIONAL WALLS
- BETTER THERMAL INSULATION
- UTILIZING STEEL REBAR REINFORCED CONCRETE
- MONOLITHIC POUR, NO JOINTS


## Anti-Terrorism ICF Blast Test Results

## Insulated Concrete Forms (ICF) As Blast-Resistant Barrier Walls

- Both wind-generated missile impact tests and explosive blast tests have been conducted on ICF wall systems.
- The presence of the EPS outer form, which is usually about 63.5 mm thick, acts as a shock-absorbing cushion for both missile impact and the compression shock wave from an explosive blast.
- The plastic form ties that attach the inner EPS panel to the outer EPS panel restrains the hydro-static pressure of the concrete.


GigaCrete

## The ICFA (Insulated Concrete Forms Association)

Blasted six different ICF reaction boxes at distances between 40 feet and 6 feet, using 50 pounds of military grade TNT on each blast.

On the closest blast ( 6 feet), the 50 pound charge of TNT generated lateral forces well in excess of 10 times the weight of the box and created a ball of fire approximately 200 feet wide and 100 feet tall. Despite small cracks on the front face of the ICF wall (cracks less than 2 millimeters in width), there was no deflection, spalling of concrete or structural damage


## US MILITARY BLAST TESTS

During the US Military blast demonstrations, 11 separate ICF reaction boxes, weighing 13 tons each and with walls measuring 2.43 m tall and 15 cm thick were subjected to explosion from 22.679 Kilos of TNT at differing distances ( 1 meter to 3 meters) and to pressures from 2 MPa to over 48.26 MPa.


An ICF wall after a 22.679 kilos TNT detonation from 3 meters distance

Law Enforcement Applications under development, less weight, less costs than current materials


## Military Applications currently under development

- Repairable or replaceable BallistiCrete panels within doors or floors of vehicles
- Less weight than armor plate steel, in field repairs possible
- Less cost than Steel, Kevlar Dyneema or Fiberglass panels

- American Technology
- Green Materials
- Non-Toxic


## Military Applications

Unlike ballistic fiberglass BallistiCrete is:

- fire rated
- non-combustible
- non toxic



## Helicopter floor applications



Carefully placed lightweight BallistiCrete Composite panels could offer NIJ Level III and NIJ Level IV bullet resistance to helicopter floors and seats

## $9,300+$ psi BallistiCrete applied over Amulet fabric panels



- Width/height 12 " $\times 12$ " -1.25 inches thick - zero penetrations
- 1 " thick BallistiCrete
- $1 /{ }^{\prime \prime}$ Ballistic fabric (no delamination)
- Weight 12 lbs
- 5 shots $7.62 \times 39123$ grain ammunition, 2,330 FPS. (AK47 rifle)
- Target distance 30 feet


## Ballistic Test Results

## $7.62 \times 51$ NATO ballistics testing over existing cement blocks

In accordance with your instructions, H.P. White Laboratory, Inc. conducted Ballistic Resistance Testing of one (1) un-grouted CMU Block assembly with 1 inch of BallistiCrete applied to one side of the sample. The sample was received 25 June 2014 via Old Dominion

Testing was conducted in accordance with the general provisions of NIJ-STD-0108.01, BALLISTIC RESISTANT PROTECTIVE MATERIALS, dated September 1985 , Level III, using caliber $7.62 \times 51 \mathrm{~mm}, 149$ grain, M80 Ball ammunition. The test samples were rigidly mounted on an indoor range 50.0 feet from the muzzle of a test barrel to produce zero (0) degree obliquity impacts. Photoelectric infrared screens were positioned at 6.5 and 9.5 feet which, in conjunction with dual elapsed time counters (chronographs), were used to compute projectile velocities 8.0 feet forward of the muzzle. Penetrations were determined by visual examination of a 0.020 inch thick aluminum alloy 2024 T 3 witness panel positioned 6.0 inches behind, and parallel to, the test samples. Table I presents a summary of the enclosed data record.

TABLE I. SUMMARY OF RESULTS

| Test Sample |  |  | Ballistic Threat |  |  |  |  | Results |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sample Number | Thickness | Weight (lbs.) | Caliber | Obliquity <br> (degrees) | Shots <br> (a) | Velocity (fps) |  | Penetrations |
|  |  |  |  |  |  | Max. | Min. |  |
| HPW-1 | 1 inch | 86.0 | 7.62, M80 | 0 | 5 | 2780 | 2747 | 0 |

## Test Results

## .30 AP, M2 ballistics testing over existing cement blocks

Testirg was conducted in accordance with the general provisions of NIJ-STD-0108.01, BALLISTIC RESISTANT PROTECTIVE MATERLALS, dated September 1985, Level IV. using caliber $30-06$ Springfield, 165 grain, AP, M2 ammunition. The test sample was rigidly mountei on an indoor range 50.0 feet from the muzzle of a test barrel to produce zero (0) degree obliquity impacts. Phetoelectric infared screens were positioned at 6.5 and 9.5 feet which in conjunction with dual elapsed time counters (chroncgraphs), were used to compute projectile velocities 8.0 feet forward of the nuzzle. Penetrations were determined by visual examination of a 0.020 inch thick aluminum alloy 2024 T 3 witness panel positioned 6.0 incies behind and parallel to, the test sample. Table I presents a sumnary of the enclosed data record.

TABLE I. SUMMMARY OF RESULTS


## Test Results

## TEST PANEL

Manulacture - GIGACRFTF
Size: $16 \times 16$ in.
Thicknesses: $1.00,1.00,1.00,1.00 \mathrm{in}$.
. HPW-2
Weight : 85.38 lbs.

Avg. Thick. : 1.000 in .

## Plieerlaminater: NA

Description: UNGROUTED CMU BLOCK WITH I" THICK COATING OF BALLISTICRETE

## SET-UP

Shot spacing : 1 si IOT IN CCNTCR
Witnces Гancl : 0.020", 2024-T3 ALUMINUM
oblquity: 0 deg.
backing Matenal: NA
Conditioning • MBIENT

Primary Wel Screens - $6.5 \mathrm{ft} ., 9.5 \mathrm{ft}$
Primary Vol. Location : 0.0 ft . Trom Muzzle
Rcaiduel Vol. Screcna : NA
Residuall Vel Location : NA
Kange to larget: 50.0 ft .
Target to Wit 6.0 in .
Lot No. : UNKNOWN
Lot No. :
Lot No. :
Lot No. :
(1): $\mathrm{C} \wedge \mathrm{L} .30 \wedge P_{n} \mathrm{M} 2,166 \mathrm{gr}$.
(2):
(3):
(4):

```
```

Range No - 5

```
```

Range No - 5
Temp.: 73 5
Temp.: 73 5
Br: 30.00 in. Hg
Br: 30.00 in. Hg
RH: 71%
RH: 71%
Barrel No./iun: R3/ 308
Barrel No./iun: R3/ 308
Gunner* GMRRETT
Gunner* GMRRETT
Recorder: GORRERA

```
```

    Recorder: GORRERA
    ```
```

```
Date Rec'd. : 6/25/11 Via : OLD DOMINION
Returned: NA
Date Rec'd. : 6/25/11
    Retumed:NA
```

APPLICABLE STANDARDS OR PROCEDURES
(1): NIJ-STD-0108. 01
(2):1トVトI IV
(31: REQUIRED VELOCITY: 2800-2900 FPS

| $\begin{aligned} & \text { Shot } \\ & \text { No. } \end{aligned}$ | Anmmo. | Time 1 (usec) | Velocity 1 ( $\mathrm{t} / \mathrm{s}$ ) | Time 2 (usec) | Velacity 2 (NUS) | A.vg. Vel. (T/4/s) | Penctration | Footnotes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 1 | $\begin{aligned} & 1052 \\ & 1056 \end{aligned}$ | $\begin{aligned} & 2852 \\ & 2841 \end{aligned}$ | $\begin{aligned} & 1052 \\ & 1056 \end{aligned}$ | $\begin{aligned} & 2852 \\ & 2841 \end{aligned}$ | $\begin{aligned} & 2852 \\ & 2841 \end{aligned}$ | None None | (a) |

### 0.15eb!







nwo wemank



A1. TMOL.STTVロ

## 

## Contact:

## Leland Hardy

Founder \& CEO
New Building Technologies
(917) 912-0603 NY
(323) 816-3790 LA

Leland.Hardy@NewBuildingTechnologies.com

## AN OPPORTUNITY FOR CALIFORNIA FIRE ZONES

## Rapidly built New Energy Saving Construction Mortgages - A Turnkey Operation

PRESENTING ECO-FRIENDLY HOUSING SOLUTIONS FIRE

## FLOODS

HURRICANES
EARTHQUAKES
EXTREME CLIMATES

## NATURAL DISASTERS ARE BECOMING MORE FREQUENT THROUGHOUT THE WORLD

DURING THESE EVENTS:

- LIVES, HOMES AND BUSINESSES ARE LOST
- BILLIONS ARE SPENT REBUILDING
- INSURANCE COMPANIES PAY OUT BILLIONS AND RAISE PREMIUMS

YET WE STILL REBUILD THE SAME WAY REPEATING THE SAME MISTAKES


GigaCrete

## GIGACRETE PROVIDES A NEW WAY TO BUILD

- NO WOOD
- NO PORTLAND CEMENT
- NO GYPSUM BOARD
- NO SILICA SAND
- WILL NOT SUPPORT MOLD OR MILDEW
- CAN BE HOSED DOWN AFTER A FLOOD
- 245 MPH CATEGORY 5 HURRICANE RESISTANT (proven by IRMA)
- SUPER INSULATED OVER 50\% ENERGY SAVINGS
- SEISMIC ZONE 4 EARTHQUAKE RESISTANT
- FIRE RESISTANT
- EXTREME CLIMATE CONDITIONS ARCTIC TO EQUATORIAL HEAT
- ENVIRONMENTALLY FRIENDLY WELL BEYOND COMPETITION
- $100 \%$ NON-TOXIC INGREDIENTS


## Foam Insulation panels pre-cut

Precut ICC code approved EPS foam shapes.


FLAT PANELS IN 1FT INCREMENTS


## Structural Steel Studs slide into pre-cut foam shapes

Pre-engineered, ICC approved galvanized double steel studs make patented connectors precut for accuracy and no jobsite waste. Hurricane and seismic tie down anchors connect the roof into the foundation.
 panel to panel connectors $=4 \times 4$ construction

[^0]Install electrical conduits and wires for outlets and switches


Conduits are pre cut into panels on both sides of each stud location ready to pull down wiring from above.

Heavy gauge welded steel roof brackets and trusses keep the roof secured to the foundation with the steel all-thread rods.


Extreme engineered brackets, designed for over 240 mph ( 386 kph ) hurricane forces
GigaCrete

-6u!zәәд ло ұеәч moд! pәұеןnsu! pue әэe!d
 Kue pue sdé \|e II! pue sןəued ||ем ołu! səu! Bu!qun!d ||ełsu|

## ヨコNVISISヨy ヨWヲาย aNV LVヨH




## 210．jeg！s



」ってんロ゙レ



PlasterMax passed NFPA 286 a 15-minute Corner Burn Test at 1,400 degrees F as a Gypsum Board replacement over EPS foam insulation.

INTERIOR FIRE TEST
INTERTEK Testing labs 2008


PlasterMax passed NFPA 286 at $1 / 8^{\prime \prime}(3 \mathrm{~mm})$ thickness, zero smoke or combustion. (the official 15-minute test was stopped after 22 minutes without failure) Also passed, ASTM E-84 and ASTM E-136 non-combustible material tests.

## elo.jeg.5








## EXTERIOR EXTREME VERSION FIRE TEST

Four-hour test using StuccoMax, GigaFoam, GigaBoard, EPS core, PlasterMax interior


7 am start time


2 hours


3 hours


4 hours

Propane torch ramps up to $1,700 \mathrm{~F}(926 C)$ surface temperature within a few minutes Note Thermocouple wire connected to meter to maintain constant 1,700F

Note: Conducted at GigaLab a non-accredited lab.

Four hour test using StuccoMax, GigaFoam, GigaBoard, EPS core, PlasterMax interior finish
Started at 7am, time below is 11am, test ran additional 20 minutes


4 hours

3/16" PlasterMax NFPA 286 a



Surface damage only No penetrations Small cracks even after 4 hours and 20 mins @ 1,700 F

$$
1-1 / 2^{\prime \prime} \text { gafoam }+3 / 16^{\prime \prime} \text { StuccoMax }
$$

## ヨONVISISヨy đาOW QN $\forall$ YヨIVM

## 00071



GigaCrete structures are designed to survive flooding unlike typical construction.
No removal of gypsum board, fiberglass insulation or rotting lumber


Our coatings remain intact even submerged in salt water for 30 days.

GigaCrete coatings test samples subjected to Saltwater, sulfate, phosphate, muriatic acid and phosphoric acid in a side by side comparison test with the leading Portland cement product currently used.


Test results after 21 days $50 \%$ submerged in solution.


Clearly superior to Portland cement based competition.

## ASTM 60" water column test, under pressure of 5ft water since March 28 ${ }^{\text {th }}, 2012$ and still ongoing at GigaCrete.



Column is epoxied to the StuccoMax over $1^{\prime \prime}$ low density 0.90 lb EPS foam and filled with 60"of head pressure. Substrate foam is removed beneath water column to see if water droplets or penetration occurs.

Test as seen in photo is now 6 years old with NO water penetration!

## COMPARED TO:

Synthetic stuccos all of which totally collapse and fail within minutes.


NOTE: EPS foam is removed on underside exposing back side of StuccoMax

Accelerated weathering testing between StuccoMax and STO, Dryvit and Senergy synthetic stuccos that have all been tested equally clearly show the degradation (on the right) of synthetic stuccos versus StuccoMax on the left.


StuccoMax remains firmly bonded to the EPS foam even after 100 cycles followed by 40 freeze thaw cycles. Nothing else exists in the stucco industry to compete.

## INTERTEK TESTING LAB

## ASTM G21-96 Fungal Resistance Test will not support mold or Mildew

| Material | A. niger | A. pullulans | P. pinophilum | G. virens | C. globosum |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Plastermax- | 0 | 0 | 0 | 0 | 0 |
| IND |  |  |  |  |  |

## CONCLUSION:

This report documents the performance of the PlasterMax-IND's ability to resist fungal contaminants. The microbiological test sample evaluations were conducted at the Intertek laboratory located in Columbus, OH between May 27, 2008 and June 30, 2008 utilizing the test method and acceptance criteria of ASTM G2196 (2002): Resistance to Synthetic Polymeric Materials to Fungi, Section 6.4.1 through 6.4.7 and 9.3. The PlasterMax-IND does meet the acceptance criteria and does demonstrate the resistance of fungal contamination.

DEADLY BLACK MOLD ON DRYWALL, OVER WOOD STUD CONSTRUCTION


## StuccoMax Water resistance applications:

ASTM E331-00 WATER INFILTRATION

- Exterior water-resistant stucco coating replacing synthetics
- Higher impact and abrasion than all known Stucco's
- Ideally suited to Hurricane zones where water resistance and impact resistance is critical
- Water resistant wall finishes indoor and outdoor
- Below grade applications
- Total submersion including seawater
- Will not support mold and mildew growth
- Protection of concrete including exposure to sea water

เ0＇9てع0－6L \＃$\forall$ ON<br>aヨ＾OyddV $\mathcal{A} \perp$ NกOO ヨavO IWVIW

## ヨN甘ગIZyกH



Andrew Dennis, Chairman \& CEO GIGACRETE
4550 Engineers Way Suite 101
North Las Vegas, Nevada 89081
Ph: (702) 221-5800


GIGACRETE,
GIGACRETE BUILDING PANELS have been tested at Blackwater Testing Inc. through 1/2/20192/4/2019. The Specimens were tested per protocol standards and were taken to loads the lab could attain. Specimens were tested to the following standards and the following conclusions were observed
 stucos.

ASTM E72-05 TENSION: Spaciment successfluly withstcod loading to 28LOH: pounds, max lond for compression was nervered
ASTM E72-05 RACKINGi: Specmons auccessfully withstood loeding to : 4,000.00 pourds. Maximum foad far mydrale jack was reached.

WATER INFILTRATON ASTM E331-00: Specimen was lested for Water hfituraion and passed testing crieria.
 WIND LOADS TAS 202-94 (ASTM E3SO-14) Specimens were subjoctod to shitic winc ioade

LARGE MISSILE IMPACTS TAS 201-O4 (ASTM E1996-14): Specimens were Stitioned to Large mistile impacts per TAS 201-94. Specimens successkhily passed teesting criteria.
CYCUC LOAD TAS 203.94 LASTM E1B08-13): Specimens were subjected to Cycie Loads per TAS 203.94. Specimons successtully passed testing citheria.

```
Dennis Duffy
Blackwater Testhig inc
7341 Westport Place Suite 1A
West Palm Beach, FL 33413
```


## SPECIFIC TO FLORIDA \& CARIBBEAN 245MPH SUSTAINED WINDSPEED WITHOUT FAILURE. CAT 5 HURRICANE F5 TORNADO

- ASTM E330-14 TAS 202-94 WINDLOADS 245PH SUSTAINED (CATEGORY 5 ${ }^{+}$)
- ASTM E-72-05 COMPRESSION
- ASTM E-72-05 TENSION
- ASTM E-72-05 RACKING
- ASTM E-331-00 AIR INFILTRATION
- ASTM E-331-00 WATER INFILTRATION
- ASTM E-1996-14 TAS 201-94 LARGE MISSILE IMPACT TEST (12 IMPACTS)
- ASTM 1886-13 TAS 203-94 CYCLIC LOADS (RACK AND SHEAR)


## GigaHouse, StuccoMax, PlasterMax

Exuma Bahamas house and garage. 1,800 sf.

"Exuma House" Has already survived 3 hurricanes:
2015 Juaquin (Cat 4) 2016 Mathew (Cat 5) 2017 Irma (Cat 5) Zero damage

60\% documented energy savings by homeowner.


GigaCrete

HURRICANE IRMA DAMAGE TO NON GIGACRETE STRUCTURES ON ST. THOMAS USVI.


St Thomas USVI Sales office 576 sf fits inside a 40 ft container

"GigaCrete Caribbean Sales office and demo unit"
Built rapidly and has already survived Cat 5 Hurricanes Irma and Hurricane Maria with no structural damage at all.


Almost completed, minus standing seam metal roof by local roofer

St Thomas GigaCrete Caribbean Sales office after Cat 5 Hurricane Irma and followed by Hurricane Maria.


GigaCrete

St Thomas USVI GigaCrete Caribbean Sales Office after Hurricane Irma and Maria, note the stripped trees everywhere and the wood framed building across the street, completely destroyed.



# シINYO．－ITVO <br> ャ ヨNOZ כIWSIヨS NI SNOILVา7VISNI 

## ヨイヤกOHҰ甘ヨ



Carl's Jr new prototype. Rose Avenue. Oxnard California. 2015. 2,400 sf.


Gigacrete

GigaPanels and coatings Holmby Hills (Beverly Hills area) Los Angeles California, 2014.


GigaCrete

## StuccoMax over GigaPanels on Residence, Holmby Hills California



GigaCrete

PlasterMax over GigaPanels in Residence, Holmby Hills interiors


GigaCrete

PlasterMax over GigaPanels in residence, Holmby Hills interiors


#   

## Sヨ1VWI7כ ヨWヨコノXヨ



EPS (Expanded Polystyrene) aka Styrofoam has been around since the 1950's, it is the most cost-effective insulating foam.


Used to make coffee cups, $1 / 8^{\prime \prime}$ thick holds boiling water

Used to make ice chests (coolers) usually $1 / 2^{\prime \prime}$ thick


Used to insulate houses, usually only $1^{\prime \prime}$ to $2^{\prime \prime}$ thick Versus GigaCrete's 6" minimum thickness

Used to make flotation docks for marinas 1 cubic foot floats 55 lbs of weight


Used to make walk-in freezers, walls are only 4" thick

## Now let's put GigaCrete's technology into perspective

- Our panels start at 6 " thick (R28) and go up to $12^{\prime \prime}$ thick (R50) with $50 \%$ to $60 \%$ energy savings, that means $50 \%$ less solar panels $\$ \$$
- Centered inside the sealed foam panels are galvanized structural steel studs that never get wet and will not rust or corrode
- The steel studs never touch the sides, there is NO thermal bridging or temperature leaks
- Then we coat the exterior side with a waterproof, non-combustible 3,500 psi finish that can be smooth or textured and can be the backer for additional non-wood finishes like stone or brick veneers
- Then we coat the interior side with a $3 / 16^{\prime \prime}(5 \mathrm{~mm})$ fire rated noncombustible minimum 6,800 psi to 9,000 psi finish
- The interior coating replaces drywall and will not support mold or mildew growth

Easily mixed and applied with conventional plaster and stucco tools


GigaCrete

Extreme performance coatings designed to outperform all known plasters and stuccos where abuse resistance and low-cost maintenance is important


Contact:
Leland Hardy
Special Advisor to the Founder \& Chairman
Leland.Hardy@NewBuildingTechnologies.com
(917) 912-0603 NY
(323) 816-3790 LA

##  S3N甘ગIצษกH SOOOT」



## 



## NATURAL DISASTERS ARE BECOMING MORE FREQUENT THROUGHOUT THE WORLD

DURING THESE EVENTS:

- LIVES, HOMES AND BUSINESSES ARE LOST
- BILLIONS ARE SPENT REBUILDING
- INSURANCE COMPANIES PAY OUT BILLIONS AND RAISE PREMIUMS

YET WE STILL REBUILD THE SAME WAY REPEATING THE SAME MISTAKES


## GIGACRETE PROVIDES A NEW WAY TO BUILD

- NO WOOD
- NO PORTLAND CEMENT
- NO GYPSUM BOARD
- NO SILICA SAND
- WILL NOT SUPPORT MOLD OR MILDEW
- CAN BE HOSED DOWN AFTER A FLOOD
- 235MPH CATEGORY 5 HURRICANE RESISTANT (proven by IRMA)
- SUPER INSULATED OVER 50\% ENERGY SAVINGS
- SEISMIC ZONE 4 EARTHQUAKE RESISTANT
- FIRE RESISTANT
- SHIPPED GLOBALLY IN CONTAINERS
- A FACTORY CAN PRODUCE THOUSANDS OF HOMES A YEAR
- CREATES THOUSANDS OF NEW UNSKILLED LABOR JOBS
- ENVIRONMENTALLY FRIENDLY
- 100\% RECYLABLE


## Structural Steel Studs slide into pre-cut foam shapes

Pre-engineered, ICC approved galvanized double steel studs make patented connectors precut for accuracy and no jobsite waste. Hurricane and seismic tie down anchors connect the roof into the foundation.


Note: Double $2 \times 4$ stud panel to panel connectors equals $4 \times 4$ construction


Note: Continuous steel allthread connects the roof trusses through the panels and into the foundation

Heavy gauge welded steel roof brackets and trusses keep the roof secured to the foundation with the steel all-thread rods.


Extreme engineering in brackets, designed for over 200 mph hurricane forces
Gigacrete

## Foam Insulation panels pre-cut

Precut ICC approved EPS foam shapes.


FLAT PANELS IN 1FT INCREMENTS


GigaCrete

Install electrical conduits and wires for outlets and switches


Conduits are pre cut into panels on both sides of each stud location ready to pull down wiring from above.

Install plumbing lines into wall panels and fill all gaps and any repairs needed with expanding foam. Plumbing is now locked in place and insulated from heat or freezing.


## ヨコNVISISヨy ヨWヲาย aNV LVヨH

ヨヨال코



PlasterMax passed NFPA 286 a 15 minute Corner Burn Test at 1,400 degrees F as a Gypsum Board replacement over EPS foam.
PlasterMax passed NFPA 286 at $1 / 8^{\prime \prime}(3 \mathrm{~mm})$ thickness, zero smoke or combustion. (the official 15 minute test was stopped after 22 minutes without failure) Also passed, ASTM E84 and ASTM E-136 non-combustible material tests.


## $1,472^{\circ} \mathrm{F}$

An average surface fire on the forest floor might have flames reaching 1 meter in height and can reach temperatures of $800^{\circ} \mathrm{C}\left(1,472^{\circ} \mathrm{F}\right)$ or more.
(taken from Google search engine)

## EXTERIOR FIRE TEST

Four hour test using StuccoMax, GigaFoam, GigaBoard, EPS core, PlasterMax interior finish


7am start time


1 hour


2 hours


3 hours


4 hours

Propane torch ramps up to $1,700 \mathrm{~F}$ ( 926 C ) surface temperature within a few minutes Note Thermocouple wire connected to meter to maintain constant 1,700F

Note: Conducted at GigaLab a non-accredited lab.

## ヨコNVISISヨy đาOW ONV УヨIVM

## 00071



GigaCrete structures are designed to survive flooding unlike typical construction.
No removal of gypsum board, fiberglass insulation or rotting lumber


Our coatings remain intact even submerged in salt water for 30 days.

GigaCrete coatings test samples subjected to Saltwater, sulfate, phosphate, muriatic acid and phosphoric acid in a side by side comparison test with the leading Portland cement product currently used.


Test results after 21 days $50 \%$ submerged in solution.


Clearly superior to Portland cement based competition.

## ASTM 60" water column test, under pressure of 5 ft water since March $28^{\text {th }}, 2012$ and still ongoing at GigaCrete.



Column is epoxied to the StuccoMax over 1 " low density 0.90 lb EPS foam and filled with $60^{\prime \prime}$ of head pressure. Substrate foam is removed beneath water column to see if water droplets or penetration occurs.

Test as seen in photo is now 6 years old with NO water penetration!

## COMPARED TO:

Synthetic stuccos all of which totally collapse and fail within minutes.

NOTE: EPS foam is removed on underside exposing back side of StuccoMax

Accelerated weathering testing between StuccoMax and STO, Dryvit and Senergy synthetic stuccos that have all been tested equally clearly show the degradation (on the right) of synthetic stuccos versus StuccoMax on the left.


StuccoMax remains firmly bonded to the EPS foam even after 100 cycles followed by 40 freeze thaw cycles. Nothing else exists in the stucco industry to compete.

## StuccoMax Water resistance applications:

## ASTM E331-00 WATER INFILTRATION

- Exterior water resistant stucco coating replacing synthetics
- Higher impact and abrasion than all known Stucco's
- Ideally suited to Hurricane zones where water resistance and impact resistance is critical
- Water resistant wall finishes indoor and outdoor
- Below grade applications
- Total submersion including seawater
- Will not support mold and mildew growth
- Protection of concrete including exposure to sea water



## VALUE PERSPECTIVE

## Architects, Engineers and Specifiers

GigaCrete products have passed the following US codes:

- Miami Dade County Hurricane code approval NOA 19-0326.04
- ASTM E C587-04 Bond Strength, Impact Strength, Joint Strength
- ASTM E-84 Fire test (American Standard Testing Methods)
- ASTM C1629-06 Abuse Resistance
- ASTM D4977-03 Adhesion
- ASTM D5420-04 Impact Resistance
- NFPA 286-3 Fire Test (National Fire Protection Agency)
- UBC 26-3 Fire Test (International Building Code)
- Exceeds USEPA (environmental protection agency) no VOC's
- Exceeds stringent California Air Quality Standards
- Will not support mold or Mildew
- No Silica sand used, no added sand on the jobsite
- Utilizes only safe non-toxic materials
- Recognized by LEED and US Green Building Council

ャ0．9て\＆0－6L \＃$\forall$ ON<br>

ヨNVOIXYZH


## Andrew Dennis, Choirman \& CEO

 GIGACRETE4550 Engineers Way Suite 101
North Las Vegas, Nevada 89081
Ph: (702) 221-5800

GIGACRETE,
GIGACRETE BULLDING PANELS have been tested at Blackwa:et Testing Inc. through $1 / 2 / 2019-$ 2/4/2019. The Specimens were tested per protocol standards and were taken to loads the lab could attain. Specimens were tested to the following standards ane the fcllowing conclusions were observed:

ASTM E72-06 COMPRESSION: Specimens zuccessidlly withstood loating to z8ozifl pounds at whikh cracks were observed on the stuca.

ASTM E72-95 RACKING: Specimens successtuly withstood loading to : 4,000.co pourds. Maximum loed for tyyduulio jack wats reached.
AIR IMFILTRATION ASTM E293-04; Specimen was tested for Air infiltration and passed testing orteria.
WATERINFILTRATION ASTM E3S1-00:Specimen was tested for Water infiltration and passed testing eriteria.
WINO LOADS TAS 202-94 (ASTM E330-14): Specir ens were subjected io static winc loads in cccortance with TAS 202-94 Spesmens successtuly completes the whd ioacis to verly a Design Load of $+1 / 100.03$ psi.
LARGE MISSLLE MMPACTS TAS 201-S4 (ASTM E1996-14): Spocimons wero subjacted to Large missile impacts per TAS 291-99. Spesimers successsfuly passed lesting crileria.

GYCLIC LOAD TAS 203-04 (ASTM E1888-13) Specimens were sutiected to Cycic Loads per TAS 203.94. Specimers


## SPECIFIC TO FLORIDA \& CARIBBEAN 245MPH SUSTAINED WINDSPEED WITHOUT FAILURE. CAT 5 HURRICANE F5 TORNADO

- ASTM E330-14 TAS 202-94 WINDLOADS 245MPH SUSTAINED (CATEGORY $5+$ )
- ASTM E72-05 COMPRESSION
- ASTM E72-05 TENSION
- ASTM E72-05 RACKING
- ASTM E331-00 AIR INFILTRATION
- ASTM E331-00 WATER INFILTRATION
- ASTM E1996-14 TAS 201-94 LARGE MISSILE IMPACT TEST ( 12 IMPACTS)
- ASTM 1886-13 TAS 203-94 CYLIC LOADS (RACK AND SHEAR)

DEPARTMENT OF RECULATORY AND ECOYOMIC RTSODRCES BOARD AND CODE ADMLNISTRATION DIVISION

NOTICE OF ACCEPTANCE (NOA)

## GigaCrete, Inc.

4550 Engineers Way, Suite \#101
North Las Vegas, NV 89081
Scope:
This NOA is being issued under the applicable reles and regulations governing the use of construction materials. The documentation submitted has been reviewed and accepted by Miami-Dade County RER-Product Control Section to be used in Miami Dade County and other areas where allowed by the Authority Having Jurisdiction (AHJ).

This NOA shall not be valid after the expiration date stated below. The Miami-Dade Cotnty Product Control Section (In Miami Dade County) and/or the AHJ (in areas other than Miami Dade County) reserve the right to have his product or material tested for quality assuruce purposes. If this product or material fails to porform in the coped maner, the manafacturer will incur the expense of such testing and the AHJ may immediately revoke odify, or suspend the use of such product or marinl within ther jurisiction RER reserres the ripht to revok accutance, if it is deternined by Miani Dace County his acceptance, if it is determined by Miami-Dace County Pract Control Section that this product of materia fails to meet the requirements of the applicable building code.

This product is approved as described herein, and has been designed to comply with the High Velocity Hurricane Zone of the Florida Building Code
DESCRIPTION: GigaCrite Exterior Wall Panel System
Approval document: Drawing No. 19-008, tited "GigaCrete Exterior Wall Panel System", sheets 1 through 13 of 13, prepared by Tilteco, Inc., dated January 30,2019 , signed and sealed by Walter A. Tillit Jr, P.E., on February 15, 2019 bearing the Miami-Dade County Product Conirol Approval stamp with the Notice of Acceptance number and the approval date by the Miami-Dade County Product Control Section.

## Missile Impact Rating: Large aad Small Missile Impact Resistan

LABELING: Each panel shall bear a permanent label with the manufacturer's name or logo, city, state and the following statement: "Miami-Dade County Product Control Approved", unless otherwise noted herein.
RENEWAL of this NOA shall be considered after a renewal application has been filed and there has been no change in the applicable building code negatively affecting the performance of this product
TERMINATIOY of this NOA will occur after the expination date or if there has been a revision or change in the materials, use, and/or manufacture of the product or process. Misuse of this NOA as an endorsement of any product, for sales, advertising or any other purposes shall automatically terminate this NOA. Failure to comply with any section of this NOA shall be cause for termination and removal of NOA.
ADVERTISEMENT: The NOA number preceded by the words Miami-Dade County, Florida, and followed by the expiration date may be displayed in advertising literature. If any portion of the NOA is displayed, then it shall be done in its entirety.

INSPECTION: A copy of this entire NOA shall be provided to the user by the manufacturer or its distributors and shall be available for inspection at the job site at the request of the Building Official.

This NOA consists of this page 1, evidence submitted page E-1 as well as approval documant mentioned above,
The submitted documentation was reviewed by Helmy A. Makar, P.E., M.S.

> He GA.M2 6 $05 / 30 / 2019$

MIAMI DADE COUNTY APPROVED
NOA \# 19-0326.04

## GigaHouse, StuccoMax, PlasterMax

Haiti House 576 sf fits easily inside a 40 ft container

"Haiti House" Has already survived Hurricanes and earthquakes and is the local shelter.

It was constructed by local unskilled labor in 10 days


## GigaHouse, StuccoMax, PlasterMax

Exuma Bahamas house and garage. 1,800 sf.

"Exuma House" Has already survived 4 hurricanes:
2015 Joaquin (Cat 4)
2016 Matthew (Cat 5) 2017 Irma (Cat 5) 2019 Dorian (Cat 5) Zero damage 60\% documented energy savings by homeowner.


GigaCrete

HURRICANE IRMA DAMAGE TO NON GIGACRETE STRUCTURES ON ST. THOMAS USVI.


## GigaHouse, StuccoMax, PlasterMax

St Thomas USVI Sales office 576 sf fits inside a 40 ft container

"GigaCrete Caribbean Sales office and demo unit"

Built rapidly and has already survived Cat 5 Hurricane Irma followed by Hurricane Maria with no structural damage at all.


Almost completed, minus standing seam metal roof by local roofer

St Thomas GigaCrete Caribbean Sales office after Cat 5 Hurricane Irma and followed by Hurricane Maria.


St Thomas Sales GigaCrete Caribbean Sales office after Hurricane Irma and Maria, part of the metal roof finish and a section of rain gutter disappeared. No structural damage at all.


St Thomas USVI GigaCrete Caribbean Sales Office after Hurricane Irma and Maria, note the stripped trees everywhere and the wood framed building across the street, completely destroyed


Post Hurricane Irma Evaluation 09/10/2017 Wind $185 \mathrm{~m} / \mathrm{h}$ [298k/h] Max Gusts $235 \mathrm{~m} / \mathrm{h}$ [378k/h] IRMA


## 

## ヨグПOHヌヲヨ



Carl's Jr new prototype. Rose Avenue. Oxnard California. 2015. 2,400 sf.


GígaCrete

StuccoMax coatings used exclusively on San Francisco Bay Area California. Custom Home


GigaCrete

GigaPanels and coatings Holmby Hills (Beverly Hills area) Los Angeles California, 2014.




PlasterMax over GigaPanels in Residence, Holmby Hills interiors


GigaCrete

PlasterMax over GigaPanels in residence, Holmby Hills interiors


GigaCrete

## SヨHSINI」 YOIXヨ 1 Xヨ ONV YOIYヨNI YO」 

## SSヨコOYd ONIHSINIJ



Easily mixed and applied with conventional plaster and stucco tools


Extreme performance coatings designed to outperform all known plasters and stuccos where abuse resistance and low cost maintenance is important


## 















# SWI OL O3LINS 77EM 

Sヨ7人LS
7VタกココユIHวษヲ











$$
y^{2}==
$$


















## Contact:

Leland Hardy
Special Advisor to the Founder \& Chairman
Leland.Hardy@NewBuildingTechnologies.com
(917) 912-0603 NY
(323) 816-3790 LA

From:
Sent:
To:
Subject:
kstone@cityhpil.com
Thursday, July 7, 2022 12:07 PM
colorofequity@gmail.com
Re: Thank you HP Police for your heroism Monday

Thank you so much for your letter of support for the police!

## Kim Stone

Counciwoman

## TT Highland Park

City of Highland Park
1707 St Johms Avenue
Highland Park, Illinois 60035
847.780.7432
kstone@cilyhpil.com
cityhpil.com
I use the pronouns she/her/hers.
Any email correspondence to and from this account is subject to the Illinois Freedom of Information Act

## 10 O

From: Color of Equity [colorofequity@gmail.com](mailto:colorofequity@gmail.com)
Sent: Thursday, July 7, 2022 10:27:22 AM
To: Jogmen, Lou
Cc: Neukirch, Ghida; Rotering, Nancy; Knobel, Alyssa; Lidawer, Annette; Blumberg, Tony; Holleman, Michelle; Stolberg, Adam;
Stone, Kim; Tapia, Andres
Subject: Thank you HP Police for your heroism Monday
[EXTERNAL EMAIL]

## Dear Chief Jogmen,

We would like to thank the Highland Park Police Department from the bottom of our hearts for your heroism during the tragedy in our city Monday. We have heard stories of your bravery and seen video of officers running toward the shooting. We know many more acts of bravery will go unacknowledged.

With Gratitude,
Color of Equity

| From: | alidawer@cityhpil.com |
| :--- | :--- |
| Sent: | Thursday, July 7, 2022 12:09 PM |
| To: | gneukirch@cityhpil.com |
| Subject: | Re: Manager's Briefing |
| Attachments: | image003.png; image004.png; image005.png; image006.png; image009.jpg; |
|  | image010.jpg; image011.jpg; image001.png; image002.png |

Grey is our blue, correct? Can you give a call about language?

From: Neukirch, Ghida
Sent: Thursday, July 7, 2022 11:39:18 AM
To: Lidawer, Annette
Subject: RE: Manager's Briefing

Here you go -

Ghida S. Neukirch, CM
City Manager

## 17 City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gncukirch@cityhpil.com

* 4

From: Lidawer, Annette [alidawer@cityhpil.com](mailto:alidawer@cityhpil.com)
Sent: Thursday, July 7, 2022 10:15 AM
To: Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com)
Subject: Re: Manager's Briefing

I'm on my phone. Don't see which is marked preferred. Can't stand the last one (childish)like the first with what would be blue instead of grey, but can don't match ones we currently use so we aren't totally rebranding?

Sent from my iPhone

On Jul 7, 2022, at 8:55 AM, Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com) wrote:

Mayor \& Council,

Several important notes:

The Coroner's Office drafted three logo options so we have a consistent HP Strong message. We all recommend the attached logo marked Preferred. The gray will be replaced with HP blue. Please advise ASAP if you have any concerns.

We have set up with the FBI therapy dogs to be at the HPHS for the counseling sessions.
Director Kelly representing the lllinois State Police conducted a press conference yesterday afternoon given the volume of inquiries they have received. We listened (and asked a question so they could clarify one matter pertaining to the City).

Property reclamation information can be found here: City of Highland Park, IL (cityhpil.com)
The Chicago Botanic Garden in Glencoe is graciously offering complimentary admission and parking from 3 to 8 p.m., through Sunday, July 10 to support our community.

The Village of Glencoe will be co-hosting two events this week with their Clergy Association to show support for those affected by Monday's shooting and provide an opportunity for healing for residents and the surrounding community. We will have this information on our public update tomorrow and it will be on our web site. Councilmember Lidawer suggested that the Council send an email to the group if you are planning to attend a vigil. Please don't text (friendly reminder to not text and send me your screen shots for FOIA purposes). You can email council@cityhpil.com if you are planning to attend a vigil, and if someone else is attending only email that one official. Don't email anyone else so we don't violate the Open Meetings Act. Thanks.

Candlelight Vigil
Thursday, July 7 at 7:30 p.m.
Am Shalom ( 840 Vernon Avenue)

## Interfaith Service

Sunday, July 10 at 4:00 p.m.
Glencoe Union Church (263 Park Avenue)
Candielight Vigil planned tonight at 7:45 PM at Sunset Woods, coordinated by Jordana Hozman and Liza Tack. I spoke to the organizer as did Commander O'Neill. We are encouraging individuals to coordinate vigils inside given that our resources are focused on the investigation and still managing the the community. wE are also depleting the generosity of our neighboring law enforcement agencies as we have a minimum of 12 different agencies providing support each day. I also spoke to Brian Romes and indicated that we are not issuing any special event permits at this time, particularly if the request is to close roadways or manage events. The group intends to move forward at Sunset park tonight but they agreed not tomarch around the downtown. They are also planning another event Saturday afternoon tentatively.

Ghida S. Neukirch, CM
City Manager

## 17 City of Highland Park

1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003
gneukirch@cityhpil.com
000



From:
Kim Stone (via Google Docs) [drive-shares-dm-noreply@google.com](mailto:drive-shares-dm-noreply@google.com) Thursday, July 07, 2022 12:09 PM etaub@cityhpil.com
Document shared with you: "Highland Park Parade Shooting Resource Doc"

# Kim Stone shared a document 

```
Kim Stone \as invited you to edit the following
document:
```

XWHighland Park Parade Shooting Resource Doc

```
Open
```

If you don't want to receive filles from this person, block the sender from Drive shared a document

From:
Sent:
To:
Subject:

Randi McCuin
Thursday, July 07, 2022 12:09 PM
'Evangelista, Marianne'
RE: WRF 5156 Question
[EXTERNAL EMAIL]
Hi Marianne,
They can be collected on the same day or on separate days, whatever works for you.
On a separate note I hope you are doing well after the horrific events in your community. I live in Vermont and we had a school shooting in our community years ago and it is so scary. My heart goes out to those affected and especially that little boy who lost his parents. So sad!

Let me know if you have any other questions.
Best,
Randi M. McCuin
espri
Paicojs limendirstite
144 Narberth Ave., Box 407 Narberth,. PA 19072
Phon

From: Evangelista, Marianne [mevangelista@cityhpil.com](mailto:mevangelista@cityhpil.com)
Sent: Thursday, July 7, 2022 12:59 PM
To: Randi McCuin
Subject: WRF 5156 Question

Randi,

Can the three samples a week be collected on the same day? Or do they need to be collected on three separate days?

Thanks,
Marianne

Marianne Evangelista
Chemist

City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035
847.433.4355
847.926.1193 fax
mevangelista@cityhpil.com
cityhpil.com
000

From:
Sent:
To:
Subject:
Attachments:
alidawer@cityhpil.com
Thursday, July 7, 2022 12:10 PM
gneukirch@cityhpil.com
Re: Manager's Briefing
image003.png; image004.png; image005.png; image006.png; image009.jpg; image010.jpg; image011.jpg; image001.png; image002.png

Also, any thought to just HP STRONG?

From: Lidawer, Annette
Sent: Thursday, July 7, 2022 12:09:05 PM
To: Neukirch, Ghida
Subject: Re: Manager's Briefing

Grey is our blue, correct? Can you give a call about language?
From: Neukirch, Ghida
Sent: Thursday, July 7, 2022 11:39:18 AM
To: Lidawer, Annette
Subject: RE: Manager's Briefing
Here you go -

Ghida S. Neukirch, CM
City Manager

## (iT) City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035
Direct: 847.926.1003
gneukirch@cityhpil.com
006

From: Lidawer, Annette [alidawer@cityhpil.com](mailto:alidawer@cityhpil.com)
Sent: Thursday, July 7, 2022 10:15 AM
To: Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com)
Subject: Re: Manager's Briefing
I'm on my phone. Don't see which is marked preferred. Can't stand the last one (childish)like the first with what would be blue instead of grey, but can don't match ones we currently use so we aren't totally rebranding?

Sent from my iPhone

On Jul 7, 2022, at 8:55 AM, Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com) wrote:

Mayor \& Council,

Several important notes:

The Coroner's Office drafted three logo options so we have a consistent HP Strong message. We all recommend the attached logo marked Preferred. The gray will be replaced with HP blue. Please advise ASAP if you have any concerns.

We have set up with the FBI therapy dogs to be at the HPHS for the counseling sessions.

Director Kelly representing the Illinois State Police conducted a press conference yesterday afternoon given the volume of inquiries they have received. We listened (and asked a question so they could clarify one matter pertaining to the City).

Property reclamation information can be found here: City of Highland Park, IL (cityhpil.com)

The Chicago Botanic Garden in Glencoe is graciously offering complimentary admission and parking from 3 to 8 p.m., through Sunday, July 10 to support our community.

The Village of Glencoe will be co-hosting two events this week with their Clergy Association to show support for those affected by Monday's shooting and provide an opportunity for healing for residents and the surrounding community. We will have this information on our public update tomorrow and it will be on our web site. Councilmember Lidawer suggested that the Council send an email to the group if you are planning to attend a vigil. Please don't text (friendly reminder to not text and send me your screen shots for FOIA purposes). You can email council@cityhpil.com if you are planning to attend a vigil, and if someone else is attending only email that one official. Don't email anyone else so we don't violate the Open Meetings Act. Thanks.

## Candlelight Vigil

Thursday, July 7 at 7:30 p.m.
Am Shalom ( 840 Vernon Avenue)
Interfaīth Service
Sunday, July 10 at 4:00 p.m.
Glencoe Union Church (263 Park Avenue)

Candlelight Vigil planned tonight at 7:45 PM at Sunset Woods, coordinated by Jordana Hozman and Liza Tack. I spoke to the organizer as did Commander O'Neill. We are encouraging individuals to coordinate vigils inside given that our resources are focused on the investigation and still managing the the community. $w E$ are also depleting the generosity of our neighboring law enforcement agencies as we have a minimum of 12 different agencies providing support each day. I also spoke to Brian Romes and indicated that we are not issuing any special event permits at this time, particularly if the request is to close roadways or manage events. The group intends to move forward at Sunset park tonight but they agreed not tomarch around the downtown. They are also planning another event Saturday afternoon tentatively.

Ghida S. Neukirch, CM
City Manager

## (17) City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: $\mathbf{8 4 7 . 9 2 6 . 1 0 0 3}$
gneukirch@cityhpil.com 006


| From: | Michelle Krzystyniak [MKrzystyniak@newsnationnow.com](mailto:MKrzystyniak@newsnationnow.com) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:11 PM |
| To: | Communications |
| Cc: | Tim Brown |
| Subject: | RE: Urgent Interview Request - Deputy Covelli |

[EXTERNAL EMAIL]
Hi Paris,
This is Michelle with NewsNation following up. Wondering if Deputy Covelli or a voice from the city of Highland Park be available to speak with us tomorrow morning? Thank you!

## Michelle Krzystyniak

Senior Booking Producer, Morning In America
NewsNation
2501 West Bradley Place
Chicago, IL 60618

From: Michelle Krzystyniak
Sent: Wednesday, July 6, 2022 2:34 PM
To: Communications [Communications@cityhpil.com](mailto:Communications@cityhpil.com)
Cc: Tim Brown[TBrown@newsnationnow.com](mailto:TBrown@newsnationnow.com)
Subject: RE: Urgent Interview Request - Deputy Covelli

Hi Paris,

I wanted to follow up on my earlier request might Deputy Covelli or a voice from the city of Highland Park be available to speak with us tomorrow morning? Thank you!

From: Michelle Krzystyniak
Sent: Wednesday, July 6, 2022 10:49 AM
To: Communications [Communications@cityhpil.com](mailto:Communications@cityhpil.com)
Subject: RE: Urgent Interview Request - Deputy Covelli

Hi Paris,

Thank you for getting back to me. Wanted to follow up and see if we can set something up for tomorrow morning- 6:00am, 7:00 or 8:00am CT? We'd like to speak with Deputy Covelli, Mayor Rotering or anyone with the Highland Park Fire Department. Thank you for your help coordinating during this extremely difficult time for your community.

Best,

## Michelle Krzystyniak

Senior Booking Producer, Morning In America
NewsNation
2501 West Bradley Place
Chicago, IL 60618
(872) 310-4273 (office)
mkrzystyniak@newsnationnow.com

## NEWS AMERICASS FASTEST-GROWING NATION CABLE NEWS NETWORK

From: lewbelp [lewbelp@cityhpil.com](mailto:lewbelp@cityhpil.com) On Behalf Of Communications
Sent: Tuesday, July 5, 2022 10:57 PM
To: Michelle Krzystyniak [MKrzystyniak@newsnationnow.com](mailto:MKrzystyniak@newsnationnow.com)
Subject: Re: Urgent Interview Request - Deputy Covelli

Hi Michelle,

At this time, we will not be able to accommodate.

Please check in with us on Wednesday.

Thank you,
Paris Lewbel

PIO

From: Michelle Krzystyniak [MKrzystyniak@newsnationnow.com](mailto:MKrzystyniak@newsnationnow.com)
Sent: Tuesday, July 5, 2022 4:45:34 PM
To: Communications
Subject: Urgent Interview Request - Deputy Covelli
[EXTERNAL EMAIL]

Hi Deputy Covelli and media team,

My name is Michelle-I am the senior booking producer with NewsNation's Morning In America here in Chicago. Wondering if Deputy Christopher Covelli might be available to join us live over zoom tomorrow to discuss the latest from the Highland Park July fourth parade shooting investigation?

Thank you,

## Michelle Krzystyniak

Senior Booking Producer, Morning In America
NewsNation
2501 West Bradley Place
Chicago, IL 60618
(872) 310-4273 (office)
mkrzystyniak@newsnationnow.com


CAUTION: This message was sent from outside the Nexstar organization. Please do not click links or open attachments unless you recognize the sender.

From:
Sent:
To:
Subject:

Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us)
Thursday, July 07, 2022 12:12 PM
Fontane, Joel; clater@cityhpil.com
Drew to Community Development

## [EXTERNAL EMAIL]

Hi Joel and Charmain,

I just wanted to reach out to you all and the department. Just an awful, difficult week. We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade and have a couple-few degrees of separation from others who were hurt. As you know, it's a tight-knit smalltown at the end of the day.

I know the City was very busy and waited a few days to reach out. I contacted Ghida last night.

I wanted to contact you all in ComDev too. I know beyond working for the City there are employees who live in the community too. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there. But it certainly helps in these moments. You all do things the right way and do them well.

Let me know however I can help you all.

Take care,
Drew


Drew Awsumb, AICP | Director
Community Preservation and Development (CP\&D)
City of Park Ridge
505 Butler Place | Park Ridge, IL 60068
www.parkridge.us I dawsumb@parkridge.us
Direct: 847-318-5296

From:
Sent:
To:
Subject:
Attachments:

SALGADO, MARCO [mx1707@att.com](mailto:mx1707@att.com)
Thursday, July 7, 2022 12:14 PM
ljogmen@cityhpil.com
AT\&T FirstNet
image001.png; image002.png; image003.png; image004.png; image005.png

## [EXTERNAL EMAIL]

Hi Chief Lou Jogmen,
First off, I want to express my condolences for the tragic event that happened over the $4^{\text {th }}$ of July weekend. I have close friends that were personally affected by the incident and its going to be a very sensitive subject for some time to come. 1 myself live up north in Libertyville which is also seen as a safe community and area. The thing is that no one can ever predict where and when tragedies can hit, we try our best to live our lives and cancel out all the negativity in the world. When tragedy does strike or an emergency arises the best thing we can do is be prepared, be able to communicate and coordinate. With so many people trying to connect with loved ones and with all the chaos ensuing most networks become overloaded and are not able to handle the surge. AT\&T has separate network dedicated to only first responders so that the people like yourself trying to provide help and put out the fires are still able to communicate with necessary personnel.

When you have some time and if you are interested I would like to speak to you about FirstNet and how its important to have in preparation for any emergency. Until then I hope your city can heal and move forward.

Thanks,

## Marco Salgado

Sales Executive 1 Mobility
AT\&T National Business
225 W Randolph St., Chicago, IL 60606
marco.salgado@att.com
"We aldn't come here to be mediocre, We came here to define greatness"


AT\&T Business

From:
Sent:
To:
Subject:
[EXTERNAL EMAIL]

My number is you want to call to coordinate. I'm nearby and could come by city hall Get Outlook for iOS

From: Shammas, Brittany [Brittany.Shammas@washpost.com](mailto:Brittany.Shammas@washpost.com)
Sent: Thursday, July 7, 2022 12:04:54 PM
To: Rotering, Nancy [nrotering@cityhpil.com](mailto:nrotering@cityhpil.com)
Subject: Re: Washington Post reaching out
About 20-30 minutes.
Get Outlook for iOS

From: Rotering, Nancy [nrotering@cityhpil.com](mailto:nrotering@cityhpil.com)
Sent: Thursday, July 7, 2022 11:57:41 AM
To: Shammas, Brittany [Brittany.Shammas@washpost.com](mailto:Brittany.Shammas@washpost.com)
Subject: Re: Washington Post reaching out
How long do you need? I am about to leave City Hall.

On Jul 7, 2022, at 11:31 AM, Shammas, Brittany [Brittany.Shammas@washpost.com](mailto:Brittany.Shammas@washpost.com) wrote:
[EXTERNAL EMAIL]

Good morning, Mayor Rotering:
My name is Brittany Shammas and I'm a reporter with the Washington Post. We are covering the shooting at the parade and would like to set up an interview with you. Do you have any availability today? I'm in town and could meet you in person.

Thanks in advance, Brittany

Get Outlook for iOS [linkprotect.cudasvc.com]

From:
Sent:
To:
Subject:
noreply=revize.com@turbo-smtp.info on behalf of Jason King [noreply@revize.com](mailto:noreply@revize.com) Thursday, July 07, 2022 12:16 PM Undisclosed recipients
[**Highland Park, IL - Support \#73624] (In Progress) Update Footer
[EXTERNAL EMAIL]

You dan ONLY comment on this issue by clicking on the link and logging into the portal! Please do not reply in email as posting through email is not supported.

Issue \#73624 has been updated by Jason King.

- Status changed from New to In Progress
- Assignee changed from Support Team to Alex Gamache

We are investigating this issue now. Someone from the support team will get back to you with a response, once we have resolved the issue. Thank you.

## Support \#73624: Update Footer OPEN

- Author: Amanda Civitello
- Status: In Progress
- Priority: High
- Assignee: Alex Gamache
- Start date: 2022-07-07

Hello,
During the crisis in Highland Park on Monday, we accidentally updated our footer to our emergency alert. When I try to edit the footer to restore the copyright notice, it will not save my changes. Can you please update this asap?

Thank you so much for your support.

You have received this notification because you have either subscribed to it, or are involved in it. To change your notification preferences, please visit: http://support,revize,com/my/account

| From: | Michael Lubelfeld [mlubelfeld@nssd112.org](mailto:mlubelfeld@nssd112.org) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:16 PM |
| To: | Brian Romes; Bruce Law; Ghida S.Neukirch |
| Subject: | Fwd: Support Resources |
| Attachments: | Youth Support Resources.pdf |

[EXTERNAL EMAIL]

Sharing resource about trauma/discussing it - from Laurie's
----------- Forwarded message
From: Kayla Manilow [kmanilow@nssd112.org](mailto:kmanilow@nssd112.org)
Date: Thu, Jul 7, 2022 at 12:12 PM
Subject: Support Resources
To: Candela, Anthony [acandela@nssd112.org](mailto:acandela@nssd112.org), Arielle Gleicher [agleicher@nssd112.org](mailto:agleicher@nssd112.org), Colin, Holly [hcolin@nssd112.org](mailto:hcolin@nssd112.org), Michael Lubelfeld [mlubelfeld@nssd112.org](mailto:mlubelfeld@nssd112.org)

I know your inboxes are flooded right now, but I wanted to share a resource guide that one of my friends who is a child life specialist worked on with her team at Luries.

I know Mary sent it out to the SW/Psych team already but I wanted to share it with you all if there is a greater need.
See attached.

Thank you,
Kayla Manilow
Pronouns: She, Her, Hers
Special Education Teacher
SAIL Program
Edgewood Middle School
929 Edgewood Rd
Highland Park, IL 60035

NOTICE OF CONFIDENTIALITY - The email message and all attachments transmitted with it may contain legally privileged and confidential information intended solely for the use of the addressee(s). If the reader of this message is not the intended recipient, you are hereby notified that any reading, dissemination, distribution, copying, or other use of this message and its attachments is strictly prohibited. If you have received this message in error, please notify me immediately by telephone or by electronic means and delete this message and all copies and backups thereof. Your receipt of this message is not intended to waive any applicable privilege.

# SUPPORTING YOUTH AFTER A RECENT SHOOTING 

This document is a compilation of resources intended to offer caregivers, support staff, teachers, and communities guidance and support in helping children navigate a world where gun violence is at an all time high. This booklet is by no means a complete compilation, but we hope it offers a starting point to folks in need.

This document has been compiled by Child Life Specialists from Lurie Children's Hospital. The information comes from Child Life Disaster Relief and The National Child Traumatic Stress Network. We highly encourage you consult their websites and databases for additional supportive resources.

For additional supportive needs, please contact the Lurie Child Life team:

## A NOTE TO CAREGIVERS

We want to take a moment to honor the immense overwhelm that you as a caregiver are experiencing amidst a very chaotic world. We see you wanting to keep your kids safe and help them maintain their innocence as long as possible, while also living through a tumultuous and extremely stressful time in history. We encourage you to offer yourself the same compassion, grace, patience, and love that you would offer your best friend. You are just as deserving of all that and then some, and the more you offer yourself, the more you'll be able to offer your children.

As defined by the Child Life Disaster Relief organization, there are 5 essential needs of children after a disaster. These needs will be discussed at length and are organized by age group throughout this document.

- Safety
- Regulation
- Efficacy
- Hope
- Connection

The additional documents are intended for people who provide care for children in varied settings and capacities, from direct caregivers to support staff, teachers to community members. We encourage you to take what works for you, and feel free to leave what doesn't.

We want to leave you with 3 pieces of advice:

- Emotions are like a train going through a tunnel. Allowing your child to move through their feelings with an adult they know is a safe person builds trust and a sense of security they need. This can look like sitting calmly in the same room as your child who is having a tantrum and saying, "I can see how upset you are. I'm ready to give you a hug when you're ready to get one."
- Feelings are for feeling, not for fixing. Allowing your child to process what they are experiencing emotionally looks like making space for them to feel angry, sad, and scared the same way you'd make space for them to be happy, silly, or excited.
- It can feel extremely difficult to take care of your own needs as family members at a time when you feel your family needs you most. However, as the old adage goes, you can't fill from an empty cup - taking care of yourself will only help you in being able to care for your children.

In the same way you're here for them, we are here for you.

## -The Lurie Child Life Team

[^1]|  | Parent Guidelines For Helping Youth After Recent Shooting...................................5-7 |
| :---: | :---: |
| $\bigcirc$ | Assisting Parents \& Caregivers in Coping with Collective Traumas.......................8-10 |
|  | Tips for Parents on Media Coverage................................................................11-12 |
| $\square$ | Talking to Children About A Shooting...............................................................14-15 |
|  | Talking to Children When Scary Things Happen...........................................16-17 |
| $\square$ | Talking to Teens When Violence Happens.......................................................18-19 |
|  | Age Related Reactions to a Traumatic Event.................................................... $21-22$ |
|  | Infants \& Toddlers................................................................................................. 23 |
| $\perp$ | Early Childhood........................................................................................................... 24 |
|  | Middle Childhood .......................................................................................... $25-26$ |
| $\lfloor$ | Addescents.......................................................................................... $27-28$ |
|  | Talking to Children About Grief \& Death.............................................................30-32 |
|  | Talking to Children About Funeral Services............................................................33-34 |
|  | Book Recommendations...................................................................................35-36 |
|  | References.................................................................................................. 37 |

## TIPS \& GUIDELINES FOR CAREGIVERS

# PARENT GUIDELINES FOR HELPING YOUTH AFTER RECENT SHOOTING 

The recent shooting has been an extremely frightening experience, and the days, weeks, and months following can be very stressful. Your children and family will recover over time, especially with the support of relatives, friends, and community. But families and youth may have had different experiences during and after the shooting, including those who may have experienced physical injury, involvement in police investigation, worry about the safety of family members and friends, and loss of loved ones. How long it takes to recover will depend on what happened to you and your family during and after this event. Some adults and children have been seriously injured and will require medical treatment and long-term rehabilitation. Over time, some youth and adults will return to normal routines, while others may struggle.

Children and teens may react differently to the shooting depending on their age and prior experiences. Expect that youth may respond in different ways, and be supportive and understanding of different reactions, even when you are having your own reactions and difficulties. Children's and teen's reactions to the shooting are strongly influenced by how parents, relatives, teachers, and other caregivers respond to the event. They often turn to these adults for information, comfort, and help. There are many reactions that are common after mass violence. These generally diminish with time, but knowing about them can help you to be supportive, both of yourself and your children.

## Common Reactions

- Feelings of anxiety, fear, and worry about the safety of self and others
- Fears that another shooting may occur
- Changes in behavior:
- Increase in activity level
- Decrease in concentration and attention
- Increase in irritability and anger
- Sadness, grief, and/or withdrawal
- Radical changes in attitudes and expectations for the future
- Increases or decreases in sleep and appetite
- Engaging in harmful habits like drinking, using drugs, or doing things that are harmful to self/others
- Lack of interest in usual activities, including how they spend time with friends
- Physical complaints (headaches, stomachaches, aches and pains)
- Changes in school and work-related habits and behavior with peers and family
- Staying focused on the shooting (talking repeatedly about it)
- Strong reactions to reminders of the shooting (seeing friends who were also present during shooting, media images, smoke, police, memorials)
- Increased sensitivity to sounds (loud noises, screaming)


## Things Caregivers Can Do For Themselves

- Take care of yourself. Do your best to drink plenty of water, eat regularly, and get enough sleep and exercise.
- Help each other. Take time with other adult relatives, friends, or members of the community to talk or support each other.
- Put off major decisions. Avoid making any unnecessary life-altering decisions during this time.
- Give yourself a break. Take time to rest and do things that you like to do.


# PARENT GUIDELINES FOR HELPING YOUTH AFTER RECENT SHOOTING 

## Things I Can Do For My Child

- Spend time talking with your children. Let them know that they are welcome to ask questions and express their concerns and feelings. You should remain open to answering new questions and providing helpful information and support. You might not know all the answers and it is OK to say that. At the same time, don't push them to talk if they don't want to. Let them know you are available when they are ready.
- Find time to have these conversations. Use time such as when you eat together or sit together in the evening to talk about what is happening in the family as well as in the community. Try not to have these conversations close to bedtime, as this is the time for resting.
- Promote your children's self-care. Help children by encouraging them to drink enough water, eat regularly, and get enough rest and exercise. Let them know it is OK to take a break from talking with others about the recent attacks or from participating in any of the memorial events.
- Help children feel safe. Talk with children about their concerns over safety and discuss changes that are occurring in the community to promote safety. Encourage your child to voice their concerns to you or to teachers at school.
- Maintain expectations or "rules." Stick with family rules, such as curfews, checking in with you while with friends, and keeping up with homework and chores. On a time-limited basis, keep a closer watch on where teens are going and what they are planning to do to monitor how they are doing. Assure them that the extra check-in is temporary, just until things stabilize.
- Address acting out behaviors. Help children/teens understand that "acting out" behaviors are a dangerous way to express strong feelings over what happened. Examples of "acting out include intentionally cutting oneself, driving recklessly, engaging in unprotected sex, and abusing drugs or alcohol. You can say something like. "Many children and adults feel out of control and angry right now. They might even think drinking or taking drugs will help somehow. It's very normal to feel that way - but it's not a good idea to act on it." Talk with children about other ways of coping with these feelings (distraction, exercise, writing in a journal, spending time with others).
- Limit media exposure. Protect your child from too much media coverage about the attacks, including on the Internet, radio, television, or other technologies (e.g., texting, Facebook, Twitter). Explain to them that media coverage and social media technologies can trigger fears of the attacks happening again and also spread rumors. Let them know they can distract themselves with another activity or that they can talk to you about how they are feeling.
- Be patient. Children may be more distracted and need added help with chores or homework once school is in session.
- Address withdrawal/shame/guilt feelings. Explain that these feelings are common, and correct excessive self-blame with realistic explanations of what actually could have been done. Reassure them that they did not cause any of the deaths and that it was not a punishment for anything that anyone did "wrong." You can say, "Many children, and even adults, feel like you do. They are angry and blame themselves, thinking they could have done more. You're not at fault. There was nothing more you could have done."


# PARENT GUIDELINES FOR HELPING YOUTH AFTER RECENT SHOOTING 

## Things I Can Do For My Child

- Manage reminders. Help children identify different reminders (people, places, sounds, smells, feelings) and to clarify the difference between the event and the reminders that occur after it. When children experience a reminder, they can say to themselves, "I am upset because I am reminded of the shooting because the potato chip bag popped. But now there is no shooting and I am safe." Some reminders may be related to the loss of friends and/or family (photos of the person, music listened to together, locations of time spent together). Help your child cope with these loss reminders and provide them extra comfort during these times.
- Monitor changes in relationships. Explain to children that strains on relationships are expectable. Emphasize that everyone needs family and friends for support during this time. Spend more time talking as a family about how everyone is doing. Encourage tolerance for how your family and friends may be recovering or feeling differently. Accept responsibility for your own feelings, by saying "I want to apologize for being irritable with you yesterday. I was having a bad day."
- Address radical changes in attitudes and expectations for the future. Explain to children that changes in people's attitudes are common and tend to be temporary after a tragedy like this. These feelings can include feeling scared, angry, and sometimes revengeful. Find other ways to make them feel more in control and talk about their feelings.
- Get adults in your children's life involved. If there has been a serious injury, death in the family, death of a close friend, or if your child is having difficulties, let your child's teacher or other caring adults know so that they can be of help.
- Empower your child to get involved in their medical care. For children or teens with injuries and longterm medical needs, encourage them to participate in medical discussions and decisions as much as possible. Have them ask their own questions and give opinions about different procedures. Teens are especially concerned about their physical appearance, fitting in, and their privacy. Talk with them about their concerns, problem-solve ways to address them, and respect their privacy.
- Seek professional help. If teens have continued difficulties for a couple of months after the attacks, parents should consult a trusted helper--a doctor or mental health professional. "


# ASSISTING PARENTS AND CAREGIVERS IN COPING WITH COLLECTIVE TRAUMAS 

In the past year there have been a multitude of traumas that each of us have experienced or witnessed through media exposure. These include the ongoing pandemic, economic hardship, violence and abuse, racism and discrimination, policy changes that negatively impact specific groups (e.g., LGBTQ+ people, immigrants) and system failures (e.g., health disparities, police brutality). There have also been numerous stressors including balancing work and parenting demands and managing other obligations at home and/or in our personal life. This combination of traumas and stressors may feel overwhelming right now. This may be especially true if you have experienced prior traumas and are being reminded of those past experiences.

## Below are strategies to help you cope right now.

## Have compassion for yourself and others.

Acknowledge that you are experiencing a lot right now. You may not be able to show up in the same ways you could before. That is okay. You are doing your best. Assume the same for your family, co-workers, and friends. Be flexible when considering what you can do. Consider the perspective of others to help you connect to their emotions and empathize with their experiences.

## Acknowledge how your identities are being impacted.

You may feel a heightened level of threat, fear, or lack of safety when aspects of your identities (i.e., race, ethnicity, gender identity, sexual orientation, disability status, and religion) are being targeted by violence, policy changes, hate speech and/or other actions. This also may increase your sense of feeling isolated or cut-off from your loved ones, co-workers, or wider community. Find ways to get support from those who share your identities or are allies who understand how these traumas and stresses are impacting you.

## Self-reflect before reacting.

Take a moment to consider how a situation is impacting you before reacting to others. Your emotions are valid. Your feelings of anger, bitterness, grief, and fears about the future need to be acknowledged before deciding how to respond. You may have to take care of yourself before assisting someone else. Know these feelings may persist. Sometimes, just taking a moment for a few slow breaths can help as you gather your thoughts. Reflect on your potential implicit biases (i.e., attitudes or stereotypes about others you may hold without being truly aware of these views or beliefs) and adjust your response to reflect understanding, caring, and support.

## Search for meaning.

You may be observing that systems and institutions are failing to protect those they are meant to serve. This can challenge your trust in other people, your religious beliefs, spiritual beliefs, or the ways you think about or view the world. Searching for meaning in the face of discrimination and hate is extremely challenging, only adding to your existing feelings of distress. Reading relevant resources and talking to trusted friends, family members, co-workers, and faith leaders can help you develop or discuss your ideas about why stressful and traumatic things happen and how you can cope with them.

## Limit media and social media exposure.

Media and social media coverage are constant. At times we feel obligated to "witness" the pain of others, however, you can pace yourself by limiting access to news during blocks of the day to connect to people, pets, nature, or activities that restore and heal. Be cognizant of how you react to news alerts and either disable them or put your devices aside during important tasks that require your focus.

# ASSISTING PARENTS AND CAREGIVERS IN COPING WITH COLLECTIVE TRAUMAS 

## Take time to care for yourself.

All of us need to take time for ourselves. It is not selfish, but rather, it allows us to be better able to cope and to support others to the best of our abilities. The Pause, Reset, Nourish (PRN) Framework, a model for wellness, provides tips which may prove helpful throughout the day. Pause means taking a moment to scan how your body is feeling and to acknowledge your emotions. Reset is helping you to get balanced, steadier, calmer or focused on your next task, and Nourish helps you replenish your mind-body-heart and helps you to see how you can get through difficult times. Give yourself permission to do these things.

## Connect with others.

Finding opportunities to connect with others often leads to feeling better even when you are distressed. Engage with family and friends to bring a sense of joy, light-heartedness, and meaningful connections with others. If you are worried about how others are coping, check in with them, and let them know you care. The simple act of noticing can offer healing for others. Conversely, it is also okay for you to let others know how they may support you. For example, ask for support in parenting if you need a break.

## Seek help.

Sometimes, the layers of stress and trauma become overwhelming and interfere with our ability to complete our daily activities. Remember you are not alone; we all could use extra support navigating these difficult times. Reach out to 211 or your local library to find out about what local community supports are available. You can also speak to a mental health provider, health provider, or a trusted friend, or call a helpline such as those listed below:

- NATIONAL SUICIDE PREVENTION LIFELINE - (800)-273-8255
- DISASTER DISTRESS HELPLINE - Call or text (800) 985-5990 (For Spanish, press 2) to be connected to a trained counselor 24/7/364

For Administrators/Supervisors/Educators

- Consider how media events may impact your staff/students. Take time to acknowledge this news, perhaps offering added breaks as needed or taking class/meeting time to discuss.
- Acknowledge that their feelings are valid, will continue, and how these incidents may be impacting their performance (e.g., worried about future, distractible, angry at system failures). Join in on how you have been impacted and discuss ways of coping together.
- Adjust expectations (e.g., review work demands/school assignments, adjust time needed to get work done, encourage healing) and avoid using punitive actions.
- Create opportunities for staff/students to come together to get support and give support to others.
- Make sure staff and students know how to access supports and resources.

By acknowledging these traumas and stressors and making some adjustments, you may improve morale and outcomes.

## Things You Can Do For Your Children

Spend time talking with your children.
Have regular conversations with your children about what they are hearing, how these events are impacting them, and their reactions. Knowing that you are willing to have these conversations lets your children know they can rely on you and that they are not alone with all of these intense emotions. As a family, share situations that are impacting your family or a particular family member, including if one feels threatened because of aspects of their identities. Validate that their feelings are normal and encourage discussion and questions. These are not always easy conversations but are worth having even though they may be hard. Consider what you want to communicate and what values and beliefs you hope to share.

- Use age-appropriate language to talk about what your children have seen or heard, as well as what they have heard others saying.
- Monitor their media exposure and discuss what they have seen, heard, or read. Preschool children should not be exposed to coverage, if possible.


## Identify other people your children may find supportive.

Children may want to discuss their concerns with you as well as with others who share their identities or with whom they have been talking about current events. Help them find ways of connecting with these people so they can have additional supports during this time.

## Help children feel safe.

Talk with your children about their concerns over safety and problem-solve ways to address their concerns. This may include getting support from other trusted individuals, alerting school officials about what is happening, or seeking guidance from cultural or religious leaders.

## Enhance your child's coping.

Reinforce that your children should be kind to themselves and that there are reasons why they aren't feeling the same as before. They too can use the PRN framework and learn to pause, reset, and nourish themselves. Find family activities, including cultural and religious practices, that can be done together (e.g., dance night, try new recipes, walking, game night, spending time with out-of-town relatives virtually). Help create a routine for everyone in the family, which includes time for self-care and quiet.

## Seek change.

Discuss ideas for ways your children want to get involved in creating change against injustices. This could include participating in a community group event, creating a group at school, or showing support to peers who may be feeling an increased sense of vulnerability. These can be small steps as well as larger ones. Be a positive role model for change in actions as well as words. Making a contribution of your time and talent is one way to create meaning or help them cope.

## Check-in on a regular basis.

Unfortunately, many stressors are likely to continue in the immediate future. Check-in with your children on a regular basis. This reinforces that you are there to support them always, especially during these challenging times.

## Ask for help.

Reach out when you need help or support as there is no manual for parenting at any time, but particularly during these incredibly stressful times. Your pediatrician, faith leader, and local mental health agencies can be resources for support and guidance. Teen and young adult focused helplines include:

- The JED Foundation (for emotional health and suicide prevention), Call 1-800-273-TALK (8255) or text "START" to 741-741
- Trevor Project (for LGBTQ+ youth), Call 1-866-488-7386 or text "START" to 678-678
- Love is Respect (for dating abuse and healthy relationships), Call 1-866-331-9474 or text "LOVEIS" to 22522

Brymer, M., Gurwitch, R. \& Briggs. E. (2021). Assisting parents/caregivers in coping with collective traumas. Los Angeles, CA, and Durham. NC: Nationa Center for Child Traumatic Stress.

# TIPS FOR PARENTS ON MEDIA COVERAGE 

While the media (television, radio, print, and the internet) can help inform and educate you and your children about the recent shooting, media coverage unfortunately also has the potential to upset and confuse. As parents, you can protect your children by helping them understand media coverage while limiting their exposure to distressing images.

The impact of media coverage will be different depending upon whether you are:

- A family who have loved ones in the affected area
- A family who has been affected by a recent loss or trauma in the past
- A family not directly threatened who is viewing news about the impact of this event on others (individuals killed, injured, or suffering)


## Understanding Media Exposure

- Media coverage can produce increased fears and anxiety in children.
- The more time children/teens spend watching coverage of the tragic events, the more likely they are to have negative reactions.
- Graphic images and news stories of chaos, injury, and death is especially upsetting to children.
- Very young children may not understand that the coverage and repetition of images of the events is a replay. They may think the event is continuing to happen or is happening again.


## What Parents Can Do to Help

- Limit Your Children's Exposure to Media Coverage
- The younger the child, the less exposure she/he/they should have.
- You may choose to eliminate all exposure for very young children.
- Consider family activities away from television, radio, or internet.
- Watch and Discuss with Children/Teens
- Watch what they watch.
- Discuss the news stories with them, asking about their thoughts and feelings about what they saw, read, or heard and correct any misunderstandings or confusion.
- Ask older children and teens about what they have seen on the internet or what they have heard through social media technologies (text, Facebook, Twitter), in order to get a better sense of their thoughts, fears, concerns, and point-of-view.
- Seize Opportunities for Communication
- Use news breaks that interrupt family viewing or newspaper/web images as opportunities to open conversation. Be available to talk about children's feelings, thoughts, and concerns, and reassure them of their safety and of plans to keep them safe.
- Monitor Adult Conversations
- Be careful of what you and other adults say about the recent shooting or the media coverage in front of the children; children often listen when adults are unaware and may misunderstand what they hear.
- Let Your Children Know about Successful Community Efforts
- You may want to share positive media images, such as reports of individuals helping those in need. o
- Reassure your children/teens that many people, organizations, and governments are working to help the people. This will give them a sense that adults are actively taking steps to protect those that are currently suffering.
- Educate Yourself to Learn about children's reactions to traumatic events.
- For more information, see National Child Traumatic Stress Network (www.NCTSN.org).

[^2]
# TIPS FOR PARENTS ON MEDIA COVERAGE 

## When Your Family is Part of the Story

- Know Your Limits
- Decide if it's a good idea for you or your children to talk to the media. While it's natural to want to tell your story, the media may not be the best place to do so.
- Think about what you are willing and not willing to discuss. You have the right to set limits with reporters.
- Ask the reporter for the purpose of the story and its content.
- Protect Your Children
- Make sure the reporter has had experience working with children in the past.
- Talk it over with your children before they are interviewed. Assure them that there are no wrong answers.
- Let them know they can say "no" to any question and they can stop the interview at any time.
- Be present when your child is interviewed. Stop the interview if s/he becomes upset or distressed in any way.
- After the interview, discuss the experience with your children. Praise them for doing a great job and listen carefully to any concerns they have.
- Prepare your children that the final media story may be very short or may be edited in ways that do not reflect their experience.

$$
\begin{aligned}
& \text { 은 } \\
& \text { ㄴ } \\
& \text { Ш } \\
& \text { をちこ }
\end{aligned}
$$

## TALKING TO CHILDREN ABOUT A SHOOTING

> The recent shooting has evoked many emotions-sadness, grief, helplessness, anxiety, and anger. Children who are struggling with their thoughts and feelings about the stories and images of the shooting may turn to trusted adults for help and guidance.

- Start the conversation. Talk about the shooting with your child. Not talking about it can make the event even more threatening in your child's mind. Silence suggests that what has occurred is too horrible even to speak about or that you do not know what has happened. With social media (e.g., Facebook. Twitter, text messages, news breaks on favorite radio and TV stations, and others), it is highly unlikely that children and teenagers have not heard about this. Chances are your child has heard about it, too.
- What does your child already know? Start by asking what your child/teen already has heard about the events from the media and from friends. Listen carefully; try to figure out what he or she knows or believes. As your child explains, listen for misinformation, misconceptions, and underlying fears or concerns. Understand that this information will change as more facts about the shooting are known.
- Gently correct inaccurate information. If your child/teen has inaccurate information or misconceptions, take time to provide the correct information in simple, clear, age appropriate language.
- Encourage your child to ask questions, and answer those questions directly. Your child/teen may have some difficult questions about the incident. For example, she may ask if it is possible that it could happen at your workplace; she is probably really asking whether it is "likely." The concern about re-occurrence will be an issue for caregivers and children/teens alike. While it is important to discuss the likelihood of this risk, she is also asking if she is safe. This may be a time to review plans your family has for keeping safe in the event of any crisis situation. Do give any information you have on the help and support the victims and their families are receiving. Like adults, children/teens are better able to cope with a difficult situation when they have the facts about it. Having question-and-answer talks gives your child ongoing support as he or she begins to cope with the range of emotions stirred up by this tragedy.


## TALKING TO CHILDREN ABOUT A SHOOTING

- Limit media exposure. Limit your child's exposure to media images and sounds of the shooting, and do not allow your very young children to see or hear any TV/radio shooting-related messages. Even if they appear to be engrossed in play, children often are aware of what you are watching on TV or listening to on the radio. What may not be upsetting to an adult may be very upsetting and confusing for a child. Limit your own exposure as well. Adults may become more distressed with nonstop exposure to media coverage of this shooting.
- Common reactions. Children/Teens may have reactions to this tragedy. In the immediate aftermath of the shooting, they may have more problems paying attention and concentrating. They may become more irritable or defiant. Children and even teens may have trouble separating from caregivers, wanting to stay at home or close by them. It's common for young people to feel anxious about what has happened, what may happen in the future, and how it will impact their lives. Children/Teens may think about this event, even when they try not to. Their sleep and appetite routines may change. In general, you should see these reactions lessen within a few weeks.
- Be a positive role model. Consider sharing your feelings about the events with your child/teen, but at a level they can understand. You may express sadness and empathy for the victims and their families. You may share some worry, but it is important to also share ideas for coping with difficult situations like this tragedy. When you speak of the quick response by law enforcement and medical personnel to help the victims (and the heroic or generous efforts of ordinary citizens), you help your child/teen see that there can be good, even in the midst of such a horrific event.
- Be patient. In times of stress, children/teens may have trouble with their behavior, concentration, and attention. While they may not openly ask for your guidance or support, they will want it. Adolescents who are seeking increased independence may have difficulty expressing their needs. Both children and teens will need a little extra patience, care, and love. (Be patient with yourself, too!).
- Extra help. Should reactions continue or at any point interfere with your children's/teens' abilities to function or if you are worried, contact local mental health professionals who have expertise in trauma. Contact your family physician, pediatrician, or state mental health associations for referrals to such experts.


# TALKING TO CHILDREN WHEN SCARY THINGS HAPPEN 

When scary or violent things happen in the world, whether thousands of miles away, in your state, your town, or your home, youth look to the adults that surround them to help them feel safe and understand what is happening. This can feel tricky and challenging, particularly when the adults are also responding to and making sense of the same experience. Safe and supportive adults are the best predictor of resilience in youth. This resource offers guidance to help you talk with children and youth after something scary or violent happens.

## CHECK IN WITH YOURSELF, FIRST

Before talking with a youth, check in with yourself (How am I feeling? What do I need?) so that you are calm and grounded during the conversation. Just as youth have feelings about these experiences, so do adults. You might feel scared, worried, overwhelmed, angry, helpless, sad, and/or concerned. You might feel distracted, scattered, confused, or even numb. These feelings, in both adults and youth, are completely normal following a traumatic experience.

## A helpful first step may be to simply acknowledge the feelings you are having.

The simple act of labeling emotions promotes a sense of calm. It shifts brain activity from the alarm centers of the brain to the parts of our brain that support coping and problem solving. You can also take a few deep breaths, a short walk, talk to a friend, or do anything that helps you feel calm or more grounded. This will help prepare you to talk with youth in a way that communicates safety, protection, and openness to talking about their feelings and experience. Checking in with yourself first will also help you to be ready to address any questions youth might have. It's okay not to have all the answers.

## Your warm, open presence is the most important thing.

## CLARIFY YOUR GOAL

As you approach the conversation, it can be helpful to start with a goal in mind. An overall goal is to create a safe space for youth to share their feelings, questions, reactions, and experience about the scary/sad thing and to feel your support. You might ask yourselt, "How might I help my child feel safe? Is there some important intormation for them to know? Is there any misinformation to correct? What might my child already know or think about the situation?"

## Keep coming back to messages of safety, support, and willingness to keep talking.

## PROVIDE INFORMATION

Share simple facts and information about what happened and balance it with information about how adults and/or community systems may have stepped forward to help and create safety. Match the type and amount of information to the developmental level of the youth. Ask open-ended questions about what they may have already heard and correct any misinformation. Keep this part of the discussion brief, simple, and clear. Multiple short conversations can often be more powerful than a single long conversation.

Remember to share child-size information and keep checking in.

## REFLECT

Reflection involves simply repeating back the youth's words verbatim or summarizing what the youth said. Reflection lets youth know you are listening and tracking what they are sharing. When you reflect, it is important to use their own words as much as possible.

Reflection communicates that you are listening and what they are saying is important.

[^3]
# TALKING TO CHILDREN WHEN SCARY THINGS HAPPEN 



## ASK HELPFUL QUESTIONS

Ask helpful questions to learn more about the young person's thoughts, feelings, perspective, and needs. The goal is to gain an understanding of the young person's experience and NOT one of "fact finding," or learning about specific details of a situation. The questions we ask should be open-ended and focused on their experience, emotion and perspective. ("What was that like for you?," "How are you feeling?," "What are you thinking/wondering about?," Do you have any questions or worries?").

Helpful questions encourage open sharing and help you learn more about a youth's feelings and needs.

## GO SLOW, PAUSE, AND BE COMFORTABLE WITH SILENCE

Young people need a little time to respond after adults ask them questions. This is valuable time for processing emotions and coordinating thinking, especially as it relates to complex emotional situations. Make sure your body language conveys patience, openness and care.

When you pause and allow time, you communicate, "I have time for you," and "You are important".

## LABEL EMOTIONS

Step into their shoes and let the youth know that you understand what they are feeling and it makes sense to feel or think that way. You might say, "that makes sense," "I get it," "I understand," "other people feel that way too," and "you are not alone".

Validating and normatizing helps youth feel understood and trust their own perspectives and feelings.

## REDUCE MEDIA EXPOSURE

Be aware of how much you are checking the media when you are with youth and be aware of how much they are tracking the event in the media to monitor and reduce. Remember, that while it is part of our culture to be consistently connected to media, if youth see that you are checking your phone or the television constantly, they may be more likely to do the same, and increase their anxiety and nerves.

Information in small, developmentally appropriate chunks is best for youth and the adults who support them.

# TALKING TO TEENS WHEN VIOLENCE HAPPENS 

When frightening or violent events happen in the world, teens look to their peers and the adults that surround them to help them feel safe and understand what is happening. This can feel challenging for adults because they are also responding to and making sense of the same experience. When these events involve mass violence such as shootings that result in death and injury, there can be a range of intense reactions including horror, shock, anger, fear, loss and grief. Teens might react differently than adults. It makes sense that people in different stages of life will experience this differently. This resource offers guidance for adults to help them talk with teens.

## FIRST, CHECK IN WITH YOURSELF

Before talking with your teen, check in with yourself (How am I feeling? What do I need?) so that you are calm and grounded during the conversation. Just as teens have feelings about these experiences, so do adults. You might feel scared, worried, overwhelmed, angry, helpless, sad, distracted, scattered, or numb. These feelings in adults and teens are completely normal following a violent event. Consider how any single event may call up past feelings of fear, anger, or grief and may intersect with stress and trauma related to one's identify (gender, race, ethnicity, LGBTQ+) or previous experience. In addition, this event may be layered on top of other current stressors in your work or home life.

## A helpful first step may be to acknowledge the feelings you are having

The simple act of labeling emotions promotes a sense of calm. It shifts brain activity from the alarm centers of the brain to the parts of our brain that support coping and problem solving. You can also take a few deep breaths, a short walk, talk to a friend, or do anything that helps you feel calm or more grounded. This will help prepare you to talk with your teen in a way that communicates safety and openness to talking about their feelings, experience and perspectives. Checking in with yourself first will also help you to be ready to address any questions they might have. It's okay not to have all the answers.

## Your warm, open presence is the most important thing.

## CLARIFY YOUR GOAL

As you approach the conversation, it can be helpful to start with a goal in mind. An overall goal is to create a safe space for teens to share their feelings, questions, reactions, and perspective about what happened. You might ask yourself, "How might I learn more about their perspective, experience? How might I help them feel empowered in ways that are important to them (e.g., service, activism, school/community involvement)? How might I show I am open and ready to listen? Some simple goals are: to be present, listen, be open, show interest and support, and clarify information.

Keep coming back to messages of safety, support, and willingness to keep talking.

[^4]
## TALKING TO TEENS WHEN VIOLENCE HAPPENS



## PROVIDE INFORMATION AND OPTIONS

Share simple facts and information about what happened and balance it with information about how the community responded. Match the type and amount of information to the developmental level of the teen. Ask open-ended questions about what they have already heard and correct any misinformation. If a teen asks about how they can help or take action, share information about opportunities in their community. Be simple and clear. Multiple short conversations are more powerful than a single long conversation.

Remember to share clear information including things your teen might be able to do in response to the event and keep checking in.

## REFLECT

Reflection involves simply repeating back the teen's words verbatim or summarizing what the they said. Reflection lets teens know you are listening and tracking what they are sharing. When you reflect, it is important to use their own words as much as possible.

Reflection communicates that you are listening and what they are saying is important.

## DEVELOPMENTALLY APPROPRIATE REACTIONS \& AGE APPROPRIATE SUPPORTIVE TIPS

A fundamental goal of parenting is to help children grow and thrive to the best of their potential. Parents anticipate protecting their children from danger whenever possible, but sometimes serious danger threatens, whether it is manmade, such as a school shooting or domestic violence, or natural, such as a flood or earthquake. And when a danger is life-threatening or poses a threat of serious injury, it becomes a potentially traumatic event for children.

By understanding how children experience traumatic events and how these children express their lingering distress over the experience, parents, physicians, communities, and schools can respond to their children and help them through this challenging time. The goal is to restore balance to these children's lives and the lives of their families.

## HOW CHILDREN MAY REACT

How children experience traumatic events and how they express their lingering distress depends, in large part, on the children's age and level of development.

Preschool and young school-age children exposed to a traumatic event may experience a feeling of helplessness, uncertainty about whether there is continued danger, a general fear that extends beyond the traumatic event and into other aspects of their lives, and difficulty describing in words what is bothering them or what they are experiencing emotionally.

This feeling of helplessness and anxiety is often expressed as a loss of previously acquired developmental skills. Children who experience traumatic events might not be able to fall asleep on their own or might not be able to separate from parents at school. Children who might have ventured out to play in the yard prior to a traumatic event now might not be willing to play in the absence of a family member. Often, children lose some speech and toileting skills, or their sleep is disturbed by nightmares, night terrors, or fear of going to sleep. In many cases, children may engage in traumatic play-a repetitive and less imaginative form of play that may represent children's continued focus on the traumatic event or an attempt to change a negative outcome of a traumatic event.

For school-age children, a traumatic experience may elicit feelings of persistent concern over their own safety and the safety of others in their school or family. These children may be preoccupied with their own actions during the event. Often they experience guilt or shame over what they did or did not do during a traumatic event. School-age children might engage in constant retelling of the traumatic event, or they may describe being overwhelmed by their feelings of fear or sadness.

A traumatic experience may compromise the developmental tasks of school-age children as well. Children of this age may display sleep disturbances, which might include difficulty falling asleep, fear of sleeping alone, or frequent nightmares. Teachers often comment that these children are having greater difficulties concentrating and learning at school. Children of this age, following a traumatic event, may complain of headaches and stomach aches without obvious cause, and some children engage in unusually reckless or aggressive behavior.

Adolescents exposed to a traumatic event feel self-conscious about their emotional responses to the event. Feelings of fear, vulnerability, and concern over being labeled "abnormal" or different from their peers may cause adolescents to withdraw from family and friends. Adolescents often experience feelings of shame and guilt about the traumatic event and may express fantasies about revenge and retribution. A traumatic event for adolescents may foster a radical shift in the way these children think about the world. Some adolescents engage in self-destructive or accident-prone behaviors.

# AGE RELATED REACTIONS TO A TRAUMATIC EVENT 

## HOW TO HELP

The involvement of family, physicians, school, and community is critical in supporting children through the emotional and physical challenges they face after exposure to a traumatic event.

For young children, parents can offer invaluable support, by providing comfort, rest, and an opportunity to play or draw. Parents can be available to provide reassurance that the traumatic event is over and that the children are safe. It is helpful for parents, family, and teachers to help children verbalize their feelings so that they don't feel alone with their emotions. Providing consistent caretaking by ensuring that children are picked up from school at the anticipated time and by informing children of parents' whereabouts can provide a sense of security for children who have recently experienced a traumatic event. Parents, family, caregivers, and teachers may need to tolerate regression in developmental tasks for a period of time following a traumatic event.

Older children will also need encouragement to express fears, sadness, and anger in the supportive environment of the family. These school-age children may need to be encouraged to discuss their worries with family members. It is important to acknowledge the normality of their feelings and to correct any distortions of the traumatic events that they express. Parents can be invaluable in supporting their children in reporting to teachers when their thoughts and feelings are getting in the way of their concentrating and learning.

For adolescents who have experienced a traumatic event, the family can encourage discussion of the event and feelings about it and expectations of what could have been done to prevent the event. Parents can discuss the expectable strain on relationships with family and peers, and offer support in these challenges. It may be important to help adolescents understand "acting out" behavior as an effort to voice anger about traumatic events. It may also be important to discuss thoughts of revenge following an act of violence, address realistic consequences of actions, and help formulate constructive alternatives that lessen the sense of helplessness the adolescents may be experiencing.

When children experience a traumatic event, the entire family is affected. Often, family members have different experiences around the event and different emotional responses to the traumatic event. Recognizing each others' experience of the event, and helping each other cope with possible feelings of fear, helplessness, anger, or even guilt in not being able to protect children from a traumatic experience, is an important component of a family's emotional recovery.

# INFANTS \& TODDLERS <br> (0-2 YEARS) 

## Safety

- Create routines
- Consistent meal times, nap times and bed routines are helpful. Routines create security and build trust and attachment during infancy. Maintaining these routines will help your baby to feel safe and supported.
- Demonstrate predictability
- Games of peek a boo support safety by repetitively establishing the return of something after it disappears. This helps with separation anxiety when parents must return to work and can be especially important in the midst of additional stressors such as disasters.
- Consistent and responsive caregivers
- Holding rocking and singing to your baby relieves stress and supports a sense of safety and security. Take the time to replenish yourself so you can be there physically and emotionally when your baby needs comfort


## Regulation

- Rhythmic movement
- Holding and rocking your baby back and forth or using a baby swing or bouncer to create a consistent motion helps to regulate the heartbeat, body temperature and movement.
- Songs
- Singing a lullaby or playful song to your baby can help calm them when upset or just have some fun when under stress. Singing with your baby also supports the connection between baby and loved one.
- Gentle stroking and massage
- Rhythmic stroking across a baby's forehead, gently stroking of hands and feet helps to regulate a baby's heartbeat, body temperature and movement.


## Efficacy

- Milestones
- Developmental milestones are as important to babies and toddlers as to the loved one's caring for them. Rolling over, sitting up or saying a new word helps both baby/toddler as well as those caring for them to feel like things are still moving forward.
- Movement
- We all need to feel like we are moving both psychologically as well as physically. Put your baby in a stroller or your toddler in a wagon and move around. You don't have to go far or anywhere at all. A change in position, placement, room or environment is often enough for your baby or toddler to gain a new perspective.


## Hope

- Hope for the future
- Look to your own baby as an inspiration for hope. Even in the most stressful of times babies and toddlers continue to grow, develop and explore the world. Take time to notice moments of growth and let your baby be your inspiration for hope in the future. Infants have a sense of the emotional state of their caregivers and will benefit from your hope inspired by their development.


## Connection

- Be present
- Be present with your baby or toddler by providing moments of your undivided attention. Look into your babies eyes while nursing or giving a bottle, repeat the sounds and gurgles your baby makes, and narrate your baby's movements or play. These simple moments of attention can help you and your baby feel connected to one another and ease each other's stress and anxiety.


## Safety

- Maintain Routines and create new ones
- Preschoolers thrive when they know what to expect. This offers them a sense of safety by knowing what happens when. Involve your preschooler in the creation of the routines by providing choices when possible.
- Limiting Media Exposure
- Young children struggle to differentiate what is currently happening and what is a repeated image on TV. Today's news commentators also tend to use strong language and loud tones. These can feel overwhelming and frightening to children. Turning the television off promotes a safe space, quiet time to think, and an opportunity to connect together.
- Snuggle Time
- Preschoolers may regress to earlier stages of development or cling to you or a security item. Build into the routine snuggle times, read a book, play, or engage in nature, art or music together. Even if only for a few minutes, these snuggle breaks will increase your child's sense of safety


## Regulation

- Breathe
- Encourage your young child to practice deep breaths. You can do this using pinwheels, party blowers, or bubbles. Breathing helps your child calm down and regulate their own body.
- Empathic Responses
- Name your child's feelings. This will help to develop the language they need to name their feelings, giving them the tools to regulate their own emotions.
- Ride the Emotional Wave
- When big feelings occur, you may need to hold, love, and support your child as they cry or tantrum it out of their body. Try to resist the urge to tell your child it will be okay. Being quiet or gently humming, your child will feel supported while gaining control of their own body and feelings.


## Efficacy

- Provide Appropriate Choices
- Being able to make simple and appropriate choices helps young children gain a sense of control. What do you want for snack: crackers or pretzels? Would you like to color or play a game? Keep the choices limited to not overwhelm but to help your child with a sense of control.
- Simple Tasks
- Encourage your child to complete age appropriate simple tasks, putting on their socks, helping clean up toys, and/or sweeping the floor gives children a sense of purpose and encourages learning of a new skill.


## Hope

- Be a role model
- Say out loud in front of your children what gives you hope, share your beliefs, and encourage young children to talk about theirs.
- Make future plans
- Asking children what is something they would like to do when it's safe again instills a sense of hopefulness. By making future plans children consider the future and imagine themselves returning to school, playing with friends and family, and participating in activities again.


## Connection

- Play
- Do something silly that brings you and your young children happiness and joy. Play helps children feel heard, be seen, and releases anxiety and stress in healthy ways that supports a connection to each other.
- Family activity
- Engage your young children in family activities such as writing a story, reading a book, having a sing a long. Connecting with each other through positive activities supports social emotional and physical well being.


## Safety

- Provide Facts
- Discuss with your children what they are hearing and seeing on news or social media sources. Children of this age group need their parents to help them understand and interpret what they are hearing and seeing. Providing explanations that help them understand the events, changes, and new routines will increase a sense of safety by providing an accurate understanding of the information.
- Manage amount of information
- Changes can happen fast during a disaster. When possible help your children by grouping information into manageable amounts. This will allow them the space to decide what they can control and work to develop tools or strategies for what circumstances they cannot control.
- Hugs not Shrugs
- As children get closer to adolescence, (think tweens) they may not want to be hugged as much. However, often during times of stress, children need both physical and emotional expressions of a parent's presence. Text messages, email, and sticky notes can be simple ways to let your child know you are there to promote security.


## Regulation

- Create a Safe Space
- Create a safe space where children can go to express emotions freely. Provide pillows for punching or yelling into, art and writing materials for drawing or writing about feelings, as well as space for music and movement.
- Validate children's feelings don't try to change them
- By validating children's feelings you are acknowledging their experience. Let children be upset before moving towards "fixing" the problem. This will help you child learn to regulate their own emotions and discover their own silver linings.
- Prepare children for changes
- Talk about changes that are happening or may happen. Help them create their own strategies for managing changes, preparing for them, and finding ways to cope.


## Efficacy

- Chores
- Encourage chores, teach your child to do laundry, load and unload the dishwasher, make their own lunch. Learning and completing a task supports a sense of accomplishment. Children this age want to contribute and doing chores is a great way to feel needed, even if they dislike the task.
- Creating and completing projects
- Encourage your children to make art, dance. or write a song. Look up a "How To" video and create a squirrel picnic table, or DIY hand sanitizer. Through creating and completing projects children feel industrious. Encourage them to share their projects with others as a way to bring people together.
- Hold family meetings
- Provide space for children to ask questions and talk about feelings and fears. During these meetings talk to your children about the different challenges your family has encountered. Identifying family strengths and encouraging children to participate in problem solving will build competence and reassure children you can get through this together.


## Hope

- Gratitude
- Gratitude helps children remain hopeful by remembering that the world is kind and good. Encourage your children to keep a gratitude journal, jar or create a family time when everyone shares something they are grateful for.
- Identify Hope
- Help your children to identify the people in their lives who help them have hope, what are the rituals in your family that support feelings of hope? Encourage your children to consider ways they might demonstrate hopefulness to others?
- Reflect on learning
- Hope can come from overcoming challenges. Talk with children about other challenges they have faced themselves or together as family. Encourage your child to identify for themselves how they have grown to overcome difficult experiences


## Connection

- Write letters/thank you notes
- Children this age are looking for ways to connect with friends, extended family or teachers. Writing letters or thank you notes will connect your child with others and strengthen their sense of community. Sending cards, drawings, and/or thank you notes develops a support network that extends from the family to the community.
- Connect with nature
- Encourage your child to engage with nature. Taking a walk, looking out a window, growing a garden or house plant helps improve positive outlooks and well being


## Safety

- Reframing
- The way we talk about disasters can have an impact on how teens feel and experience safety. You might change words from "stuck at home" to "safe at home" during quarantine and reframe evacuating during a natural disaster to moving to a safe space. Less threatening or scary images, yet still accurate, promotes a sense of safety and protection.
- Differentiate between Known and Unknown
- Helping your teen to make distinctions about what is known and what is unknown helps them to foster a sense of control. Most teens greatest source of information comes from other teens. Each time the information is told it has the possibility of being distorted, altered or changed in some way. Provide your teen with accurate sources of information such as school or community home pages, newsletters, and updates. Initiate discussion with them to clarify information.
- Provide Reassurance
- Teens may feel unsafe regarding their futures. Celebrations of big life milestones may have been changed or canceled. Reassure your child that whatever they are feeling is normal and okay. Let them know that even when you do not have answers for them, you recognize their frustration and sadness.


## Regulation

- Grounding
- When upset grounding helps the body/brain regulate itself back to baseline, by focusing on the sensations of leaning against a wall, reciting a poem, or taking a short walk.
- Mantras and Self Talk
- Encourage your teen to develop a mantra and/or positive self talk. When the brain gets into a negative loop, having a go to phrase to repeat helps to break the cycle of negativity, anxiety, and stress.
- Music and Movement
- Getting the body up and moving helps to release tension anxiety and stress we might be holding or storing. Listening to music uses a different part of the brain and can help override negative thoughts and feelings.


## Efficacy

- Interests and hobbies
- Encourage teens to continue their interests and hobbies. Do they play a sport, instrument, or collect items? Help them to find innovative ways to continue those passions. Help them to recognize that disasters don't take away accomplishments or the effort put into something. Engaging in activities reinforces a sense of productiveness.
- Do something positive
- Participating in the clean up after a disaster, handing out fresh water to those in need, or watching younger siblings while parents access services will help your teen feel like they are capable, effective and contributing to something bigger than themself.
- Identify Strengths
- Ask your teen about the challenges in their own life from learning a new skill to facing a fear. Discuss ways they might use those strengths in the current situation.


## Hope

- Plan for the future
- Hope often comes from a sense of doing and a belief in a future. Encourage your teens to make future plans and continue to think forward about their goals and aspirations. Ask your teen to consider how this experience has changed them or developed new skills and presented new opportunities.
- Spirituality/Faith
- Talk with your teen about spirituality and faith. Meditation, prayer, and community provides us with a sense of hopefulness. Encourage and/or listen to your teens ideas about what gives them hope and the practices that support it.
- Take Action
- Teens are seeking ways to impact their world and the future. By identifying opportunities that support meaning making teens can increase hopefulness though volunteer work after the disaster or writing letters to leaders in government or agencies about their experiences.


## Connection

- Celebrate
- Celebrations often bring family and friends together, but when there is a disaster, celebrations can be easily forgotten or overlooked. For teens these milestones are even more important to acknowledge and the connections they create can potentially be lost. Posting a banner, doing a clap out, or singing a congratulatory song will not only acknowledge the achievement but also bring family and friends together.
- Help others
- Teens are developing their own identity and looking for ways to connect with causes that are important to them. Starting a food drive, helping care for younger siblings, or an elderly neighbor are ways that teens can feel connected and feel good about themselves and the world.


# TALKING TO KIDS ABOUT GRIEF, DEATH, AND FUNERAL SERVICES 

## TALKING TO CHILDREN ABOUT GRIEF \& DEATH

Beliefs and attitudes about death, funerals, and expressions of grief are strongly influenced by a family's culture, religion, spirituality, and rituals related to mourning. Families need their own traditions, practices, and rituals so they can support each other, manage the wide range of emotional responses family members will have, face their adversities, find meaning for themselves, and honor the loved one. Navigating questions about death, funerals, and memorials can be challenging, but manageable. These sample questions and answers may help guide discussions.

## What kinds of grief reactions will my children and I have?

There is no right or wrong way to grieve. Each member of your family will react differently. Some may not cry, while others might cry a lot.

There is no "normal" length of time for grieving. Family members and friends should try to understand that each person is going through his or her own course of grief. Everyone needs extra time to mourn.

The grief of young children can be just as strong as that of any other family member. Yet you may see them grieve just a short time and then start playing. Some cannot share their feelings in words, but show their grief through play. Parents can expect that their children's behavior may be worse at times.

Are there differences in reactions among children who were at the mass violence event and those children in the wider community?
Children at the mass violence event may not show or speak of their grief. They may seem to be more focused on what they saw or heard that day than on how much they miss their friends. It is normal for children to tell (or act out) the same stories over and over or to repeatedly ask the same questions. School-aged children faced with the death of friends or loved ones, often feel guilty or ashamed in the mistaken belief that somehow they could have prevented the death. If children continue to focus on the event over the next few weeks, parents should call back for community resources to help their family.

## How well do children understand the idea of death?

Children's understanding of death depends on the age of the child, his or her prior experience with death, and the family's religious beliefs and cultural values.

## How do I talk to my child about death?

- Be truthful with your child
- Give short, simple, honest, and age-appropriate answers to their questions
- Listen carefully to their feelings without judgment (there are no "wrong" feelings)
- Be ready to discuss the same things or answer the same questions over again
- Do not be afraid to say that you don't know the answer to a question
- Ask what he, she, or they want to know and give answers that fit those questions
- Let your child know that he or she can come to talk to you at anytime


## TALKING TO CHILDREN ABOUT GRIEF \& DEATH

## Preschool Children

May not understand that death is permanent. They may believe that if they wish it, the person could return. To help children understand the physical reality of a person's death, parents can use concrete facts-that he or she is no longer breathing or moving, is not hungry or thirsty, is not scared or having feelings of discomfort or pain. This age group's response to death will largely be based on the strength of the attachment formed with the loved one. The most important thing you can do at this (and the next) age group is use very clear, concise language. Remember that the vast majority of how they respond in situations of stress is largely based on how you are emoting at the time. If you are feeling stressed or hesitant about using the term "die" or "died" or "death" and this sounds fairly silly - practice with each other. The more normal you can make it sound coming out of your mouth, the less power the word has.

Gathering pictures and telling stories of the loved one during special times will help them cope. If they don't necessarily remember it, gently guide them through what happened. It isn't because they don't care to remember it, it's because the part of their brain that forms long term memories may not have been developed at the time the memory was made. You can encourage your child to ask for those stories or to see/have those photos when they feel sad. You can also encourage them to draw pictures or help them write down the things they loved about the person who has died.

## School Age Children

May understand the physical reality of death, but still may have times that they imagine seeing the person again (but not tell anyone). They may still expect to see them again at school. Children that are a bit older will be more aware of the loss. Appropriate demonstrations of grief may be withdrawing, tearfulness, anger, or tantrums like they threw when they were younger. This does not mean they are regressing in behavior - they are reacting to intense emotional stimuli around them that they likely don't have the words for. (Lots of times adults don't even have the right words!!. They may have difficulty eating or sleeping, and may also have additional or significant fear/anxiety about being separated from parents, or that their parents/siblings may die as well.

Remind them that it is normal to feel sad, angry and loss when you have deep love for someone, but it is also okay to laugh and be happy because the loved one would want them to continue to have fun no matter what. Collages, drawing how they feel, and intentional empathizing and normalizing of sad feelings is key for this age group.

Remember, feelings are for feeling not for fixing. Sitting with them through their feelings is truly the healthiest, best thing you can do as a caregiver. If you have significant concerns about your child and their grief, we always recommend contacting their school or their primary care doctor about seeing a mental health professional.

## TALKING TO CHILDREN ABOUT GRIEF \& DEATH

## Adolescents

Grieving teens may feel ashamed of their grief which can make the processing the death more difficult. Even with teens, simply acknowledging that you are able and willing to handle their emotional reaction is specifically supportive while also being general enough to apply to the spectrum of emotional expression. You know your teen best-remember how vulnerable grief makes you feel, and maybe consider how you would've coped or reacted as a teen-would you have cried in front of your family? Would you have locked yourself in your room? If they seem particularly withdrawn, letting them know you're available if and when they need you and letting them decide when the time is right. Being mindful to not rush their healing process are key components of supporting teens through grief. Letter writing, flower or tree planting, drawing/painting, and talking openly can all contribute to the healing process. If you have significant concerns about your teen and their grief, we always recommend contacting their school or their primary care doctor about seeing a mental health professional.

## Family Grief

Amidst the life event of loss and the ensuing grieving process, you and your family may be experiencing anxiety, stress, dread, agitation, shortened tempers, frustration...the list goes on. The grieving process looks different tor everyone. Do what you can to attend to your own needs as well - modeling intentional self-care (doing an activity you enjoy, eating a comfort food, spending time with people you miss, canceling plans when you don't have the energy, etc.) will encourage your kids to do the same.

It is very understandable that caregivers are cautious with what is said and how it is said it to children in your family. Some kids may express concerns about their own death, consider asking them what about death concerns them. Offer reassurance that you have helpers like teachers, doctors and coaches to help keep him safe and healthy. If he is concerned about caregivers dying, offer reassurance that you eat healthy things, drink lots of water, and see your doctors, too, and that you are going to do everything you can to stay alive for a very, very long time.

Do what you can to allow your child to lead the conversation. Without the incident of death in your community, this would be a developmentally appropriate concern for a child to have. In the instance of school-age children, their concrete and logical understanding is growing quickly and with that comes emotional development, too.

## TALKING TO CHILDREN ABOUT FUNERAL SERVICES

Funerals help the family and community say goodbye. They can help children understand the physical reality of death: that the person who died cannot come back. Being at a funeral with grieving family and friends may help a child express his or her grief. While attending services can be distressing, it may be harder on children to be left out of something so important to the family.

Parents/caregivers should give children a choice to attend or not to attend the service. They may encourage, but not pressure them. Before asking the child to choose, describe what will occur.

- Tell children what they might see or hear if they attend, including the type of service, what will occur, and how people will behave (i.e., adults may be crying, a special area for the family may be set aside, there may be a viewing of the loved one-which they don't have to see).
- Tell children about alternative arrangements to attending, for example, that they can stay with a neighbor or friend of the family.
- If they don't attend, offer to say something or read something on their behalf, and explain that they can participate in memorial activities at a later time, including creating their own memorial.


## If your children decide do attend a service, before you go, review what they can expect will happen.

- Talk to your children not only about what to expect, but also about how you may react. Assure them that this is your way of being sad today and that you are okay.
- Consider whether you will be able to accompany and support your child or whether you need to have another family member or friend there to support him or her.
- Prepare the companion to both comfort your child and take him or her out of the setting for breaks trom the service as needed, so that you can fully attend to your own feelings.
- Before the event, review what your children can expect will happen and what they need to do.

Services are emotionally intense. Consider carefully how many you and your child should attend. When grieving multiple losses, there may be multiple services. If the community or school plans a memorial service to celebrate the lives of all of the children and adults who died, attending such a service may be a better alternative for both parents and children than attending multiple funerals.

## If the family chooses not to attend services, they can engage in a variety of alternative rituals:

- Light candles at home or in a public place to remember those who died.
- Create a ceremony consistent with their culture and tradition.
- Say prayers at home or in their places of worship.
- Write notes or make cards for the surviving family members.
- Share with each other feelings and memories of those who are gone.


## TALKING TO CHILDREN ABOUT FUNERAL SERVICES

## How can I help my child after a funeral or memorial?

Talk to your children about their feelings and answer their questions. They may need some help in naming their feelings. They may ask you about your reactions and those of other people that were there. Reassure them that people showing intense emotions are OK, that they were showing how much they miss the person.

- Ask children whether they would like to talk with someone else about the service, such as a teacher or clergy member. Offer to join your child if he or she would like.
- After the funeral, be prepared to give more time and support to your children, such as extra time at bedtime. Again, be prepared for repeated questions about the event.

Take care of your child by taking care of yourself during this time. Parents should have someone they can talk to about their own feelings.

- Be aware that children may worry that something bad will happen to family members or friends and may have trouble separating from them. When separating, tell children where you are going and when you will return, so they know what to expect.


## Is it OK to celebrate the holidays while my community is grieving?

Tell your child that the holiday may not feel as it usually does, but that's OK. Children benefit from having routines and structure. Celebrating the holidays is one of those routines. Think of a way to add an activity that honors those who are gone, for example, lighting a candle.

Above all, remember that talking with children who are grieving is emotionally challenging, so please practice good self care.

## BOOK RECOMMENDATIONS



CHILDREN CAN LEARN TO COPE WITH GRIEF writen by Marge Heegpaard to be lllustrated by children
 The rabbit

come coerreeld


## d <br> kids <br> book <br> about grief

by Bremman C. Weod in pertnership with Eougy Oonter

## The Goodbye Book



## BOOK RECOMMENDATIONS




Brymer, M, Gurwitch, R. \& Briggs, L. (2021). Assisting parents/caregivers in coping with collective traumas. Los Angeles, CA, and Durham, NC. National Center for Child Traumatic Stress.

Lowry, G. (2021, September 4). 5 essential needs of children after disaster. Child Life Disaster Relief. Retrieved July 5, 2022, from https//cldisasterrelief.org/resources/5-essential-needs/

The National Child Traumatic Stress Network (NCTSN). (2018, May 30). Parent guidelines for helping youth after the recent shooting. The National Child Traumatic Stress Network. Retrieved July 5, 2022, from https:/www.nctsn.org/resources/parent-guidelines-helping-youth-after-recent-shooting

The National Child Traumatic Stress Network (NCTSN). (2018, May 30). Parent guidelines for helping youth after the recent shooting. The National Child Traumatic Stress Network. Retrieved July 5, 2022, from https://www.nctsn.org/resources/parent-guidelines-helping-youth-after-recent-shooting

The National Child Traumatic Stress Network (NCTSN). (2018, May 30). Tips for parents on media coverage of a shooting. I he National Child I raumatic Stress Network. Retrieved July 5,2022 , from https://www.nctsn.org/resources/tips-parents-media-coverage-shooting

The National Child Traumatic Stress Network (NCTSN). (2019, August 4). Guiding adults in talking to children about death and attending services. The National Child Traumatic Stress Network. Retrieved July 5, 2022, from https:/www.nctsn.org/resources/guiding-adults-talking-children-about-death-and attending-services

The National Child Traumatic Stress Network (NCTSN). (2022, March 15). Age-related reactions to a traumatic event; The National Child Traumatic Stress Network. Retrieved July 5, 2022, from https://www.nctsn.org/resources/age-related reactions traumatic event

The National Childhood Traumatic Stress Network (NCTSN), Institute of Behavioral Science-University of Colorado at Boulder, \& Center for Resilience + Well-Being In Schools. (2022, June 1). Talking to children when scary things happen. The National Child Traumatic Stress Network. Retrieved July 5, 2022, from https://www.nctsn.org/resources/talking-to-children-when-scary-things-happen

The National Childhood Traumatic Stress Network (NCTSN), Institute of Behavioral Science-University of Colorado at Boulder, \& Center for Resilience + Well-Being In Schools. (2022, June 1). Talking to teens when violence happens. The National Child Traumatic Stress Network. Retrieved July 5, 2022, from https://www.nctsn.org/rescurces/talking-to-teens-when-violence-happens

For additional supportive needs, please contact the Lurie Child Life team:

312-227-3270 childlife@luriechildrens.org

| From: | Tayior Fallows |
| :--- | :--- |
| Sent: | Thursday, July dr, zozz Rz:ToTwr |
| To: | nrotering@acityhpil.com |
| Subject: | Charity concert for highland park! |

## [EXTERNALEMAIL]

Mayor,

WE NEED YOUR HELP! Please see below! If you could steer me in the direction of anyone who might be able to help facilitate this l've already spoken to many music promoters local Chicago venues and big sponsors who would like to get involved.

The massacre that took place in my hometown of Highland Park, IL on July 4th, 2022 has left our community reeling. This idyllic North Shore community is a place where roots run deep and everyone knows eachothers' name. It is a place that I never thought would be the home of a mass shooting that would leave seven dead and dozens injured. I can't help but want to do something, anything, to help.

One of the pillars of the Highland Park community is Ravinia Festival, a place that has brought music, joy and gatherings for nearly 100 years. Ravinia is a place where people come from all over the Chicagoland area to be with their loved ones and celebrate music.

To me, music has always been somewhere I can go to find a beautiful distraction in a trying time. Many others in this community look to live music for the same purpose. We have been deprived of the gift that live music brings because of the pandemic, and I can think of no better time and way to create a space where our community will celebrate in a crowd rather then fear one. We need to teach our children that there are more things in life that unify us rather then divide us, and music is one of those things.

With that being said, I would be incredibly touched and grateful if you would be willing to come participate with our beautiful town in a night of live music in honor of those who have experienced the unimaginable in Highland Park. Proceeds for the show will go to Everytown for Gun Safety. Date and place to be determined based on interest and availability.

Warmly,

## Taylor Fallows

From:
Sent:

[EXTERNAL EMAIL]

Hi Officer Bobek, I'm not $100 \%$ sure but I believe you were the Officer that helped me and my friend directly after the tragedy at the parade.

I don't know where we'd be at this point without your help.
Thank you again

## From:

Sent:
To:

## Subject:

Attachments:
aduchak@cityhpil.com
Thursday, July 7, 2022 12:18 PM jaiello@cityhpil.com;


Peer Jury Cancelation for July 132022 FW: City of Highland Park eNews: Message from Mayor Rotering
~WRD000.jpg; image001.png; image002.png; image003.png; image004.png; image005.png; image006.jpg; image007.jpg; image008.jpg; image009.jpg; image010.jpg

## Godd Afternoon Peer Jury,

I send this email with a heavy heart for obvious reasons. I pray you are all doing ok, however, mentally our community and several communities surrounding Highland Park are dealing with this horrific event.

I am canceling Peer Jury next Wednesday for July 13, 2022. I will reach out about resuming Peer Jury on our August $10^{\text {th }}$ date.
I have forwarded Highland Park Mayor Rotering's message from yesterday. Her message includes several resources available for Counseling, Healing, Community Outreach etc..

Our Police Social Worker Dr. Cynthia Plazas is also a wealth of knowledge for available resources.
My Phone number is below as well,
if anyone needs anything at all.
You all hold a special place in my "mama" and police heart for volunteering your time to Peer Jury.. making Highland Park and the world a better place. Young individuals like yourself provide a positive balance to First Responders dealing with the harder times of our jobs like now. So from the bottom of my heart, Thank you.

Please take care of yourself and your loved ones and please reach out if needed.

## Amanda Duchak

Juvenile Detective

## iT City of Highland Park

1677 Old Deerfield Road
Highland Park, Illinois 60035
Main: 847-432-7730
Desk: 847-926-1123
Fax: 847-432-2024
aduchak@cityhil.com
cilyhpil.com
006

From: City of Highland Park [cityhp@cityhpil.com](mailto:cityhp@cityhpil.com)
Sent: Wednesday, July 6, 2022 1:47 PM
To: Duchak, Amanda [aduchak@cityhpil.com](mailto:aduchak@cityhpil.com)
Subject: City of Highland Park eNews: Message from Mayor Rotering
[EXTERNAL EMAIL]
$\square$


## Message from Mayor Rotering

Yesterday we received the names of the individuals murdered in the July 4 shooting that shook our community to its core.

We will forever remember these innocent victims murdered by gun violence. May their memory be a blessing.

Katherine Goldstein (64) of Highland Park Irina McCarthy (35) of Highland Park<br>Kevin McCarthy (37) of Highland Park Jacquelyn Sundheim (63) of Highland Park Stephen Straus (88) of Highland Park Nicolas Toledo-Zaragoza (78) of Morelos, Mexico

A seventh victim who succumbed to injuries within Cook County. Further information is not available at this time.

I am reaching out to the victim's families and will be joining them as they mourn. I will stand with them, attending their funerals and offering the community's sympathy and support.

Yesterday Vice President Kamala Harris stood at the site of the shooting, in our beloved downtown. She shared her support and condolences, and offered continued Federal resources. She brought a message of hope and strength.

There is no roadmap that tells us what to do next, but we cannot allow this shooting to define us. Today as we begin a new day -- we do so with a renewed sense of resolve and purpose.

Each day, we will find the strength to take a step forward. No single action will heal us, but many small steps, taken together as a community will help, and each of us has a role in the healing process. Kindness matters and small actions that you take every day will help us heal. Check on your neighbors, reach out with a kind word or supportive action, continue to check the City's website and emails for updates, resources, and other information. We want you to be in touch and connected.

We will get through this together. We will move forward together. We are Highland Park strong. These are not just words on a page, these are words to live by.

## Nancy R. Rotering

## Healing Services

Thank you to all the faith communities who have organized vigils and shared love and prayers. The city's webpage lists vigils that we have been made aware of and resources, visit www.cityhpil.com.

The City will be organizing a community-wide vigil in the days ahead, where we can come together as one. More information will follow.

## Counseling

The City of Highland Park's Police Department, District 112, District 113, the American Red Cross, and the FBI Victim Services Response Team, with additional federal and state partners, are offering counseling services to students, staff, and community members at Highland Park High School, 433 Vine Street, Highland Park, Wednesday, July 6 through Friday, July 8 from 9 a.m. to 9 p.m. each day. No appointment is necessary.

Lake County residents can also call 211 or visit 211lakecounty.org for mental health resources and referrals. If you are a mental health professional interested in volunteering your services, please fill out the provider survey at 211lakecounty.org. 211 support is available in English, Spanish, and many other languages.

## Community Outreach

We are seeking the contact information of individuals injured in the shooting to help provide support. If you know the name of an individual currently in a hospital or who was injured and returned home, please share contact information and your relationship to the individual by email cityhp@cityhpil.com.

## Reopening Downtown

The footprint of the crime scene in downtown Highland Park has been reduced, but a portion of our downtown remains off-limits as the FBI continues to investigate. We know this is a terribly difficult situation for our local businesses, and the City has been actively communicating with downtown business owners to share information and resources. We will reopen the area as soon as we receive clearance from Federal authorities. We know this situation is difficult and we appreciate your patience.

Please continue to avoid the secure perimeter.
$\square$

## Lost \& Found Established

Individuals who left personal belongings at the parade outside of the secure
perimeter can begin to retrieve them from the lost and found established at City Hall. Items will be available on the North Side Lawn beginning July 7 at noon.

## City-Sponsored Community Events

We have temporarily paused City-sponsored community events for this week and next and anticipate resuming regular programming the week of July 17. We appreciate your understanding as our resources are heavily focused on the investigation.

## Donations

To help those impacted by Monday's mass shooting, the Highland Park Community Foundation has established a July 4th Highland Park Shooting Response Fund.

Here is also a direct link to the donation form. If you prefer, you may send a check, payable to the Highland Park Community Foundation, to P.O. Box 398, Highland Park, IL 60035.

Please be aware of online and email solicitations for donations as they may not be legitimate. Also, protecting the privacy of victims and their families is paramount. Please be considerate when sharing information on social media, and do not share personal details about the victims or their families.


Update Profile I Constant Contact Data Notice
Sent by cityhp@cityhpil.com in collaboration with


From:
Sent:
To:
Subject:

Importance:

Ilukasik@cityhpil.com
Thursday, July 07, 2022 12:18 PM
mhernandez@cityhpil.com
FW: UPDATED 2023 Budget Entry Deadline for Equipment Fund

High

Hello Meriyen,
I got your VM and tried calling back. I left my original VM before the below was sent out. Finance decided to extend tomorrows deadline for the Equipment Fund entry until 7/29. So yes, FD has more time. ();

Feel free to reach out if you need any assistance.
Thank you!

## Lara Lukasik

Senior Financial Analyst

## City of Highland Park

1707 St Johns Avenue
Ifighland Park, Illinois 60035
847.926.1018
847.432.2617 fax
lukasik(⿳亠 cityhpil.com
cityhpil.com

## 000

From: Logan, Julie [ilogan@cityhpil.com](mailto:ilogan@cityhpil.com)
Sent: Thursday, July 7, 2022 9:42 AM
To: Schrage, Joe [jschrage@cityhpil.com](mailto:jschrage@cityhpil.com); Nardomarino, Frank [fnardomarino@cityhpil.com](mailto:fnardomarino@cityhpil.com); Jogmen, Lou
[liogmen@cityhpil.com](mailto:liogmen@cityhpil.com); Bonaguidi, William [WBonaguidi@cityhpil.com](mailto:WBonaguidi@cityhpil.com); Kanapareddy, Ramesh [rkanapareddy@cityhpil.com](mailto:rkanapareddy@cityhpil.com); Cardiff, Annette [acardiff@cityhpil.com](mailto:acardiff@cityhpil.com); Bannon, Ron [rbannon@cityhpil.com](mailto:rbannon@cityhpil.com);
Levinstein, Adam [alevinstein@cityhpil.com](mailto:alevinstein@cityhpil.com)
Cc: Lukasik, Lara [llukasik@cityhpil.com](mailto:llukasik@cityhpil.com); Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com); Delaney, Leigh
[ldelaney@cityhpil.com](mailto:ldelaney@cityhpil.com); Hernandez, Meriyen [mhernandez@cityhpil.com](mailto:mhernandez@cityhpil.com)
Subject: UPDATED 2023 Budget Entry Deadline for Equipment Fund Importance: High

Colleagues,
The 2023 Budget Entry Deadline for the Equipment Fund is extended to July 29 for PD/FD/PW and to July 22 for IT, in consideration of staffing working on incident-related activity.

Additionally, should your department need budget entry or other budget assistance, in consideration of staffing working on incidentrelated activity, please do not hesitate to ask Lara or I. Finance will do whatever budget entry or other budget assistance you need us to do.

Kind regards,
Julie Logan
Finance Director
She / Her / Hers

## (17. City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035
847.926.1020 Office phone
847.432 .2617 Fax
jlogan@cityhpil.com
cityhpil.com
006

| From: | clater@cityhpil.com |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:20 PM |
| To: | us; jfontane@cityhpil.com |
| Subject: | RE: roconnumity Development |

Thank you for your kind words. It has been a difficult week but we are getting through it. Our HP Police and Fire personnel are awesome - so competent, sensitive, and professional. They have been carrying the weight. I hope your acquaintances at the parade are healing both physically and mentally. Take care and thank you for your thoughts.
Sincerely,
Charmain

## Charmain Later

Deputy Director
Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php

## TT Highland Park

Department of Community Development
1150 Half Day Road
Highland Park, Ilinois 60035
847.926 .1611
clater $\omega$ cityhpil.com
cityhpil.com
From:
Sent: Thursday, July 7,2022 12:12 PM
To: Fontane, Joel [ifontane@cityhpil.com](mailto:ifontane@cityhpil.com); Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject to Community Development
[EXTERNAL EMAIL]

Hi Joel and Charmain,

I just wanted to reach out to you all and the department. Just an awful, difficult week. We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade and have a couple-few degrees of separation from others who were hurt. As you know, it's a tight-knit smalltown at the end of the day.

I know the City was very busy and waited a few days to reach out. I contacted Ghida last night.

I wanted to contact you all in ComDev too. I know beyond working for the City there are employees who live in the community too. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there. But it certainly helps in these moments. You all do things the right way and do them well.

Let me know however I can help you all.
Take care,


AICP | Director
Community Preservation and Development (CP\&D)
City of Park Ridge
505 Butler Place | Park Ridge, IL 60068
www.parkridge.us |
From: clater@cityhpil.com

Sent: Thursday, July 7, 2022 12:21 PM
To:
rcamacho@cityhpil.com
Subject:
FW: Drew to Community Development
Attachments:

From Drew

## Charmain Later

Deputy Director
Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php

## iT Highland Park

```
Department of Communily Developmenl
1150 Half Day Road
Highland Park, Illinois 60035
847.926.1611
clater(a)cityhpil.com
cityhpil.com
```

From: Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us)
Sent: Thursday, July 7, 2022 12:12 PM
To: Fontane, Joel [jfontane@cityhpil.com](mailto:jfontane@cityhpil.com); Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: Drew to Community Development
[EXTERNAL EMAIL]

Hi Joel and Charmain,

I just wanted to reach out to you all and the department. Just an awful, difficult week. We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade and have a couple-few degrees of separation from others who were hurt. As you know, it's a tight-knit smalltown at the end of the day.

I know the City was very busy and waited a few days to reach out. I contacted Ghida last night.

I wanted to contact you all in ComDev too. I know beyond working for the City there are employees who live in the community too. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there. But it certainly helps in these moments. You all do things the right way and do them well.

Let me know however I can help you all.
Take care,
Drew


Drew Awsumb, AICP | Director
Community Preservation and Development (CP\&D)
City of Park Ridge
505 Butler Place | Park Ridge, IL 60068
www.parkridge.us / dawsumb@parkridge.us
Direct: 847-318-5296

From:
Sent:
To:
Subject:

James Lynch [jlynch@theartcenterhp.org](mailto:jlynch@theartcenterhp.org) Thursday, July 07, 2022 12:23 PM
Neukirch, Ghida; Stone, Kim
RE: Memorial

## [EXTERNAL EMAIL]

Ghida and Kim;
This is chilling and I appreciate your thinking. We have the anti-gun violence installation on our front lawn and this could be added. As much as there is - we could fill our empty space inside the installation and make it a safe space for people to come and grieve.

On another note, I just got off the phone with John Woodall, from Newtown CT, who is a crisis counselor and has been active in Sandy Hook, and with others. His input on how a community can heal or turn angry is so worthwhile. He is offering to advise us for the long run and says 'the arts are in a unique position to achieve therapeutic goals without therapy' among other things. Are you willing to talk to him? He has a wide range of contacts from the Newtown shootings, Sandy Hook, etc. and would be an amazing resource.

What else can I or TAC do for our community, for you Ghida, Kim, in any way?

James M. Lynch
Executive Director

## Schedule with me using Calendy

Click Here To See Our Virtual Tour
Keep up with events at TAC
"The Arts give us our identity as a community; they also draw new people, fresh visions, and renewable economic opportunity to our community"

From: Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com)
Sent: Thursday, July 7, 2022 12:04 PM
To: Stone, Kim [kstone@cityhpil.com](mailto:kstone@cityhpil.com)
Cc: James Lynch [ilynch@theartcenterhp.org](mailto:ilynch@theartcenterhp.org)
Subject: RE: Memorial
Very interesting. Ok, we can retain some of the items. How many do you think?

## Ghida S. Neukirch, CM

City Manager

## 117 City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gneukirch@cityhpil.com
$00{ }^{\circ}$

From: Stone, Kim [kstone@cityhpil.com](mailto:kstone@cityhpil.com)
Sent: Thursday, July 7, 2022 11:31 AM
To: Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com)
Cc: James Lynch [ilynch@theartcenterhp.org](mailto:ilynch@theartcenterhp.org)
Subject: Fw: Memorial
Interesting idea about using discarded parade items in a memorial. Sharing with James at TAC, too. Kim

Kim Stone
Councilwoman
$\square$
City of Highland Park
1707 St Joms Avenue
Highland Park, Illinois 60035
847.780 .7432
kstone@cityhpil.com
cityhpil.com
I use the pronouns she/her/hers.
Any email correspondence to and from this account is subject to the Illinois Freedom of Information Act
$\square$

From: Paul Cherner [pic@labor-law.com](mailto:pic@labor-law.com)
Sent: Thursday, July 7, 2022 9:09 AM
To: Stone, Kim
Subject: Memorial

Kim,
Thank you for your helpful email. While we will never forget what happened and the impact on all our residents and visitors, we do need to help each other to heal and not let this 1 terrible individual ruin the spirit of our community.

I did want to make a suggestion for when the City decides to erect a memorial for the many victims. One of the haunting scenes is the empty chairs and strollers. I imagine that many people will decide not to retrieve them. If that happens, the City may want to incorporate these abandoned chairs, strollers, etc. in any memorial it erects. They can be stored in a warehouse until that time.

Thank you.
Paul Cherner

| From: | Rave Mobile Safety [summit@ravemobilesafety.com](mailto:summit@ravemobilesafety.com) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:25 PM |
| To: | acivitello@cityhpil.com |
| Subject: | Rave Summit Keynote: Forensic Psychologist \& Acclaimed Author |

[EXTERNAL EMAIL]


## September 27-29, 2022

We're so excited to share the great news: Dr. Jillian Peterson will be a keynote speaker at Rave Summit 2022!


Dr. Jillian Peterson is a forensic psychologist, professor of criminology at Hamline University, and previous investigator on death penalty cases in New York City. She is the co-author of the highly acclaimed book, The Violence Project: How to stop a mass shooting epidemic, based on four years of in-depth research into the lives of mass shooters. Dr. Peterson believes the best way to prevent violence is to deeply understand the life histories of people who commit it.

## LEARN MORE

## Are you Registered for Rave's Virtual Summit?

With nearly 1,000 attendees at last year's event, Rave Summit brought together diverse leaders and thinkers across schools, government agencies, higher education institutions, healthcare facilities and corporate industries, for a transformational virtual learning and networking experience.

Join us online for three days of interactive sessions that include best practices, customer success stories, product roadmaps and training, as well as first-hand knowledge on how to overcome the top critical communication and safety

## REGISTER HERE

## Summit 2021 Testimonials

| "Impressed by the way | "I found it to be | "Ive had staff |
| :--- | :--- | :--- |
| this Summit is | the most helpful and | members that have |
| structured in terms of | informative - and | come to the last two |
| being able to | most interesting - of | Summits and they've |
| participate in multiple | the virtual summits | been able to get a lot |
| activities at once. | l've attended this | of stuff out of it to |
| Also great | year. Also easiest to | bring back." |
| presentations!" | navigate. Nice job!" |  |

```
x==-m
```

From:
Sent:
To:
Subject:

Rachel Greenspar
Thursday, July 07, 2022 12:25 PM
nrotering@cityhpil.com
Healthcare workers looking for change
[EXTERNAL EMAIL]

Hello,

I've been wanting to send this message for a couple of days now, but have been unable to put my thoughts into words. First, my heart goes out to you. You have done an incredible job managing a horrific situation and our community can't thank you, the first responders, the hospital workers, and the helpful community members enough. I am a proud, although usually quiet, Highland Park resident. I am unable to remain quiet.

In addition to being an HP resident, I am an employee at NorthShore University HealthSystem. Obviously, I have been impacted by recent events both at home and at work. Physically, I am ok. I was at the parade but left just before things happened. The reason I left was because I was not feeling very patriotic; not very proud to be an American given our current laws and lack of rights. These feelings potentially saved my life.

I feel helpless, as do my colleagues. We want to start a movement. We want to act. We want to make a difference. Our idea is that we can rally healthcare workers across the country that have been impacted by gun violence, potentially hundreds of thousands of people.

Where I get stuck is what can we do that could actually make a difference. We've marched. We've donated. But things seem like they are just getting worse. I need to know what I can do that will actually help.

I appreciate you taking the time to read this as well as any advice you can provide. I know you have more than I can possibly understand on your plate right now. Please help us change things. This has to stop.

Thank you again for your leadership, compassion, and integrity.
Rachel

Rachel Greenspan

| From: | lain Burchell [iain.burchell@mega.global](mailto:iain.burchell@mega.global) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:25 PM |
| To: | Communications@cityhpil.com |
| Subject: | Media request - booking photo of Robert Crimo Ill |
|  |  |
| [EXTERNAL EMAIL] |  |

[EXTERNAL EMAIL]

Hello, this is a media request from Iain Burchell on behalf of The Mega Agency. I hope you can help, or point me in the right direction.

Mega is a news and picture agency syndicating content to major media outlets around the world.
I'm checking if the booking photo of Robert Crimo III used in this story and credited to Lake County Sheriffs Office https://nypost.com/2022/07/06/highland-park-shooter-robert-crimo-father-speaks-about-son/is available to the media and if Mega can get it to syndicate and license to media outlets.
The photo can be credited to Lake County Sheriff's Office.
Regards, Iain
--
lain Burchell
Content Specialist
iain.burchell@mega.global

ख

## TheMegaAgency.com

| From: | Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:26 PM |
| To: | ljogmen@cityhpil.com |
| Subject: | Drew Awsumb (HP/Park Ridge) |

[EXTERNAL EMAIL]

Hello Chief Jogmen,

I just wanted to reach out to you all and the Police department. Just an awful, difficult week.

I know the City was very busy and I waited a few days to reach out. I contacted Ghida last night, and contacted Joel and Charmain this morning. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. I saw you on the TV news and your comment that the department was devastated. I used to play pick-up basketball with a number of the officers, prior to the pandemic shutting everything down. I can only imagine how they feel. If there's anything I can do to help spirits and morale, let me know. Money or time, I'm more than happy to help.

One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there and knowing you all. But it certainly helps folks in these moments. You all do things the right way and do them well. You've helped people and you should know that.

We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade. As you know, it's a tight-knit smalltown at the end of the day. I thoroughly enjoyed living and working there for years.

Let me know however or whenever I can help you all.

Take care,
Drew


Drew Awsumb, AICP | Director
Community Preservation and Development (CP\&D)
City of Park Ridge
505 Butler Place | Park Ridge, IL 60068
www.parkridge.us | dawsumb@parkridge.us
Direct: 847-318-5296

| From: | rcamacho@cityhpil.com |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:26 PM |
| To: | clater@cityhpil.com |
| Subject: | RE: Drew to Community Development |

Thanks, that was nice.

Explains why we hadn't heard from him.

Ruby M. Camacho

Executive Assistant

## City of Highland Park

```
Department of Community Development
1150 Half Day Road
Highland Park, Illinois 60035
847.926.1854
847.432.0064 fax
rcamacho@cityhpil.com
cityhpil.com
```

Effective february 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php

From: Later, Charmain
Sent: Thursday, July 7, 2022 12:21 PM
To: Camacho, Ruby [rcamacho@cityhpil.com](mailto:rcamacho@cityhpil.com)
Subject: FW: Drew to Community Development

From Drew

## Charmain Later <br> Deputy Director

Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php

## Highland Park

Department of Community Development

1150 Half Day Road
Highland Park, Illinois 60035
847.926 .1611
clater@citupil.com
cityhpil.com

From: Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us)
Sent: Thursday, July 7, 2022 12:12 PM
To: Fontane, Joel [ifontane@cityhpil.com](mailto:ifontane@cityhpil.com); Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: Drew to Community Development
[EXTERNAL EMAIL]

Hi Joel and Charmain,

I just wanted to reach out to you all and the department. Just an awful, difficult week. We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade and have a couple-few degrees of separation from others who were hurt. As you know, it's a tight-knit smalltown at the end of the day.

I know the City was very busy and waited a few days to reach out. I contacted Ghida last night.

I wanted to contact you all in ComDev too. I know beyond working for the City there are employees who live in the community too. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there. But it certainly helps in these moments. You all do things the right way and do them well.

Let me know however I can help you all.

Take care, Drew


Drew Awsumb, AICP | Director
Community Preservation and Development (CP\&D)
City of Park Ridge
505 Butler Place | Park Ridge, IL 60068
www.parkridge.us | dawsumb@parkridge.us
Direct: 847-318-5296
From:
Sent:
To:
Subject:
[EXTERNAL EMAIL]

You can ONLY comment on this issue by clicking on the link and logging into the portal! Please do not reply in email as posting through email is not supported.

Issue \#73624 has been updated by Alex Gamache.

- Status changed from In Progress to Resolved

Hi Amanda,

I have reverted your footer back to the original content.
You may need to delete/refresh your browser cache to see the changes.
Feel free to let me know if anything else does not look or work right.

Thanks,
Alex Gamache

## Support \#73624: Update Footer OPEN

- Author: Amanda Civitello
- Status: Resolved
- Priority: High
- Assignee: Alex Gamache
- Start date: 2022-07-07

Hello,

During the crisis in Highland Park on Monday, we accidentally updated our footer to our emergency alert. When I try to edit the footer to restore the copyright notice, it will not save my changes. Can you please update this asap?

Thank you so much for your support.

You have received this notification because you have either subscribed to it, or are involved in it. To change your notification preferences, please visit: http://support.revize.com/my/account

From:

## Sent:

To:
Subject:

Debbie Van Arsdale [dvanarsdale@primerica.news](mailto:dvanarsdale@primerica.news)
Thursday, July 7, 2022 12:27 PM
cglasco@cityhpil.com
Worried About the Economy? Here's What You Can Do Now
[EXTERNAL EMAIL]

## Worried About the Economy? Here's What You Can Do Now

You might have seen the headlines - with worries looming about an economic slowdown, now is a good time to pay down credit card balances and bolster emergency savings, financial experts say. Check out an article in this week's newsletter with more advice, plus other tips and articles for today's money savvy household.
$\square$

## Pay Down Your Credit Card <br> Balances, and Other Tips for a Slowing Economy

July 5, 2022


Debbie Van Arsdale
Regional Leader
Primerica Financial Services
Office: 815-331-8745
Cell :
dvanarsdale@primerica.com

From the office of Regional Vice President Sumeet Gupta

## Feedback

## $\times$

## If the U.S. Is in a Recession, It's a Very Strange One

July 5, 2022


Economic output is down-but the job market is strong, unlike

X Now is a good time to put aside emergency savings. Here are some tips on how.

Read more $\rightarrow$


From Fast Company:
Millennials and Gen Z Want
More Financial Help From Employers. Boomers? Not So Much.
Juy 5,2022


Our behavior is shaped by the times we live in and the life stage we're in, and this includes our...

Read more $\rightarrow$


## How To Keep Your Self-

 Employment Income Rising With InflationJuly 4: 2022
in previous recessions. It's the...
Read more $\rightarrow$


## Is That Remote Job Opening Really Remote? Check the Fine Print <br> July 5, 2022 <br>  <br> A lot of positions are billed in job postings as remote, but some come with more ties to the...

Read more $\rightarrow$
$x$, mention

## Beach reads for business folk

Juy 4, 2022


What to read when you are not working.


With inflation rising, the self-
employed must build in raises to keep up with the added costs....

Read more $\rightarrow$


## Are you an unemployed student? Here's how to find a summerjob

Juy 4, 2022


It can be disheartening to not have the work you want right away, but don't give up on looking...
$\xrightarrow[\text { Read more } \rightarrow]{ }$


Exercise Can Cut All Sorts of Health Risks. Here's How to Get Going.
July 5,2022

## $\underline{\text { Read more } \rightarrow}$



## 5 Tips for Balancing Full-Time Work and Family

Juy 5, 2022


Balancing a family and working full-time can be difficult, but here are five unique pieces of...

Read more $\rightarrow$

区


Top Ten College Transition Tips
July 4, 2022


The way students approach this important time of change can set the stage for a successful...

Dont let the perfect be the
enemy of the good. You don't
need to rum marathons or hit the
gym...
$\xrightarrow[\text { Read more }]{ } \rightarrow$

## $\xrightarrow[\text { Read more } \rightarrow]{ }$

## 365 Surryse Rd Ste 160 - Lake Zurich - IL 60047

Note: This newsletter is for informational purposes only and should not be construed either as an endorsement of any concepts mentioned or as a solicitation to sell or an offer of any of Primerica's products or services. Primerica Representalives are independent contractors. Representatives are not licensed to sell all products in all statesiprovinces. Representatives may provide products and services that they are licensed to sell and only to individuals in those jurisdictions where they are licensed or approved. Productrelated questions should be directed to appropriately licensed representatives. Primerica representatives are not tax professionals, financial planners, or estate planners and do not offer related advice. Related questions should be directed to appropriately licensed professionals. Primerica representatives market term life insurance underwriten by National Benefit Life Insurance Company, Home Office: Long Island City, NY in New York State; Primerica Life Insurance Company, Executive Offices: Duluth, GA in all other U.S. jurisdictions; and Primerica Life Insurance Company of Canada, Home Office: 6985 Financial Drive, Suite 400. Mississauga, Ontario L5N 0G3 in Canada. In the United States, securities are offered by PFS Investments Inc., 1 Primerica Parkway, Duluth, Georgia 30099-0001. Primerica and PFS Invesiments Inc. are affilated companies. In Canada, mutual funds are offered by PFSL Investments Canada Lid., mutual fund dealer. Head Office: 6985 Financial Drive, Suite 400, Mississauga, Ontano L5N 0G3. For more information, see Primerica's Important Disclosures
at www.primerica.com/public/primerica disclosures.html. The Primerica Newsletter Privacy Policy is avallable at www.primerica.com/public/PRI Newsletter Privacy Policy.html.

If you no longer wish to receve this newsletter, unsubscribe here.

From:
Debbie Van Arsdale [dvanarsdale@primerica.news](mailto:dvanarsdale@primerica.news)
Sent:
To:
Subject:
[EXTERNAL EMAIL]

Thursday, July 7, 2022 12:27 PM
mharrison@cityhpil.com
Worried About the Economy? Here's What You Can Do Now

## Worried About the Economy? Here's What You Can Do Now

You might have seen the headlines - with worries looming about an economic slowdown, now is a good time to pay down credit card balances and bolster emergency savings, financial experts say. Check out an article in this week's newsletter with more advice, plus other tips and articles for today's money savvy household.



Debbie Van Arsdale
Regional Leader
Primerica Financial Services


From the office of Regional Vice President Sumeet Gupta

Feedback


Pay Down Your Credit Card Balances, and Other Tips for a Slowing Economy
Juy 5,2022

(1)Now is a good time to put aside emergency savings. Here are some tips on how.

Read more $\rightarrow$


From Fast Company: Millennials and Gen Z Want More Financial Help From Employers. Boomers? Not So Much.
July 5, 2022
Our behavior is shaped by the SLCCESS times we live in and the Ife stage were in, and this includes our...

## Read more $\rightarrow$



How To Keep Your Self-

If the U.S. Is in a Recession, It's a Very Strange One
July 5, 2022

WSJEconomic output is down-but the job market is strong, unlike in previous recessions. It's the...

## $\underline{\text { Read more }} \rightarrow$



Is That Remote Job Opening Really Remote? Check the Fine Print

July 5,2022


A lot of positions are billed in job postings as remote, but some come with more ties to the...
$\underline{\text { Read more }} \rightarrow$


Beach reads for business folk

## Employment Income Rising With Inflation

July 4, 2022

FWith inflation rising, the selfemployed must build in raises to keep up with the added costs....

## $\xrightarrow[\text { Read more }]{ } \rightarrow$



Are you an unemployed student? Here's how to find a summer job
July 4, 2022

It can be disheartening to not have the work you want right away, but don't give up on looking...

## $\underline{\text { Read more }} \rightarrow$



Exercise Can Cut All Sorts of Health Risks. Here's How to Get Going.

What to read when you are not working

## Read more $\rightarrow$



5 Tips for Balancing Full-Time Work and Family
July 5,2022

> P Balancing a family and working full-time can be difficult, but here are five unique pieces of...

## $\xrightarrow[\text { Read more }]{ } \rightarrow$



Top Ten College Transition Tips Julv 4, 2022

## Read more $\rightarrow$

Don't let the perfect be the enemy of the good. You don't need to run marathons or hit the gym...

## Read more $\rightarrow$

Note: This newsletter is for informational purposes only and should not be construed either as an endorsement of any concepts mentioned or as a solicitation to sell or an offer of any of Primerica's producis or services. Primerica Representatives are independent contractors. Representatives are not licensed to sell all products in all states/provinces. Representatives may provide products and services that they are licensed to sell and only to individuals in those jurisdictions where they are licensed or approved. Productrelated questions should be directed to appropriately licensed representatives. Primerica representatives are not tax professionals, financial planners, or estate planners and do not offer related advice. Related questions should be directed to appropriately licensed professionals. Primerica representatives market tem life insurance underwritten by National Benefit Life Insurance Company, Home Office: Long Island City, NY in New York State; Primenca Life Insurance Company, Executive Offices: Duluth, GA in all other U.S. jurisdictions; and Primerica Life Insurance Company of Canada, Home Office: 6985 Financial Drive, Suite 400, Mississauga, Ontario L5N 0G3 in Canada. In the United States, securities are offered by PFS Investments Inc., 1 Primerica Parkway, Duluth, Georgia 30099-0001. Primerica and PFS Investments Inc. are affiliated companies. In Canada, mutual funds are offered by PFSL Investments Canada Ltd, mutual fund dealer. Head Office: 6985 Financial Drive, Sulte 400, Mississauga, Ontanio L5N 0G3. For more information, see Primerica's Imporiant Disclosures
at www.primerica.com/public/primerica disclosures.html. The Primerica Newsletter Privacy Policy is available at www. primerica.com/public/PRI Newsletter Privacy Policy.html.

If you no longer wish to receive this newsletter, unsubscribe here.

From:

## Sent:

To:
Cc:

## Subject:

cplazas@cityhpil.com
Thursday, July 07, 2022 12:28 PM
CONeill@cityhpil.com; wevans@cityhpil.com; kroberts@cityhpil.com
ljogmen@cityhpil.com; WBonaguidi@cityhpil.com; gcameron@cityhpil.com; jolson@cityhpil.com; scurran@cityhpil.com; sgallagher@cityhpil.com
RE: Liaison info for HP Victims- Continuing Update

## Continuing Update Request:


[the home is currently being shared by


From: O'Neill, Chris [CONeill@cityhpil.com](mailto:CONeill@cityhpil.com)
Sent: Thursday, July 7, 2022 10:54 AM
To: Plazas, Cynthia [cplazas@cityhpil.com](mailto:cplazas@cityhpil.com); Evans, William [wevans@cityhpil.com](mailto:wevans@cityhpil.com); Roberts, Kevin
[kroberts@cityhpil.com](mailto:kroberts@cityhpil.com)
Cc: Jogmen, Lou [ljogmen@cityhpil.com](mailto:ljogmen@cityhpil.com); Bonaguidi, William [WBonaguidi@cityhpil.com](mailto:WBonaguidi@cityhpil.com); Cameron, Gerald [gcameron@cityhpil.com](mailto:gcameron@cityhpil.com); Olson, Jennifer [jolson@cityhpil.com](mailto:jolson@cityhpil.com); Curran, Sean [scurran@cityhpil.com](mailto:scurran@cityhpil.com); Gallagher, Sean [sgallagher@cityhpil.com](mailto:sgallagher@cityhpil.com)
Subject: RE: Liaison info for HP Victims
Importance: High

I spoke to him and his brother in the last 30 minutes and the Shiva is actually Sunday $07 / 07 / 22$. We have a plan to assist so it should be covered.

I spoke with and he is requesting a close watch tonight for a Shiva at the house - from 8pm to 10 pm (SPEACIAL ATTENTION SGT> ROBERTS)
and then all day tomorrow after 9am since they will be in Glencoe for the memorial service (SPECIALATTENTION SGT> EVANS). He has my cell number if they need anything else. CO78

I will call $\longrightarrow$ to determine what type of assistance $\longrightarrow$ requesting.
CO78

Chris O'Neill
Patrol Commander

1707 St Johns Avenue
Highland Park, Illinois 60035
847.926.1766

Office phone
concill(acityppil.com
cityhpil.com

* 9

From: Plazas, Cynthia [cplazas@cityhpil.com](mailto:cplazas@cityhpil.com)
Sent: Thursday, July 7, 2022 10:36 AM
To: O'Neill, Chris [CONeill@cityhpil.com](mailto:CONeill@cityhpil.com)
Cc: Jogmen, Lou [ljogmen@cityhpil.com](mailto:ljogmen@cityhpil.com); Bonaguidi, William [WBonaguidi@cityhpil.com](mailto:WBonaguidi@cityhpil.com); Cameron, Gerald [gcameron@cityhpil.com](mailto:gcameron@cityhpil.com); Olson, Jennifer [jolson@cityhpil.com](mailto:jolson@cityhpil.com); Curran, Sean [scurran@cityhpil.com](mailto:scurran@cityhpil.com); Gallagher, Sean [sgallagher@cityhpil.com](mailto:sgallagher@cityhpil.com)
Subject: RE: CERT Liason info for HP Victims
not seem to answer calls- but he does respond to text messages. The FBI Victim
Spectalist Patrice who has been working with him received a text a bit ago from . asking specifics about the liaison - she texted him back letting him know that you have attempted contact.

Also, I just received a call from the l he
stated that he would like to reconsider and wondering it he can get help with medra at his house.
He further asked if there was any way he can also get assistance for the victim's resides at
she was sitting next to the victim at the time of the incrdent.

From: O'Neill, Chris [CONeill@cityhpil.com](mailto:CONeill@cityhpil.com)
Sent: Thursday, July 7, 2022 8:53 AM
To: Plazas, Cynthia [cplazas@cityhpil.com](mailto:cplazas@cityhpil.com)
Cc: Jogmen, Lou [liogmen@cityhpil.com](mailto:liogmen@cityhpil.com); Bonaguidi, William [WBonaguidi@cityhpil.com](mailto:WBonaguidi@cityhpil.com); Cameron, Gerald [gcameron@cityhpil.com](mailto:gcameron@cityhpil.com); Olson, Jennifer [jolson@cityhpil.com](mailto:jolson@cityhpil.com); Curran, Sean [scurran@cityhpil.com](mailto:scurran@cityhpil.com); Gallagher, Sean [sgallagher@cityhpil.com](mailto:sgallagher@cityhpil.com)
Subject: RE: CERT Liason info for HP Victims
Ileft a message for early this morning and am awaiting a call back.

Chris O'Neill
Patrol Commander
(17) City of Highland Park

1707 St Johns Avenue

Highland Park, Illinois 60035
847.926.1766

Office phone
coneill@cityhpil.com
cityhpil.com

1) (1)
```
From: Plazas, Cynthia <cplazas@cityhpil.com>
Sent: Wednesday, July 6, 2022 6:59 PM
To: O'Neill, Chris <CONeill@cityhpil.com>
Cc: Jogmen, Lou <ljogmen@cityhpil.com>; Bonaguidi, William < WBonaguidi@cityhpil.com>; Cameron, Gerald
<gcameron@cityhpil.com>; Olson, Jennifer <jolson@cityhpil.com>; Curran, Sean <scurran@cityhpil.com>; Gallagher, Sean <sgallagher@cityhpil.com>; Hyndman, Amy <ahyndman@cityhpil.com>
Subject: Re: CERT Liason info for HP Victims
```

Update:

Cynthia Plazas, Ph.D., CCTP-II
Police Social Services Worker

Highland Park Police Department
1677 Old Deerfield Road
Highland Park, IL 60035
Direct: (847) 926-1754

On Jul 6, 2022, at 4:36 PM, Plazas, Cynthia [cplazas@cityhpil.com](mailto:cplazas@cityhpil.com) wrote:
 him on a couple occasions and he is nor responding-she sent him a text indicating option for a liaison to assist with media- waiting to hear back.

Family
stated that he does not want liaison, but will contact us should things change- I spoke to him directly mysclf.


From: Plazas, Cynthia
Sent: Wednesday, July 6, 2022 1:28 PM
To: O'Neill, Chris [CONeill@cityhpil.com](mailto:CONeill@cityhpil.com)
Subject: RE: CERT Liason info for HP Victims


From: O'Neill, Chris [CONeill@cityhpil.com](mailto:CONeill@cityhpil.com)
Sent: Wednesday, July 6, 2022 12:49 PM
To: Plazas, Cynthia [cplazas@cityhpil.com](mailto:cplazas@cityhpil.com)
Cc: Jogmen, Lou [liogmen@cityhpil.com](mailto:liogmen@cityhpil.com); Bonaguidi, William [WBonaguidi@cityhpil.com](mailto:WBonaguidi@cityhpil.com); Cameron,
Gerald [gcameron@cityhpil.com](mailto:gcameron@cityhpil.com); Olson, Jennifer [iolson@cityhpil.com](mailto:iolson@cityhpil.com); Curran, Sean
[scurran@cityhpil.com](mailto:scurran@cityhpil.com); Gallagher, Sean [sgallagher@cityhpil.com](mailto:sgallagher@cityhpil.com); Hyndman, Amy
[ahyndman@cityhpil.com](mailto:ahyndman@cityhpil.com)
Subject: RE: CERT Liason info for HP Victims
Thanks Dr. Plazas, appreciated. I will copy our admin team and Sgts. Curran, Ofc. Hyndman and Gallagher to give them a heads up. The Chief advised that we would likely utilize CERTS for the HP locations and then courtesy call any outside agencies. By any chance do you have the phone number for the Goldstein family?

## IT. City of Highland Park

1707 St Johns Avenue
Ilighland Park, Illinois 60035
847.926 .1766

Office phone
coneill@cityhpil.com
cilyhpil.com
000

From: Plazas, Cynthia [cplazas@cityhpil.com](mailto:cplazas@cityhpil.com)>
Sent: Wednesday, July 6, 2022 12:44 PM
To: O'Neill, Chris [CONeill@cityhpil.com](mailto:CONeill@cityhpil.com)
Subject: CERT Liason info for HP Victims

Chris-
Below is the list and will create an on-going email thread as I receive responses. Thus far, I have one family who absolutely would like a Cert Member-
This would be for $\square$ family at $\square$
The family member of the indicated that he docs not want it, but himself and another family mcmbcr


From: Amanda Zarobsky [ABZAROBSKY@FBI.GOV](mailto:ABZAROBSKY@FBI.GOV)
Sent: Wednesday, July 6, 2022 12:04 PM
To: Plazas, Cynthia [cplazas@cityhpil.com](mailto:cplazas@cityhpil.com)
Subject: Fwd: Highland Park Shooting - Deceased
[EXTERNAL EMAIL]

[^5](o) $847-734-9818$

This information may contain sensitive data belonging to the sender, which is protected by the U.S.
Government. The information is intended only for the use of the individual or entity named above. If you are not the intended recipient, you are hereby notified that any disclosure, copying, distribution or the taking of any action in reliance to the contents of this information is strictly prohibited. "This message is intended for official use and may contain SENSITIVE information."

From: Hogberg, Herbert E. III (CG) (FBI) [hehogberg@fbi.gov](mailto:hehogberg@fbi.gov)
Sent: Wednesday, July 6, 2022 11:18:39 AM
To: Hoogland, Adam M. (CG) (FBI) [amhoogland@fbi.gov](mailto:amhoogland@fbi.gov); Zarobsky, Amanda Blowers (CG) (FBI)
[ABZAROBSKY@FBI.GOV](mailto:ABZAROBSKY@FBI.GOV)
Subject: Fwd: Highland Park Shooting - Deceased

Herbert E. "Skip" Hogberg III
Special Agent
Federal Bureau of Investigation
North RA
1375 Woodfield Rd. \#300
Schaumburg IL 60173
8477349833 Desk
312421670024 hr

From: Thomas Nugent [tnugent@vbg.org](mailto:tnugent@vbg.org)
Sent: Wednesday, July 6, 2022 11:08:07 AM
To: Hogberg, Herbert E. III (CG) (FBI) [hehogberg@fbi.gov](mailto:hehogberg@fbi.gov)
Subject: [EXTERNAL EMAIL] - Highland Parkshooting - Deceased

| Jacquelyn Sundheim | F |  | '02' | 165 |  |  | Deceased |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Nicholas Toledo | M | W | 5'09" | 170 |  |  | Deceased |
| Katherine Goldstein | F | W | 5'04" | 120 |  |  | Deceased |
| Irina McCarthy | F | W | 5'08" | 130 |  |  | Deceased |
| Kevin McCarthy | M | W | $6^{\prime} 00 \prime$ | 200 |  |  | Deceased |
| Stephen Straus | M | W | 5'11' | 180 |  |  | Deceased |
| Eduardo Uvaldo | M | W | 5'07" | 230 |  | $\mathrm{n}$ |  |

From:

## Sent:

To:
Subject:
Attachments:
clater@cityhpil.com
Thursday, July 7, 2022 12:28 PM
rcamacho@cityhpil.com
RE: Drew to Community Development
image001.png; image002.png; image003.png; image004.png; image005.jpg

I thought it was odd we would not have. Andy not so much. But he may have reached out to Ghida.

## Charmain Later

Deputy Director
Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php

## (iT) Highland Park

Department of Communily Development<br>1150 Half Day Road<br>Highland Park, Illinois 60035<br>847.926 .1611<br>clater(M)citypil.com<br>cityhpil.com

From: Camacho, Ruby [rcamacho@cityhpil.com](mailto:rcamacho@cityhpil.com)
Sent: Thursday, July 7, 2022 12:26 PM
To: Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: RE: Drew to Community Development

Thanks, that was nice.

Explains why we hadn't heard from him.

## Ruby M. Camacho

Executive Assistant

## (1) City of Highland Park

```
Department of Community Development
1150 Half Day Road
Highland Park, Illinois 60035
847.926.1854
847.432.0964 fax
```

reamacho@cityhpli.com
cityhpil.com

Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.cam/qovernment/city departments/community development/building/index.php

## From: Later, Charmain

Sent: Thursday, July 7, 2022 12:21 PM
To: Camacho, Ruby [rcamacho@cityhpil.com](mailto:rcamacho@cityhpil.com)
Subject: FW: Drew to Community Development

From Drew

## Charmain Later <br> Deputy Director

Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www,cityhpil.com/qovernment/city departments/community development/building/index.pho

## iT Highland Park

Department of Community Development
nyo Hall Day Road
Highland Park, Illinois 60035
847.926 .1611
clatermcityhpicom
cibhpilicom

From: Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us)
Sent: Thursday, July 7, 2022 12:12 PM
To: Fontane, Joel [jfontane@cityhpil.com](mailto:jfontane@cityhpil.com); Later, Charmain[clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: Drew to Community Development
[EXTERNAL EMAIL]

Hi Joel and Charmain,

I just wanted to reach out to you all and the department. Just an awful, difficult week. We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade and have a couple-few degrees of separation from others who were hurt. As you know, it's a tight-knit smalltown at the end of the day.

I know the City was very busy and waited a few days to reach out. I contacted Ghida last night.

I wanted to contact you all in ComDev too. I know beyond working for the City there are employees who live in the community too. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there. But it certainly helps in these moments. You all do things the right way and do them well.

Let me know however I can help you all.
Take care,
Drew


Drew Awsumb, AICP | Director
Community Preservation and Development (CP\&D)
City of Park Ridge
505 Butler Place | Park Ridge, IL 60068
www.parkridge.us | dawsumb@parkridge.us
Direct: 847-318-5296

| From: | acivitello@cityhpil.com |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:30 PM |
| To: | ejason@cityhpil.com; gneukirch@cityhpil.com |
| Subject: | RE: eNews: Investigation Update, Community Resources, Retrieving Belongings and more |

We should order LED candles again - hopefully timing will be ok
If we want to do something different than what we did for Ukraine, what if we do the luminaria bags as an activity, have the art center host a table, kids color a bag, then everyone brings their bag \& freebie tea light home to light up the community?

Just an idea

## Amanda Civitello

Communications Manager
she / her / hers

## iT City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035
847.926.1043
acivitello@cityppil.com
cityhpil.com
006

From: Jason, Erin [ejason@cityhpil.com](mailto:ejason@cityhpil.com)
Sent: Thursday, July 7, 2022 11:41 AM
To: Civitello, Amanda [acivitello@cityhpil.com](mailto:acivitello@cityhpil.com); Neukirch, Ghida [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com)
Subject: RE: eNews: Investigation Update, Community Resources, Retrieving Belongings and more

Amanda - this is comments from me and Ghida

Spanish paragraph from Emily should go on top of all communications.

Victims section - please make all font black
Victims Assistance - change from Driver's License to "any valid form of identification" - Ghida is contacting them about that

- Add times \& days

City Council Meeting - The Council meeting Monday, July 11 has been canceled, the next CC meeting will be Monday July 25. Next week on Wednesday, July 13 the City will host a vigil Start time 7pm, on lawn of city hall more details to follow. I trust your verbiage here.

Personal items section - for PW - has collected not will be collecting

From: City of Highland Park [cityhp@cityhpil.com](mailto:cityhp@cityhpil.com)
Sent: Thursday, July 7, 2022 11:01 AM
To: Jason, Erin [ejason@cityhpil.com](mailto:ejason@cityhpil.com)
Subject: eNews: Investigation Update, Community Resources, Retrieving Belongings and more
[EXTERNAL EMAIL]

Hi ladies - please see below for this morning's draft comms. Any interest in adding a section on supporting local businesses?


View as Webpage
July 6, 2022


## Investigation Update

Highland Park Police are continuing to investigate the shooting at the Fourth of July Parade in partnership with the FBI, the Lake County Major Crimes Task Force, and law enforcement partners throughout the state. With the suspect now in custody in Lake County, law enforcement continues to focus on processing the crime scene within the secure perimeter in downtown Highland Park. Investigators are working to gather evidence as quickly and thoroughly as possible. The City greatly appreciates the partnership of all responding agencies in supporting our team at this difficult time. Please know that your strong support for all of our first responders and law enforcement partners is greatly appreciated.

## In Memoriam

The City grieves the loss of seven victims of this tragic shooting. Our hearts are broken for their loved ones, and we extend our deepest condolences to their family and friends:

Katherine Goldstein (64) of Highland Park Irina McCarthy (35) of Highland Park

Kevin McCarthy (37) of Highland Park Jacquelyn Sundheim (63) of Highland Park
Stephen Straus (88) of Highland Park
Nicolas Toledo-Zaragoza (78) of Morelos, Mexico
Eduardo Uvaldo (69) of Waukegan
May their memories forever be a blessing.

## FBI Victim Assistance Center at Highland Park High School

The FBI has opened a Family Assistance Center at Highland Park High School, offering support services and crisis assistance including counseling and mental health services, spiritual care, and financial assistance, if needed.

FAC services are available to anyone directly impacted by the events at the Highland Park 4th of July Parade. Victims are not just those who are physically injured, but also those who were present and may be experiencing emotional distress.

Note: The entrance to receive services at Highland Park High School has moved from the main entrance on Vine Street to the H-Entrance. The HEntrance is on the north side of the school, near St. Johns Avenue and Woodpath Lane. Only the H-Entrance will be open. All visitors will check in at the H-Entrance and per school standard operating procedures, anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have a valid driver's license to be cleared to enter the school.

Learn more about available support in English \& Spanish. The City greatly appreciates the partnership of the FBI and School District 113 in providing these essential services to our community.

## Retrieving Personal Belongings

Please do not remove personal property left along the parade route as this is still an active investigation. A secure perimeter around the crime scene has been established:

## Retrieving items outside the secure perimeter:

Public Works will pick up items left along the parade route outside the secure area and place them on the north lawn of City Hall, 1707 St. Johns Avenue. Items will be added as they are collected.

## Retrieving items within the secure perimeter

Property within the secure area is being processed by the FBI to ensure that all relevant evidence is gathered. Items that are not being retained for evidence will be released as they are processed and may be picked up at the Family Assistance Center at Highland Park High School, 433 Vine Ave, Highland Park from 9:00 AM through 9:00 PM until Friday. Future dates and hours for item pick-up will be shared as it becomes available.

Items recovered from zones 1 and 5 and limited items from zones 4 and 6 on the map below are available for pick-up at this time. There were no personal items recovered in area 2. Items from zone 3 as well as items in the intersection of Second and Central are not available for pick-up.

## City Council Meeting Rescheduled for Wednesday, July 13

The City Council meeting scheduled for Monday, July 11 has been rescheduled for Wednesday, July 13 at 5:30 PM. At that time, the City will offer an opportunity for the community to gather and honor the memory of the victims. More information will be shared when available.

## Community Counseling

In addition to counseling services offered at the Family Assistance Center at Highland Park High School, Family Service of Lake County is offering free counseling sessions with expanded hours ( $9 \mathrm{AM}-7 \mathrm{PM}$ ) to community members in need. Family Service of Lake County is located at 777 Central Avenue. Appointments are not needed and walk-ins are welcome.

# Blood Drive at the City of Highland Park Senior Center 

tk from Laura

## City-Sponsored Community Events

The City has temporarily paused City-sponsored community events for this week and next, including Food Truck Thursdays (July 7 and July 14), Takeout Tuesday at The Lot (July 12), and World Music Fest at The Lot (July 16.) We anticipate resuming regular programming the week of July 17.

## Donations

The City urges individuals interested in donating to support those impacted by Monday's mass shooting to carefully consider all online and email requests for donations. To help those impacted by Monday's mass shooting, the Highland Park Community Foundation has established a July 4th Highland Park Shooting Response Fund. The Highland Park Community Foundation is deeply embedded in our community and is best positioned to provide aid to those in need.

Here is also a direct link to the donation form. If you prefer, you may send a check, payable to the Highland Park Community Foundation, to P.O. Box 398, Highland Park, IL 60035.

## Safeguarding Victim Privacy

Our community is deeply generous, and we understand that many individuals are working to support impacted families. Please be careful to protect the privacy of victims' families when sharing posts on social media. Avoid sharing addresses or other information.

## Resilience Resources

The National Mass Violence Victimization Resource Center has prepared a wealth of resources for individuals impacted by Monday's tragedy. Events like this can affect everyone's sense of safety, and may be a trauma cue for people who have previously experienced similar events or other types of victimization.

In addition, NMVVRC offers a free self-help app that victims and survivors may find helpful as they begin their difficult journey toward recovery and resilience. A special guide for talking to kids is available for parents.

The National Mass Violence Victimization Resource Center is at the Medical University of South Carolina, Department of Psychiatry \& Behavioral Sciences, and receives funding from the U.S. Department of Justice, Office for Victims of Crime.

## Partner Updates

## Chicago Botanic Garden

In a time of crisis, nature can be healing, a respite. To support our community, admission and parking to the Garden will be free for all from 3 to 8 PM starting through Sunday, July 10.

## Ravinia Festival

In light of Monday's tragedy, and out of a deep respect for our community, Ravinia announces the cancellation or postponement of all concerts and events through Sunday, July 10.


# Unsubscribe acivitello@cityhpil.com <br> Update Profile I Constant Contact Data Notice <br> Sent by cityhpecityhpil.com in collaboration with 



Try email marketing for free today

THIS IS A TEST EMAIL ONLY.
This email was sent by the author for the sole purpose of testing a draft message. If you believe you have received the message in error, please contact the author by replying to this message. Constant Contact takes reports of abuse very seriously. If you wish to report abuse, please forward this message to abuse@constantcontact.com.

From:
Sent:
To:
Subject:
Attachments:

Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us)
Thursday, July 7, 2022 12:34 PM
jschrage@cityhpil.com
Drew Awsumb (HP, Belleville, Park Ridge)
image001.jpg

## [EXTERNAL EMAIL]

Hi Chief -

I just wanted to reach out to you all and the Fire department. Just an awful, difficult week.

I know the City was very busy and I waited a few days to reach out. I contacted Ghida last night, and contacted Joel and Charmain this morning. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. If there's anything I can do to help spirits and morale, let me know. Money or time, I'm more than happy to help.

One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there and knowing you all. But it certainly helps folks in these moments. You all do things the right way and do them well. You've helped people and you should know that.

We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade. As you know, it's a tight-knit smalltown at the end of the day. I thoroughly enjoyed living and working there for years.

Let me know however or whenever I can help you all.

Take care,
Drew


From:
Sent:
To:
Subject:
Attachments:

Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us)
Thursday, July 7, 2022 12:34 PM
Later, Charmain
RE: \{EXT\}RE: Drew to Community Development image001.png; image002.png; image003.jpg
[EXTERNAL EMAIL]

Couldn't agree more on PD and FD. I reached out to the Chiefs too, today.

Hang in there. Let me know if I can do anything.
Drew

From: Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Sent: Thursday, July 7, 2022 12:20 PM
To: Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us); Fontane, Joel [jfontane@cityhpil.com](mailto:jfontane@cityhpil.com)
Subject: \{EXT\}RE: Drew to Community Development
[EXTERNAL]
Drew,
Thank you for your kind words. It has been a difficult week but we are getting through it. Our HP Police and Fire personnel are awesome - so competent, sensitive, and professional. They have been carrying the weight. I hope your acquaintances at the parade are healing both physically and mentally. Take care and thank you for your thoughts.
Sincerely,
Charmain

## Charmain Later

Deputy Director
Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php

## Highland Park

Department of Community Development
1150 Half Day Road
Highland Park, Illinois 60035
847.926 .1611
clater(ôcityhpil.com
cityhpil.com

From: Awsumb, Drew < dawsumb@parkridge.us>
Sent: Thursday, July 7, 2022 12:12 PM

To: Fontane, Joel [jfontane@cityhpil.com](mailto:jfontane@cityhpil.com); Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: Drew to Community Development
[EXTERNAL EMAIL]
Hi Joel and Charmain,

I just wanted to reach out to you all and the department. Just an awful, difficult week. We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade and have a couple-few degrees of separation from others who were hurt. As you know, it's a tight-knit smalltown at the end of the day.

I know the City was very busy and waited a few days to reach out. I contacted Ghida last night.
I wanted to contact you all in ComDev too. I know beyond working for the City there are employees who live in the community too. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there. But it certainly helps in these moments. You all do things the right way and do them well.

Let me know however I can help you all.

Take care,
Drew


Drew Awsumb, AICP | Director
Community Preservation and Development (CP\&D)
City of Park Ridge
505 Butler Place | Park Ridge, IL 60068
www.parkridge.us | dawsumb@parkridge.us
Direct: 847-318-5296

From:
Sent:
To:
Subject:

Rave Mobile Safety [summit@ravemobilesafety.com](mailto:summit@ravemobilesafety.com)
Thursday, July 7, 2022 12:35 PM
joneill@cityhpil.com
Rave Summit Keynote: Forensic Psychologist \& Acclaimed Author

## [EXTERNAL EMAIL]

September 27-29, 2022

We're so excited to share the great news: Dr. Jillian Peterson will be a keynote speaker at Rave Summit 2022!

## Register at ravesummit.com



KEYNOTE
THE VIOLENCE
PROJECT: HOW TO
STOP A MASS
SHOOTING EPIDEMIC
DR. JILLIAN PERTERSON
Forensic Psychotogist \& Professor of Criminology

## September <br> 27-29

## RAVE 》2022 SUMMIT

 T 5lives of mass shooters. Dr. Peterson believes the best way to prevent violence is to deeply understand the life histories of people who commit it.

## LEARN MORE

## Are you Registered for Rave's Virtual Summit?

With nearly 1,000 attendees at last year's event, Rave Summit brought together diverse leaders and thinkers across schools, government agencies, higher education institutions, healthcare facilities and corporate industries, for a transformational virtual learning and networking experience.

Join us online for three days of interactive sessions that include best practices, customer success stories, product roadmaps and training, as well as first-hand knowledge on how to overcome the top critical communication and safety challenges of today, and of course a whole lot of fun!

## REGISTER HERE

## Summit 2021 Testimonials

| "Impressed by the way | "I found it to be | "I've had staff |
| :--- | :--- | :--- |
| this Summit is | the most helpful and | members that have |
| structured in terms of | informative - and | come to the last two |
| being able to | most interesting - of | Summits and they've |
| participate in multiple | the virtual summits | been able to get a lot |
| activities at once. | l've attended this | of stuff out of it to |
| Also great | year. Also easiest to | bring back." |
| presentations!" | navigate. Nice job!" |  |



Rave Mobile Safety, 492 Old Connecticut Path, 2nd Floor, Framingham, MA 01701
Unsubscribe Manage preferences

From:
Sent:
To:
Subject:
clater@cityhpil.com
Thursday, July 07, 2022 12:35 PM
dawsumb@parkridge.us
RE: \{EXT\}RE: Drew to Community Development

Thanks! Your outreach means a lot.

## Charmain Later

Deputy Director
Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php

## TT) Highland Park

Department of Community Development<br>1150 Half Day Road<br>Highland Park, Illinois 60035<br>847.926 .1611<br>clater@cityhpil.com<br>cityhpil.com

From: Awsumb, Drew < dawsumb@parkridge.us>
Sent: Thursday, July 7, 2022 12:34 PM
To: Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: RE: \{EXT\}RE: Drew to Community Development
[EXTERNAL EMAIL]

Couldn't agree more on PD and FD. I reached out to the Chiefs too, today.

Hang in there. Let me know if I can do anything.
Drew

From: Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Sent: Thursday, July 7, 2022 12:20 PM
To: Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us); Fontane, Joel [jfontane@cityhpil.com](mailto:jfontane@cityhpil.com)
Subject: \{EXT\}RE: Drew to Community Development
[EXTERNAL]
Drew,

Thank you for your kind words. It has been a difficult week but we are getting through it. Our HP Police and Fire personnel are awesome - so competent, sensitive, and professional. They have been carrying the weight. I hope your acquaintances at the parade are healing both physically and mentally. Take care and thank you for your thoughts. Sincerely, Charmain

## Charmain Later

Deputy Director
Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php

## (11) Highland Park

```
Department of Community Development
1150 Half Day Road
Highland Park, Illinois 60035
847.926.1611
clater@cityhpil.com
cityhpil.com
```

From: Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us)
Sent: Thursday, July 7, 2022 12:12 PM
To: Fontane, Joel [ifontane@cityhpil.com](mailto:ifontane@cityhpil.com); Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: Drew to Community Development
[EXTERNAL EMAIL]

Hi Joel and Charmain,
I just wanted to reach out to you all and the department. Just an awful, difficult week. We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade and have a couple-few degrees of separation from others who were hurt. As you know, it's a tight-knit smalltown at the end of the day.

I know the City was very busy and waited a few days to reach out. I contacted Ghida last night.
I wanted to contact you all in ComDev too. I know beyond working for the City there are employees who live in the community too. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there. But it certainly helps in these moments. You all do things the right way and do them well.

Let me know however I can help you all.

Take care,
Drew

| From: | Joe Coughlin [joe@therecordns.org](mailto:joe@therecordns.org) |
| :--- | :--- |
| Sent: | Thursday, July 07, 2022 12:39 PM |
| To: | communications@cityhpil.com |
| Subject: | Re: Media: Information on Bob Crimo Sr. |

[EXTERNAL EMAIL]

Hello, again, I am following up on this email from yesterday.
I would greatly appreciate a response and/or call to discuss. Again, I am looking into information about Bob Crimo Sr's past interactions and history with the Highland Park Police Department and City of Highland Park.

Questions in previous email. Thank you for the work you all are doing,

## Joe Coughlin, editor in chief

## 冈

A nonprofit, nonpartisan community newsroom dedicated to the North Shore suburbs of Chicago. DONATE today.

On Wed, Jul 6, 2022 at 10:21 AM Joe Coughlin [joe@therecordns.org](mailto:joe@therecordns.org) wrote:
Good morning,
I am working on information regarding the alleged gunman's father, Bob Crimo, Sr ., and his past encounters with Highland Park police.

If a police rep can call me when available, it would be greatly appreciated: 815.263.2319
Most importantly: Is the department/task force current investigating the alleged shooter's parents -- Bob Sr. and Denise -- for a role in Monday's shooting?

I am also interested in:

- What, if any, role did the City of Highland Park play in Bob Sr. losing his White Hen franchise?
- Can you confirm that City police officers, at one time ('90s, 2000s) had a friendly relationship with Bob Sr . and frequented his White Hen store?
- Did Bob Sr. at any time make threats against the City or city officials?
- How many times has Bob Sr. been arrested AND cited by the Highland Park Police Department?
- Is the City/police department aware if Bob Sr . owned assault weapons or other illegal firearms?

Thank you in advance,

Joe Coughlin, editor in chief
区 $=$
A nonprofit, nonpartisan community newsroom dedicated to the North Shore suburbs of Chicago. DONATE today.

From:
rcamacho@cityhpil.com
Sent: Thursday, July 7, 2022 12:40 PM
To:
Subject:
Attachments:
clater@cityhpil.com
RE: Drew to Community Development
image003.png; image004.png; image006.png; image007.png; image008.jpg

Yea, most likely.

Ruby M. Camacho
Executive Assistant

## City of Highland Park

Department of Community Development 1150 Half Day Road Highland Park, Illinois 60035
847.926 .1854
847.432 .0964 fax
reamacho@cityhpil.com
cityhpil.com

Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/qovernment/city departments/community development/building/index.php

From: Later, Charmain
Sent: Thursday, July 7, 2022 12:28 PM
To: Camacho, Ruby [rcamacho@cityhpil.com](mailto:rcamacho@cityhpil.com)
Subject: RE: Drew to Community Development

I thought it was odd we would not have. Andy not so much. But he may have reached out to Ghida.

```
Charmain Later
Deputy Director
Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/building/index.php
```


## 11. Highland Park

Department of Community Development
1150 Half Day Road

$$
\text { Highland Park, Ilinois } 60035
$$

847.926 .1611
clater(ocityhpil.com
cityhpil.com

From: Camacho, Ruby [rcamacho@cityhpil.com](mailto:rcamacho@cityhpil.com)
Sent: Thursday, July 7, 2022 12:26 PM
To: Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: RE: Drew to Community Development
Thanks, that was nice.

Explains why we hadn't heard from him.

Ruby M. Camacho
Executive Assistant

## (17. City of Highland Park

Department of Community Development
150 Hall Day Road
Highland Park, Illinois 60035
847.926.1854
847.432 .0964 fax
reamachoocitypil.com
cityhpil.com

Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
httos://www.cityhoil.com/government/city departments/community development/building/index.php

From: Later, Charmain
Sent: Thursday, July 7, 2022 12:21 PM
To: Camacho, Ruby [rcamacho@cityhpil.com](mailto:rcamacho@cityhpil.com)
Subject: FW: Drew to Community Development

From Drew

## Charmain Later

Deputy Director
Effective February 3, 2020 all new submittals received on or after this date must comply with new adopted building codes. Codes can be viewed at:
https://www.cityhpil.com/government/city departments/community development/buildina/index.php

Department of Community Development
1150 Half Day Road
Highland Park, Illinois 60095
847.926 .1611
clater@cityhpil.com
cityhpil.com

From: Awsumb, Drew [dawsumb@parkridge.us](mailto:dawsumb@parkridge.us)
Sent: Thursday, July 7, 2022 12:12 PM
To: Fontane, Joel [ifontane@cityhpil.com](mailto:ifontane@cityhpil.com); Later, Charmain [clater@cityhpil.com](mailto:clater@cityhpil.com)
Subject: Drew to Community Development
[EXTERNAL EMAIL]

Hi Joel and Charmain,

I just wanted to reach out to you all and the department. Just an awful, difficult week. We were in Wisconsin and not directly impacted, but still has rattled our household and been upsetting to us. It appears we knew folks at the parade and have a couple-few degrees of separation from others who were hurt. As you know, it's a tight-knit smalltown at the end of the day.

I know the City was very busy and waited a few days to reach out. I contacted Ghida last night.

I wanted to contact you all in ComDev too. I know beyond working for the City there are employees who live in the community too. I may attend one of the vigils tonight as well.

I hope you are doing alright. Hanging in there. One thing I told Ghida is the organization and its community leaders have represented such professionalism, and compassion, and leadership. That doesn't surprise me at all, having worked there. But it certainly helps in these moments. You all do things the right way and do them well.

Let me know however I can help you all.

Take care,
Drew


Drew Awsumb, AICP | Director
Community Preservation and Development (CP\&D)
City of Park Ridge
505 Butler Place | Park Ridge, IL 60068
www.parkridge.us | dawsumb@parkridge.us
Direct: 847-318-5296

| From: | Jeff Haydon [jhaydon@ravinia.org](mailto:jhaydon@ravinia.org) |
| :--- | :--- |
| Sent: | Thursday, July 7, 2022 12:45 PM |
| To: | Ghida Neukirch; Nancy Rotering (Rob) |
| Cc: | terri@hpcfil.org; Blake Smith; Civitello, Amanda; Mark Gerstein (Julia); Don Civgin |
| Subject: | FYI: Ravinia's Support of HP Community |
| Attachments: | image.png |

[EXTERNAL EMAIL]

## Dear Nancy and Ghida,

Thank you for the leadership you provided this week in the aftermath of the horrible tragedy on Monday.

I want to give you a quick update on some ways that Ravinia is responding to the tragedy to support the community. Most of these are not public yet; however, I thought it might be helpful for you to know about them in advance:

- We cancelled our scheduled concerts through Sunday out of respect for the community and to ease the burden on the neighborhood and law enforcement. (announcement below)
- We will invite the community to come for free to the CSO concert on Sunday July 17th at 5 pm for the and to provide pavilion seats to first responders. At the concert, we will be encouraging everyone to make a donation to the special HP Foundation fund (already in contact with Terri). We plan to announce this on Tuesday morning, after the week anniversary of the shooting. Blake on our team will reach out to Amanda and Terri to coordinate messaging.
- We are adding a dedication piece to the opening of the CSO concert on $7 / 15$ (broadcast on WFMT),
- Connecting the Ravinia Music Music Box's message of the healing role of music
- Collaborating with our food provider (Levy Foods whose CEO grew up in HP) to provide dinner to workers tonight
- Lastly, our trustees are in the process of raising money on behalf of Ravinia to contribute to the HP Foundation fund.
- We also have a few other ideas in the works...

Our hope is that these actions will join others in the healing process for the community.

Thank you again for your leadership.

## Jeff



Jeff Haydon
President and CEO
Work: (847) 266-2818


WW raviria org
418 Sheridan Road, Highland Park, IL 60035 (mos)
x $x$ x

From:
Sent:
To:
Subject:

Union of Concerned Scientists [action@ucsusa.org](mailto:action@ucsusa.org)
Thursday, July 7, 2022 12:47 PM
NANCY ROTERING
Justice Kagan: "I cannot think of many things more frightening."


NANCY-it's been a week since the Supreme Court handed down its disastrous 6-3 decision in West Virginia v. Environmental Protection Agency (EPA)-a decision that severely limits the agency's power to cut global warming emissions and imperils our ability to stop catastrophic climate change. ${ }^{1}$

From Justice Kagan's dissent: "Whatever else this Court may know about, it does not have a clue about how to address climate change...The Court appoints itself-instead of Congress or the expert agency-the decisionmaker on climate policy. I cannot think of many things more frightening." We couldn't agree more. Science was not at the core of this decision and it is not the court's role or responsibility to adjudicate science.

But despite our frustrations, NANCY, we are not giving up. Since the decision, 10,000 UCS supporters have already lobbied their
senators to pass science-based, equitable climate policies, already approved by the House. These policies-which include tax credits to accelerate our transition to clean energy-are now even more urgently needed given that the Supreme Court has hamstrung the EPA's ability to reduce carbon emissions from power plants.

As time runs out to pass legislation before the country turns focus to the midterms, we need all the help we can get to keep the pressure on Congress and the Biden administration to do whatever they can to strengthen climate policy. Will you make an emergency gift now to help pass strong climate action and power the next phase of this fight?

I've said this before and I'll say it again-we didn't sign up for this work because it's easy. And we don't always get to pick our fights. If our government's policies were based on the best available science, we'd be well on our way to tackling climate change by now. But that's just not where we're at.

Where we are, however, is at the very beginning of a short window of opportunity to pressure members of Congress to get on board with climate policies that will meaningfully reduce climate emissions and support communities impacted by the consequences of the climate crisis. This window has been created by the Supreme Court's disastrous, anti-science decisions this term that have galvanized people all across this country.

With your support, we can organize communities who are newly outraged and paying attention, adding their voices to the voices of UCS members who are already demanding action.

We can make sure our media team is placing story after story to keep people's attention on the climate crisis and demonstrate the stakes of congressional inaction.

We can send our experts to Capitol Hill to help negotiate a climate deal that prioritizes the most impactful policies that, together, can still get enough votes to make their way to the president's desk.

We can give it our all, NANCY, because that's what we dothanks to the strong support we continue to have from UCS members like you.

## Help respond to the Supreme Court's disastrous climate

 decision. Make your emergency gift to fight back now.I'm sure you've felt it these last few years, that it's a blessing and a curse to care about our planet, its people, and its future. What makes it more blessing than curse? When you join with others and put your care to work. If we keep taking action and recruit more people to the cause, we will win.

But we can't give up, NANCY. Not even in the face of such radical, jawdropping opposition.

We can't ever give up.
Sincerely,

John Mace
Membership Director
Union of Concerned Scientists

1. https://www.scientificamerican.com/article/the-supreme-courts-latest-decision-is-a-blow-for-stopping-climate-change/

## DONATE NOW

## Science for a healthy planet and safer world

Get updates and alerts from UCS: Text SCIENCE to 662266


About UCS | Contact UCS | Privacy Policy | unsubscribe
$\hat{A}(C)$ Union of Concerned Scientists is a $501(c)(3)$ nonprofit organization
(617) 547-5552

From:
Sent:
To:
Subject:

Your East Highland Park neighbors [no-reply@rs.email.nextdoor.com](mailto:no-reply@rs.email.nextdoor.com) Thursday, July 07, 2022 12:55 PM rpeterson@cityhpil.com Top post: FYI, this is today's display at Bess' Hardware 1875 Willow Rd,...
[EXTERNAL EMAIL]

Today's top posts | $\mid=$

FYI, this is today's display at Bess' Hardware 1875 Willow Rd, Northfield, IL.
Given what has happened in our community, I will be buying my hardware at Home Depot or Lowes right... See more

Colleen Knupp
[x 89 [x 146 Last reply 6 min ago

## Whoever is setting off fireworks right now, east of St.

John, PLEASE stop. My kids want to hide every time they hear those sounds. I keep having to... See more

国 Emma Smoler
1590-1600 Green Bay Road, Highland Park, IL
|x 33 |x 9 Last reply 4 hr ago

I mean...really?!!
REALLY??!! Who decides that THIS is great decision post-mass shooting just a few miles away? It's. See more

园

国22 国 17 国 Last reply 3 min ago


## To my fellow HP residents let＇s PLEASE not overlook the absolutely tireless， selfless，ever．．．

These people are entirely committed to lifting this community back up，I honestly don＇t know how．．．See more
x Todd Needman

区 31 日 2 国 Last reply 1 hr ago
囚

## 区 Recommendations

Looking for junk removal quickly

## 区员 In the News

Family Assistance Center at Highland Park High School
Highland Park victim was Mexican immigrant who loved July 4 holiday

图 Real Estate

> Q 3507 Bradley Ct, Highland Park
> $\$ 1,498,888 \cdot 5$ bds $\cdot 5.5$ ba
> Open Sun 12-2PM
> Q 4417 N Seminole Dr, Glenview
> $\$ 719,900 \cdot 3$ bds 3.5 ba
> Open - Sat 12-2PM
> ख 23548 N Elm Rd, Lincolnshire
> $\$ 1,275,000 \cdot 5$ bds • 3.5 ba
> Open Jul 17

Provided by raltor.com ${ }^{\circledR}$

## 圈 For Sale \& Free



## See more items

This message is intended for rpeterson@cityhpil.com. Unsubscribe here. Nextdoor, 420 Taylor Street, San Francisco, CA 94102 $x]$


[^0]:    Tapcon screws each side

[^1]:    Lowry, G. (2021, September 4). 5 essential needs of children after disaster: Child Life Disaster Relief. Retrieved july 5, 2022, from https://cidisasterrelief.org/resources/5-essential-needs/

[^2]:    The National Child Traumatic Stress Network (NCTSN). (2018. May 30). Tips for parents on media coverage of a shooting. The National Child Traumatic Stress Network. Retrieved July 5, 2022, from https://www.nctsn.org/resources/tips-parents-media-coverage-shooting

[^3]:    The National Childhood Traumatic Stress Network (NCTSN). Institute of Behavioral Science-University of Colorado at Boulder, \& Center for Resilience + Well-Being In Schools. (2022, June 1). Talking to children when scary things happen. The National Child Traumatic Stress Network. Retrieved July 5. 2022, from https://www.nctsn.org/resources/talking-to-children-when-scary-things-happen

[^4]:    The National Childhood Traumatic Stress Network (NCTSN), Institute of Behavioral Science-University of Colorado at Boulder, \& Center for Resilience + Well-Being In Schools. (2022, June 1). Talking to teens when violence happens. The National Child Traumatic Stress Network. Retrieved July 5, 2022, from https://www.nctsn.org/resources/talking-to-teens-when-violence-happens

[^5]:    Amanda B. Zarobsky, LCSW
    Victim Specialist, FBI Chicago Division, North RA, Rockford RA
    1375 E Woodfield Rd. Ste. 300. Schaumburg, IL 60173
    She/Her, abzarobsky@fbi.gov,

